Nebraska City News-Press

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Safety Valve

"...yearbooks..."

EDITOR, News-Press: I'm sure all of you have a few old yearbooks that you bring out during visits from old friends and relatives and reminisce over memories of school years

As a parent with the same books and memories, along with three teenagers yet to graduate I feel this is important It goes along with graduation exercises, homecoming, football games and awards These books were sold at the cost of $9 this year If this didn't cover the cost of putting the yearbook out, then why can't you compute an accurate cost, take this cost and collect in advance from the students, along with selling advertising and parent patrons advertising to cover the cost of financing this extra activity?

We have a music boosters club They raised the money to send the band to Colorado I feel confident we can sell enough advertising to cover the cost of the yearbook

As concerned parents, no matter how we voted, we still have to make the best out of the situation "Our one concern is for the children"

ANNE SCHREINER

" Union needs help "

EDITOR, News-Press To the merchants up and down main street in Nebraska City — The people of Union need your help.

The school board is threatening to close our school and we have 51 little folk to be bused to Nebraska City to an already crowded Northside school

The board's intention is to load over 100 of our children in two buses and haul them over U S 75. That strip between the Union corner and the Bee Hive is one of the most dangerous in the state

We have been told by another school authority that no school bus should travel that strip and certainly not an over-loaded bus

The Nebraska City board will not give us the information we need to fight this thing even though the law says they must open the district's books

They have refused those public records to us They will not show us figures on how much money they could save by closing Union

A census taken by Mrs Francis Lechner showed 51 boys and girls would attend classes in the Union school this year

There are a total of 112 school age boys and girls in our community

So now we come to you.

We have traded up and down your streets for 51 years, and now we are asking fqr a favor — Don't let them close the Union school

BILL AND JEWEL WHIPPLE

AS TIME GOES BY

War discussed

FORTY YEARS AGO
— 1939 —

Central Avenue merchants were discussing the prospects of war in Europe

Great Britain and Poland signed a mutual assistance pact which bound Great Britain to aid Poland against any aggressor A Central Power Company crew was busy stringing a new power circuit and setting up poles for the circuit to the brickyard The Dead End Kids Margaret Lindsay and Ronald Reagan starred in Hell s Kitchen ' at the Booth

TWENTY FIVE YEARS AGO
— 1954 —

About 30 bowlers attended the organizational meeting at the Sterner Lanes

Gordon Marts was named freshmen football coach at Nebraska City High School

Nebraska City taxpayers saw their tax levy increase from $43 63 to $51 42 per $1,000 valuation The biggest increase was in the school district levy $20 50 to $27 per $1,000 valuation A municipal building bond issue in Dunbar failed to get the required 60 percent vote

TEN YEARS AGO
— 1969 —

The state tax commissioner reported 23 counties and four individuals have appealed the State Board of Equalization's property tax valuations

The West German magazine "Der Stern" reported in its current issue it has received copies in the mail of top secret U S Contingency plans for an "unconventional" war in Europe Anna Silknitler, 10, daughter of Mr and Mrs James Silknitler, Omaha, was pinned to a tree by a motorcycle during a motorcycle handicap course near Union

The news in brief

WASHINGTON (AP) — Soviet purchases of American grain for the year ending Sept 30 have reached a record 15.5 million tons, the Agriculture Department reports

The department announced Monday that the year's total sales so far include 3 98 million tons of wheat and 11 48 million tons of corn

LOS ANGELES (AP) — A spokesman for Alitalia, Italy's national airline, has refused comment on the airline's decision to cancel a $310 million order for six DC-10s with McDonnell Douglas Corp.

Alitalia's decision comes nearly three months after a DC-10 crashed in Chicago, killing 273 people in the worst airline crash in the U.S

The spokesman said Friday Alitalia will continue to fly the eight DC-10s it already owns

McDonnell Douglas spokesman Ray Deffry also declined to comment on the airline's action

Deffry said the St Louis-based aerospace company has firm orders for 61 DC-10s plus conditional orders and options for 51 more of the wide-body jets

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THE COLLEGE SURVIVAL KIT

Secrets of writing A-plus papers

By Irv Brechner
(Fourth of five parts)

Papers play an important role in almost every college course They may even be the sole criterion in determining your grade

There are four major steps in writing a good paper research, actual writing, review and revision, and typing

SURVIVAL STRATEGY: How to research your paper

Research consists of two main steps. defining the topic and obtaining information.

The prof usually assigns the topic or lists the general areas that are acceptable

Selecting a topic is difficult when the selection is left to you Here are some ways to check if you have chosen a good topic

— Does the topic meet all requirements set by the prof? Is it in the assigned subject area?

— Does the topic stick to the main issue or does it cover an unimportant offshoot?

— Will you be able to find enough material?

— Will you be able to answer the essential questions in the space allotted?

— Is the topic informative, interesting and/or creative?

— Has the topic been mentioned or implied by the prof in class?

Efficient collection of information entails becoming as knowledgeable as possible on the topic It is better to overlearn than learn just enough

You should have many viewpoints of the same material so you can present a realistic picture Your ability to offer different explanations shows the prof you are proficient on the subject and that you have not just copied someone's work

Try to collate information from books, magazine articles and other sources on note cards so that cross-checking among many volumes is avoided and time is saved.

The library is the obvious source of data for your research Don't try to figure out where to get information by yourself Save time and ask the librarian

How to write your paper

The writing of your paper is where you must take your time You must choose your words carefully and say exactly what you mean

If you read over your reference notes several times before starting to write, you will become aware of where the important facts are noted and you'll be able to pull them out when needed

After the first draft of the paper has been written, leave it alone for a day or longer and then come back to it.

Read it coldly Make corrections. Don't hesitate to rewrite any section (no matter how long) that doesn't say exactly what you want it to. Read the paper aloud so you can hear your writing and judge it word by word.

All papers should be typed (double spaced) unless you are told otherwise. The importance of correct spelling, punctuation and grammar — and of proofreading for typing errors — cannot be overemphasized.

How papers are graded

Papers are graded according to what the prof expects and what the class as a whole produces

You may feel the prof has graded you unfairly Don't waste time Make an appointment to see him and present your arguments But be prepared to back up your claims with solid reasoning.

How to take notes

Probably the most important written material you will collect at college is your notes on lectures Your goal should be a clean set of complete notes that will be a useful study tool later on.

To do that, I copy over my notes after class; it's a little more work but well worth it in the long run.

You don't have to take neat notes in class if you are going to copy them. Try to get as much down during the lecture as possible, using shorthand, symbols, abbreviations, slang and so on to make it easier

After each class, set aside 20 minutes in a quiet place to copy your notes. At the end of the notes for each lecture, summarize in one paragraph the major points covered

(NEXT Exams)

from **Consumer Reports**

Auto lease may have catch

By the Editors of Consumer Reports

If you usually buy a new car every two or three years, leasing can make life a little less complicated But contrary to what some advertisements may lead you to believe, it's not likely to save you any money

Consumer Reports notes that some leasing companies advertise extremely modest monthly rates that seem at first blush even lower than payments you'd make on a new car However, when the leasing rates are very low, there s often a catch

For example, one advertisement offered a lease on a 1979 Cadillac Coupe de Ville for $159 a month Only by reading the small print could you discover that you also had to make a $1,500 non-refundable down payment plus a $500 refundable security deposit.

And there was more — an annual $65 registration fee, a mileage charge if you drive more than 833 miles a month and the possibility of a charge for wear and tear

But leasing does have its advantages

It can be an alternative to borrowing money for a new car Usually there's no down payment. And depending upon how much you need to borrow, the monthly lease payments sometimes can be lower than car loan payments.

In addition, if you consider it a hassle to shop and trade for a new car every two or three years, leasing will save you the trouble

There are two basic types of lease

With a "closed-end" type, you agree to certain monthly payments and return the car at the end of the lease period Selling it is the dealer's problem. (This is also known as a "net," "fixed-cost" or "walk-away" lease)

An "open-end" lease (also known as a "finance" or "equity" lease) usually carries lower monthly payments than the "closed-end" type At the end of the lease period, you can buy the car yourself or let the company dispose of it

If the car sells for more than the company estimated when you signed the lease, you get the surplus. But if it sells for less than estimated, you pay the company the difference. (Note that there are federal legal limits to the total amount you have to pay)

To lease a car, you'll probably have to submit a security deposit equal to one or two monthly payments The deposit is refunded, usually without interest, when you return the car — provided it's in good shape.

Companies that require a non-refundable down payment sometimes call it a "capitalization reduction." No matter what it's called, it raises your total lease rates. Consumer Reports suggests you look for a leasing company that doesn't require a down payment.

* * *

You'll find more details on auto leasing — including an outline of federal "truth in leasing" regulations — in the April annual auto issue of Consumer Reports. It also rates 191 1979 cars and tells you how to deal with a new car dealer. (To order, send $1 to: From Consumer Reports, F9046, Box 9000, Orangeburg, N.Y. 10962).

Leasing companies can sometimes offer you automotive insurance at a lower rate than you can get on your own. In any event, most require fairly heavy liability coverage. (Consumer Reports thinks it wise to carry reasonably high coverage.)

For example, Hertz requires minimum coverage of $250,000 per person and $500,000 per accident for bodily injury or death. The company also requires $50,000 coverage per accident for property damage.

The Prayer For Today From The Upper Room

"I am the resurrection and the life, he who believes in me, though he die, yet shall he live." (John 11:25 RSV)

PRAYER· Dear Lord, thank You for walking with me through the valley of life's problems and the valley of death's shadow Empower me to walk in Your strength and to reach out to help strengthen others. Amen.



Ivan D.E. Beaumont — THE BUCK ENDS HERE

Thanks, firemen

The Smoke—

Smoke from a trash fire at our loading dock early the other day will be with us for a time, the experts say

There is some relief, we learned from ex-fireman Ken Wiles. The Nebraska City Volunteer Fire Department has a scenter device that it loans—for no charge—to rid buildings of the clotting smell of smoke.

Fireman Jerome Keran provided us with the device and we attracted a great deal of attention in the plant when we flipped a switch and a scented vapor spewed from the blower

Thanks to our janitor, Bob Straw, and all of those great volunteer firemen, for answering our call. Luckily, it was only smoldering paper in a metal container

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The Fair

We added some new faces to the working staff at the County Fair at Syracuse Rose-Ellen Lorber joined Mrs Duffey at the dress revue Sunday night and Vicki Macy got the quick assignment—get pictures of rockets as they lift off

Vicki is a native of Beatrice and lived and worked in Omaha before joining the news staff at The News-Press. She was impressed with the study and care in which the 4-Hers put into their rocket program

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The ABWA—

Thanks to the American Business Women's Association for bringing Kathy Saathoff (Miss Nebraska) to town for a style show and lots of publicity for the town

Kathy is a graduate of NCHS and was named Miss Nebraska at the pageant in June

We have been trying since June to get a picture-story on the beauty queen, but because of her schedule she just wasn't available until the appointment was made with the local ABWA

Additional pictures of the style show and models appear elsewhere in today's News-Press.

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Hawaii—49th?—

The story the other day said Hawaii was the 50th state That's true, but that was not the intention of the islanders We were there

Signs throughout the islands proclaimed that Hawaii would be the 49th state and celebrations were held each year proclaiming the 49th fair or 49th state sale

What happened was simply that Congress gave the 49th nod to Alaska and in 1959 crossed the Pacific to embrace Hawaii Islanders wanted to be next, but Congress and perhaps politics prevailed.

They tell me the island is more crowded with people, but many of the traditions still exist. Sam Kellogg Jr. will be pleased to note that the Tripler Army Hospital located at the base of a mountain is still painted pink.

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Good luck, Manns—

Our Eagle scout is fleeing the nest

George Mann of Troop 346 spent a lot of time with his younger charges in their scouting work and now is on his own career and with new company—his bride.

The Manns will be moving to South America to work in a public health program

Best wishes and much success

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New fuel—

The Falls City Journal noted that a team of scientists working with weeds from Arizona and Utah have come up with a paper that says the chemical building blocks extracted from common weeds are every bit as good as those from Iranian crude oil

"If they ever get around to dandelions, let me know," Bill Schock, editor of the Journal, said

Today In History

By The Associated Press

Today is Sunday, Aug 26, the 238th day of 1979 There are 127 days left in the year

Today's highlight in history

On this date in 1920, American women obtained the same voting rights as men as the 19th amendment to the Constitution went into effect

On this date

In 1316, the first reported use of artillery occurred — in the Battle of Crecy in northern France.

In 1936, Britain and Egypt signed a treaty ending British occupation of Egypt except for the Canal Zone

In 1943, the German army reached Stalingrad in the Soviet Union in its drive toward Moscow

In 1945, Japanese representatives boarded the U.S battleship Missouri to receive surrender instructions at the end of World War II

In 1962, the Soviet Union called for an international conference to establish a world trade organization

Today's birthdays Retired Gen Maxwell Taylor is 78 years old Newspaper editor Benjamin Bradlee is 58

Thought for today National honor is national property of the highest value — James Monroe (1758-1831)

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HEALTH

Lawrence E. Lamb, M.D.

Preventing back problems

DEAR DR LAMB — I am concerned about backaches and what causes them How can I develop my back to resist the strain? I do manual labor I'm 31 and I notice that when I bend over I can feel some strain, I'd like to develop my back Can you recommend any type of exercises?

DEAR READER — Backaches are one of the most common complaints in our society and you can do something to help prevent them.

Most specialists in backache problems feel that the decreased physical activity characteristic of our society is a major factor For that reason it may be that the manual labor that you're doing is a help

One of the important aspects of preventing backaches is to maintain good strength of your abdominal muscles Unless you already have back problems that might be made worse with certain exercises, you could concentrate on sit-ups and leg lifts to help strengthen your abdominal muscles.

I'm sending you The Health Letter number 13-10, Aching Backs What To Do About Them. Other readers who want this issue can send 75 cents in check or coin with a long, stamped, self-addressed envelope for it. Send your request to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019

As the issue of The Health Letter that I'm sending you explains, there are many different causes for backaches. If you develop an unexplained backache, it's important to have a medical examination to find out why. There are a number of back conditions that can be harmed by over-enthusiastic and ill-advised exercises. Doing straight leg lifts can actually cause difficulty if you already have some abnormalities of the back, such as a ruptured disk.

Not all backaches are caused by muscle strain or weak stomach muscles. Some are caused by disease of organs inside the abdominal cavity. These disorders include such things as disease of the pancreas and even a duodenal ulcer, so it's not a good idea to try to make your own diagnosis.

Many backaches are caused by a slipped disc. Often these can be treated conservatively. In other instances, surgery is needed.

The back is under the greatest strain when you're sitting. This is because many people sit without gaining any support from the abdominal muscles. It's easier on your back to be standing or walking. Of course, bed rest provides the greatest opportunity for resting or relaxing the back. Many backaches that are associated with the strain of the muscles or skeleton are relieved by bed rest.

I've included a discussion of exercises to help prevent backaches in The Health Letter I'm sending you. We often talk about the importance of physical fitness in improving heart and lung function, but it's equally important in preventing back problems.

Berry's World

