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VIEWPOINT

Singling out singles

The tribal rites of one category of the population are now a little less mysterious.

A couple of psychologists, Leonard Jason of DePaul University and David Glenwick of Kent State, took stopwatches, notebooks and their scientific perspective into a series of singles bars and, as reported in Omni Magazine, emerged with some interesting findings.

Attractive women, for example, did not receive significantly more attention from male patrons than the less so. Possibly, the researchers suggest, because general appearance is less important in inviting contact than "nonverbal behavior such as eye contact, expression and posture ..."

Further, as the number of women in a bar increase, so does the action. Approaches increase in frequency, offset by a decline in the length of conversations. On the average, a man approaching a woman has approximately seven seconds to ask her for a date, about the time it takes her to say no.

On another average, a woman was approached by a man only once every 15 or 20 minutes, countering, Jason and Glenwich suggest, the prevalent picture of a singles bar as a hotbed of frantic social activity.

Oh?

The worst is yet to come

There are windfalls and then there are windfalls.

And in the energy pinch, not all of them are falling to the oil companies. The escalating price of gasoline, according to a recent Wall Street Journal report, has led to a boom in business for a firm manufacturing "heads"; the devices in gasoline pumps that record prices and gallons sold.

"There are 1.1 million gasoline station hoses out there," a company spokesman observed, and the company is expecting to replace the heads of each "in the next two or three years."

And now for the bottom line: The new heads are adjusted to register prices up to $2 a gallon.

Well, at least we can stop dreading the advent of $1-a-gallon gas and start looking forward to it as the good old days.

Briefly noted . . .

Chalk one up for the dollar.

It has been making a strong recovery on the foreign exchange markets. So strong that the Treasury is easing off on sales of gold.

Since last November, it has been auctioning off 1.5 million ounces of the Fort Knox hoard every month to prop up the dollar's value on the international exchanges. Beginning in May, monthly sales are being cut in half, to 750,000 ounces.

Treasury Secretary Michael Blumenthal says the development demonstrates the success of the administration's support program, "... the real value of the dollar is manifesting itself."

In other words, for the time being it is again as good as gold. Well, let's say half as good.

AS TIME GOES BY

Stars invited

FORTY YEARS AGO
—1939—

A delegation of Nebraska City Chamber of Commerce members went to Omaha to invite motion picture stars attending the Golden Spike celebration to visit Nebraska City during the Apple Blossom Tour County Attorney Edwin Moran filed a new complaint of possessing a forged check against Glen Beaman and complaints for unlawful transportation and possession of liquor against Dale Theriot The Missouri Pacific announced new train schedules for the Marathon which ran through Nebraska City Adolf Hitler rejected a peace message from President Roosevelt in a speech made in Berlin

TWENTY-FIVE YEARS AGO
—1954—

Centennial Chairman Clarence Vigen urged Nebraska Citians to wear Centennial dress The State PTA convention was held in Nebraska City Bill Beecham Sr of Palmyra took up the slack on corn acreage with a patch of hawkeye soybeans, according to County Extension Agent A H DeLong. Dr Alice Keliher of New York University addressed the PTA delegates at the Pioneer Theatre

TEN YEARS AGO
—1969—

Dan Voelker won first place in the Optimist Zone oratorical contest Jerry Jacobson received the local Jaycees award for Outstanding educator in Nebraska City The Rev Ralph Dyer pastor of the First Christian Church was installed as the vice president of the Nebraska Fellowship of Christian Churches. Ed Poggemeyer retiring Grand Inspector of the Military Order of Cooties was presented a commendation from the Supreme Inspector

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The Prayer For Today From The Upper Room

He came to the house of Mary ... where many were gathered together praying. (Acts 12:12)

PRAYER: O Lord, make our home a house of prayer. Amen.



Join senior centers

Nursing-home residents step out

By Lou Cottin

Even the bird in the gilded cage needs to get out occasionally.

If this is true for birds, it's also true for people And it's especially true for residents of nursing homes.

Not all nursing-home residents are inactive, sick or incapacitated Some are — or want to be — socially active Many keep looking for new experiences outside their nursing home

A sparkling idea comes from the Senior Center Report of the National Institute of Senior Centers The publication describes an interesting and valuable program launched by senior centers m Eugene, Ore

The project encourages residents to get outside their nursing homes by bringing them together with members of senior clubs or centers

Several nursing homes in Eugene support the plan by referring their residents to local senior centers and clubs

The liaison coordinator of the program meets with residents at the nursing homes to tell them about the new service. If they are interested, the coordinator introduces them to other participants and takes them on an introductory visit to the two participating senior centers

Staffers at the nursing homes then announce all the daily activities at the centers. Those activities can be anything from creative projects — such as ceramics, oil painting and leather crafts — to pinochle, poker or dancing

Recruitment is continual Volunteers from the Retired Senior Volunteer Program up at the participating nursing homes

The aim is to keep communication flowing in an organized way between the nursing-home residents and the members of clubs and centers

The experiences of Eugene's centers have proven that the program benefits both groups of seniors The centers get new members and the nursing-home residents get new social and intellectual experiences

We are therefore calling on all local offices of senior services to investigate this marvelous idea

We know those who direct such offices are busy That's why it's also necessary that we seniors implement the program in our communities

Those of us who are not in nursing homes should get on the ball and push A liaison between us and nursing-home residents is a significant new development

Everybody benefits Nobody loses.

You can get more information on the program by writing to Cuma Smith, Campbell Senior Center, 155 High St , Eugene, Ore 97401

No, we aren't suggesting that nursing homes that refuse to join such programs have something to hide We'll listen to the excuses they offer for not allowing their residents to join us at our centers

But no one can blame us if we react negatively to nursing homes that don't respond positively to this good idea

Not all nursing-home residents are inactive, sick or incapacitated. Some are — or want to be — socially active.

Today In History

By The Associated Press

Today is Sunday, April 29, the 119th day of 1979 There are 246 days left in the year

On this date in 1945, American soldiers, fighting in Germany in World War II, liberated 32,000 Nazi victims at the Dachau concentration camp.

On this date

In 1429, Joan of Arc entered Orleans and won a victory over the English

In 1639, the colonial settlement of Newport, R I , was founded

In 1862, New Orleans fell to Union forces during the Civil War

In 1894, a band of jobless men known as Coxey's Army swarmed into Washington to seek relief from Congress

In 1946, 28 former Japanese leaders were indicted in Tokyo as war criminals

In 1967, President Lyndon Johnson gave a go-ahead for construction of two prototype supersonic transport planes with federal assistance

Five years ago An American oil executive, Victor Samuelson, was released by guerrilla kidnappers in Argentina after Exxon paid a record $14 million in ransom

Today's birthdays Emperor Hirohito of Japan is 78 years old Poet Rod McKuen is 46 Professional football coach George Allen is 57

Thought for today They dream in courtship, but in wedlock wake — Alexander Pope, English poet, 1688-1744

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GROWING OLDER



Lou Cottin

Berry's World



"Well, I guess if we want to use certain sources of energy, we have to 'pay our dues'."



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Bill did it

The payoff —

We can report that we have been paid off

Bill Whipple of Union did it.

The gift — 1 Lynks seed corn cap.

It all started with a telephone call to the Whipple home reminding Bill and Jewel of a meeting of the Otoe County Advisory Council for Senior Citizens.

I must apologize to Jewel for it appears that my snorting, huffing and puffing because King Corn wouldn't come to the phone or to the meeting resulted in some challenging words

When I returned from the meeting, there was the gold and black Lynks camp on my desk

"Aw shoooooot," I said. "Lookit here what that ole' Bill went up and did, cuz."

When I proudly showed off my gift to Millie, she opened the closet door, pointed to my "collection" on the top shelf and quipped

"Okay, smarty We're running our of room "

(I'm gonna hafta counsel with Bub Conley on these situations)

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The awards —

Congratulations to the Knights of Columbus for its choices of honorees You did a difficult but magnificent job

The outstanding honorees are Vickie Francois, top senior student and athlete, Keith White, top athlete, his dad, Kenny White, Knight of the Year and Ranae Rettig, education recipient

Mr and Mrs Ron Volkmer received the Catholic Family award Walt Wenzl is the honorary letterman and Mrs Glen Wilcox received the community service award

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The award

Jack Williams of the U S Postal Service accepted an Arbor Day Foundation award for the special stamp issue on trees Mr Williams reversed the awards and offered the Foundation a leather folder with the full stamp collection for the archives

We were seated next to Robert Rumpf of the Glatfelter Pulp Wood company at Spring Grove Pa , and caught his broad smile when Mr Williams announced the Glatfelter company provided the paper for the special printing.

+++

The Dunbar Review —

From the church bulletin·

— This afternoon there will be a meeting in the south and north ends of the church. Children will be baptized at both ends.

— On Sunday a special collection will be taken to defray the expenses of the new carpet All those wishing to do something on the carpet please come forward.

+++

The ace —

Mel Todd, Sr , Union, scored a hole-in-one this spring on a golf course in Phoenix

Mel zapped the 113-yard hole with a No. 7 at the Sun Lakes golf course in Sun Lakes, Ariz., on March 26 His golfing partner was Stanley Dahlmeier of Minneapolis.

Thanks to Harry R Weyrich of Phoenix for the note And, congratulations to Mel.

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We'll miss you —

The Nebraska City United Way board gave Wilma McIntire a gold watch on her retirement as secretary - treasurer of the United Way campaign. Mrs Ora Babcock will take over the job.

Thanks to Wilma for working with us for so many years on stories about the United Way and the agencies asking for the money It's a two-way street and Wilma certainly has done her share of handling her side of the block

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Little Bucks —

Don Chapin will move into a new venture on Monday as owner of the former Cowboy Shop at 1213 Central Avenue Don and Katie purchased the shop from Harlan Fenske The new name — K Bar D You've got it, Katie and Don Good show The NC rescue squad is hurting for volunteers You can help Call 873-3444 No pay Lousy hours. Demanding service To qualify — you've got to want it When Norman Marfice and crew fire up the coal power plant at the OPPD site any day now, it will run until shut down for the annual maintenance We're off and running on a new era The Optimist club survey on the city election change was within eight percent of the actual vote

News in brief

WASHINGTON (AP) — President Carter's anti-inflation program has scored its biggest victory yet, a rollback of some price increases by Sears, Roebuck and Co , the nation's largest retailer

Sears agreed to the rollback after being told recent price increases exceeded the Carter administration s guidelines, a council spokesman said Friday But he declined to reveal how much the increases violated the guidelines saying this was "proprietary information "

The company said in a statement in Chicago that the price reductions will take effect next week on a broad range of products Sears indicated it did not need to make substantial reductions

WASHINGTON (AP) — The Nuclear Regulatory Commission has ordered eight nuclear power plants shut down until they make safety improvements needed to prevent a repetition of the Three Mile Island accident

The agency also said Friday it would continue to study these plants and might require additional safety changes later

The only western plant affected by Friday's shutdown order is the B&W-designed Rancho Seco plant in California which opened in 1974

Also ordered to shut down today was one of the three Oconee units, which were opened in 1973 and 1974 at Lake Keowee, S.C

A second Oconee unit was ordered to shut down May 12 and the third unit May 19, unless improvements are completed before then

Already shut down and ordered to remain out of operation until the improvements are made are· Arkansas Unit 1 at Russellville, Ark., Crystal River Unit 3 at Red Level, Fla., Davis-Besse at Oak Harbor, Ohio, and Three Mile Island Unit 1, which shares the site of the stricken Unit 2 near Middletown, Pa.



HEALTH

Lawrence E. Lamb, M.D.

Problem with tendons

DEAR DR. LAMB — About five years ago I had a wrist operation to correct a problem I was having. The tendons had enlarged in the wrist and were pinching the nerve that goes into the hand The doctor scraped the tendon and enlarged the hole where the nerve passes into the hand He said that the problem would not return but I'm having this difficulty again. My right hand is numb again and is worse at night when I lie down The doctor said before that four of my fingers and the thumb were affected.

I've been an upholsterer for 23 years and use my hands constantly When I turn my hand over I can feel the tendons click over each other What would you advise? I may have to find another occupation. Do you think the operation can be done again?

DEAR READER — I wish I had all the answers to your questions but I don't nor does anybody else

One reason I wanted to include your letter in the column is to remind people that simply because they have read about a cure for some disorder doesn't mean it always works. You're describing a condition called the carpal tunnel syndrome

At the wrist there are a number of very small bones that form the base for the hand. In front of these bones are a group of watchband-like tendons and fibers These tendons and the bones form a tunnel The tendons that move the fingers, nerves and some blood vessels must pass through this tunnel

Whenever anything happens to make this tunnel too small or its contents such as the tendons become too large, you inevitably will have pressure. It does cause pressure on the nerves and can cause a variety of symptoms including numbness, pain and tingling in the thumb and fingers and pain in the arms

One approach to treatment is to open the tunnel and provide more room for its contents Apparently, that's what was done in your case and, apparently, you did get some relief for some time

If you have real swelling of the tendons that doesn't mean that the tendon problem itself will go away, but in some instances this problem does disappear spontaneously In other instances, doctors use medicine which combats inflammation and helps to decrease swelling in the area

It's possible that you might benefit from another operation, at least temporarily, but such a decision should be made by the doctors who review your problem and know the specific details of your condition On the basis of all the facts, it might be important to use an anti-inflammatory medicine Or if there's no evidence of inflammation and it's simply a recurrence of the constriction phenomenom, mechanical relief through surgery might be the answer

You should see a rheumatologist, a specialist in arthritis and joint problems He can help direct you to a surgeon if that seems to be the proper course or will treat you with anti-inflammatory type medicines if that's the preferred treatment in your case

READERS WHO WANT information about osteoarthritis can send for The Health Letter number 4-10 Send your request with 50 cents and a long, stamped, self-addressed envelope to Dr Lamb in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

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Route 29
9th St. Through 11th Street South, from 1st Corso to 7th Corso.

Contact Judith Huebner
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