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VIEWPOINT

THE BUSINESS WORLD

You will be seeing more ads from lawyers and dentists as the no-no against advertising by the professionals is being removed.

And there just might be a bargain for the shopper of professional services, according to the American Legion magazine.

Wills are running $75 and up, house contracts and closings $200 to $250, uncontested divorces $175, bankruptcy $175 and misdemeanors $250.

Dentists in some states are advertising x-rays for $10 to $15, amalgam fillings for $6 to $8 per surface, caps $175, extractions $10 and up and root canals $50 to $75.

Although there are old-line practitioners up in arms over the trend, it appears there will be more to come. That could follow now since the Federal Trade Commission has actions in the works against the dental and medical associations for their prohibition against advertising

Fortunes on the hoof

These inflationary times are bringing back a bit of the Old West which today's Western cattlemen could do without — rustling

Premium market prices for beef are believed to be behind a sharp increase in missing cattle — lost, strayed but more and more likely stolen. Texas officials report a 75 percent jump in cattle theft over a year ago. Similar reports come from other major producing states.

Professionals, moving animals to distant markets, are deeply involved but much of the rustling is believed the work of amateurs, even teen-agers. Calves, the easiest prey, in some cases are reported to be butchered on the spot and sold to unsuspecting local customers.

It's not petty theft, adding up to thousands of head in the major cattle states and potentially millions of dollars.

When consumers complain that the high price of ground round these days is a crime, they don't know how right they are

AS TIME GOES BY

Burr farmer dies

FORTY YEARS AGO
—1939—

A Burr farmer, William Wirthele, 51, died in a fire in a straw pile on his farm and authorities said he was the victim of an accident or a suicide Thomas J Prendergast, head of the Kansas City democratic machine, was indicted by a federal grand jury on charges of income tax evasion. Plans were made to hold the Arbor Day program at the Overland Theater...An earthquake struck Cook, Nebr., for a few seconds and was strong enough to rattle windows and shake windows.

TWENTY-FIVE YEARS AGO
—1954—

Fire Chief Harry Bischof reported that Nebraska City firemen made 48 calls during the year ending April 1. Losses totalled $100,685 .Mayor Victor Bremer was elected to a third term on the city council. Dean Shuey was reelected to a second term, and Dr F E. Ziegenbein to the third position. Mrs Ray Ott was elected to the Board of Education. She was the first woman on the board ...Liquor by the drink was voted down in Talmage, 161-34. .Louis Callaway and Charles Clark were reelected to the Unadilla Board of Trustees.

TEN YEARS AGO
—1969—

Joe Zimmerer was presented an award from the American Legion as the winner of the District oratorical contest...Terry Criger was named to the first team of the Ak-Sar-Ben basektball team . Rick Keller Budd was named to the President's Acedemic Distinction list at the Adam's State College of Colorado.. The total amount of the Otoe county relief assistance for the month of March was $20,716...Rev Victor Ireland directed the United Methodist youth in the Easter sunrise services.

HOW TO CONTACT YOUR LEGISLATOR

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The Prayer For Today From Our Upper Room

Do not judge others, so that God will not judge you. (Matthew 7:1 TEV)

PRAYER: Thank You, Father, for whatever means You use to remind us that we are all Your children. Keep us ever aware that we must love one another. In Christ's name. Amen.





Donald F. Graff

COMMENTARY

Carter's 1980 profile

Jimmy Carter's campaign themes will emphasize new energy initiatives — including developing solar power — as well as his foreign policy achievements and efforts to maintain social stability at home

The president's most strident black critics, most of them former supporters, will be neutralized when the presidents's campaign operatives reveal how important a role federal funds play in their organizations' budgets.

These conclusions, and others, come from a senior member of the Carter political family, a 20-year veteran of national politics. He is black.

He is an unashamed Carter loyalist, prepared to defend the Carter record against critics from left or right

He believes that black Americans waste time and energy complaining about Carter's budget cuts in social programs, and argues that a close examination of the budget will show that much of 1980's budget increases — to the military, for example — actually help blacks, who make up more than 35 percent of today's Army

He points out that Carter's appointments record includes more blacks at more levels in the federal bureaucracy than any previous president

Our source is a self-described "regular" in Democratic Party politics who supported the eventual Democratic nominee in every presidential election since 1956, except George McGovern in 1972. Like a good soldier, however, he campaigned long and hard for McGovern after the convention made him the party's choice.

If he ever expresses disappointment at any part of Carter's performance, he does it quietly and discreetly

Although others received more public favor — and public reward — for their roles in the 1976 campaign, this man is more responsible than any other for the hard work that translated Martin Luther King Sr.'s hugs and Andrew Young's endorsement into actual votes.

He expects to do it again in 1980

His predictions for the campaign theme have already begun to come true. Carter is nearly ready to begin promotion of alternative sources of power

The Israel-Egypt peace treaty catapulted him to center stage as a peacemaker The public perceives the president as a man willing to dare and risk personal honor for peace, as well as toil hard for its success.

And, our source reports, the peaceful streets of America's big cities, despite record-breaking unemployment among black youth, prove that Carter's go-slow tactics toward blacks haven't produced massive street violence, as many feared and a few predicted.

Finally, the recently announced White House review of federal youth employment programs, headed by Vice President Walter Mondale, is expected to produce a legislative package ready for introduction next year as the campaign begins in earnest.

This Carter advocate is not naive about Carter's 1980 chances. Urban violence remains an increasing possibility as the snows melt and millions of high school youth join their unemployed brothers and sisters in the streets.

Peace in the Middle East can be fractured overnight by the intransigence of either side, or the hostility of Israel's other neighbors.

A rapid increase in fuel prices at the pump will remind voters that Carter's energy policies haven't been taken seriously to date by anyone.

But the president's men will present him in 1980 as a decent, honorable man who has tried — in defiance of a recalcitrant Congress, a hostile world and an ungrateful black leadership — to create a government as good as its people.

And our man believes they will succeed.

Today In History

By The Associated Press

Today is Sunday, April 8, the 98th day of 1979 There are 267 days left in the year

Today's highlight in history

On this date in 1513, the Spanish explorer and governor of Puerto Rico, Ponce de Leon, landed in Florida in his search for the fountain of youth and claimed the area for Spain

On this date.

In 1500, a French army, aided by Swiss mercenaries, conquered Milan.

In 1812, Louisiana was admitted to the Union as the 18th state.

In 1826, Secretary of State Henry Clay fought a duel with Senator John Randolph of Virginia, but neither was wounded.

In 1939, King Zog of Albania fled as Italian troops invaded his country

In 1961, the French voted in a referendum to approve a peace settlement with nationalists in Algeria.

In 1968, the U.S. Supreme Court struck down the death penalty provision in the Lindbergh kidnapping law

Ten years ago New fighting flared in the Middle East as King Hussein of Jordan was conferring in Washington with President Richard Nixon.

Five years ago: Baseball's Hank Aaron broke Babe Ruth's lifetime homerun record by hitting his 715th in a game in Atlanta between the Atlanta Braves and the Los Angeles Dodgers.

One year ago: The European Common Market nations announced in Copenhagen they would coordinate their currencies more closely to protect them against fluctuation of the U.S. dollar.

Today's birthdays: Former first lady Betty Ford is 61. Prime Minister Ian Smith of Rhodesia is 60. Opera tenor Franco Corelli is 56. Pitcher Catfish Hunter of the New York Yankees is 33.

Thought for today: Rotten wood cannot be carved —a Chinese proverb.

SAFETY VALVE

"...Otoe camp..."

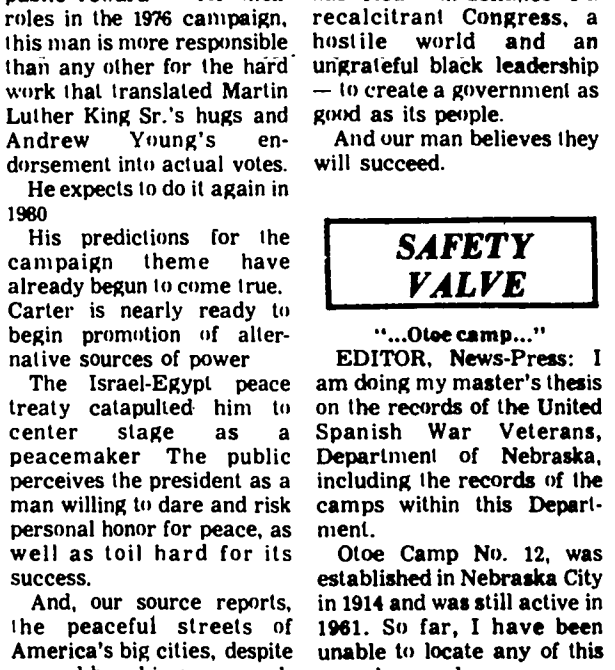
EDITOR, News-Press: I am doing my master's thesis on the records of the United Spanish War Veterans, Department of Nebraska, including the records of the camps within this Department.

Otoe Camp No. 12, was established in Nebraska City in 1914 and was still active in 1961. So far, I have been unable to locate any of this camp's records.

If anyone has information about this camp or its records, I would appreciate hearing from them. My address is:

WILLIAM KENDRA
2185 S. Vine, No 513
Denver, Col. 80210

Berry's World



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"Doc, I'm a new driver and I've got these terrible feelings of anxiety about the availability of gasoline."



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Cameras a no-no

The trip —

Thanks to Ellsworth Merkel, Verne Jones and Otoe County National Bank for an interesting tour of Grand Island.

One of the most revealing tours was the Sperry-New Holland farm machinery plant. The Pennsylvania company built a plant in Grand Island less than 10 years ago and has since built another in Lexington and is planning a development in Columbus.

Sperry-New Holland is the largest employer in Grand Island with 1,100 employes. Those are impressive facts and figures for a "newcomer" to the town and state. No pictures to show you; they said cameras were a no-no and had to be left at the office.

There has been unusual growth in that farming community. The reason is a summer spectacle — irrigation. Hall and its neighboring 18 or so counties have been experiencing a boom in crops over the last decade attributable to pumping water.

The Grand Island Chamber enlarged its ag membership to utilize that growth and now hosts a special farm machinery - exposition that attracts up to 25,000 each day. The three-day show is financed by Nebraska Farmer.

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The plaque —

The Wormy Applewood Plaque goes to government officials and so-called "Authorities" for the conflicting reports of what actually happened at the nuclear power plant at Harrisburg, Pennsylvania.

News reports accounted for nearly a dozen conflicting reports on damage and safety including the fact that there was a hydrogen explosion on Wednesday and it was kept secret until Saturday.

My next trip? Why, of course...the movie house and The China Syndrome...I want to see what really happened.

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Congratulations —

...to Lori Brown and Les Grundman, Nemaha Valley students who were awarded Regent scholarships to the University of Nebraska. Alternates were Susan Rohlfing and Russell Holscher.

The moms and dads are Mr and Mrs Darold Grundman, Warren Brown, Norman Rohlfing and Evan Holscher

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The picture —

The picture in the paper the other day of Mrs Bertha Hinrichs and her snow-covered geraniums told the story. And it was no April Fool.

The snowfall did apply a wet and white blanket to flowers, but there appeared to be no damage to flowers at Mrs Hinrichs home or elsewhere in town.

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The Neiharts —

Thanks to Mrs John Neihart of Elmo, Mo., for dropping us a note on how the family was following the twister that hit in the area Nearby Braddyville was flattened.

Mrs Neihart wrote the twister dipped over their community, but never touched the ground.

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Stepping out...

Fred Astaire would be jealous if he saw the fancy footwork we amateurs mastered in the disco lessons over the past weeks

Other "locals" in that class were Mr and Mrs Don Mason, City Finance Commissioner and Mrs Mike Medaris and Mr and Mrs Don Reeves.

We "graduates" did a little stepping out the other night to the suggestion of the disco teacher, Mrs Mark Boellstorff — we went discoing at the dance hall on the east side of Falls City. It was fun.

Mr and Mrs Joe Kuwitzky, Auburn, turned down several offers to join the group. The Missus seemed peppy and ready to hit the dance floor but achin' Joe said "it" was in his back Gosh and to think of the fun he missed Snicker Snicker

What's it like on the disco floor? There are colored, flashing, bright lights, a lot of wiggling bodies and loud. Oh, yes loud.

The Farm Bureau —

The Otoe County Farm Bureau handed out the bouquets (er African violets) the other night in its recognition of the NC Rescue Squad and Mr and Mrs Albert Wachter, Unadilla.

The squad was recipient of the Community Service Award and the Wachters were the Bureau's Farm Family of the Year.

Mr Wachter is a rather energetic man, we learned. Four years ago he had surgery on his knees and after he was standing tall again, he bought his first diesel tractor. He's 80 years young.

Jake Clem of Palmyra did a masterful job of introducing the Wachters and shredding this reporter with his stories.

We can report also that Jake is kicking clods again He had open heart surgery and is getting along fine Jake was a sergeant with General Patton's crew in Europe and has a habit of bouncing back

(P S Thanks to the Bureau for the African Violet plant It's getting the morning sun from Millie's kitchen window)

News in brief

DARTMOUTH, Nova Scotia (AP) — A fire at the Bedford Institute of Oceanography was a major blow to the institute's advanced research on oil pollution at sea and disrupted or destroyed research on industrial pollution, pesticides and chemical spraying of woodlands.

Firemen said they believed a faulty furnace caused the fire that destroyed 14 of the 26 mobile trailers housing the institute's laboratories and offices. The other trailers were badly damaged by smoke.

Dr. Cedric Mann, the center's director-general of oceanic and aquatic sciences, said it might cost $500,000 to repair the physical damage. But he said it would be impossible to put a value on the research data that was lost.



HEALTH

Lawrence E. Lamb, M.D.

Diet thinking has changed

DEAR DR. LAMB — I am 55 years old and I think it was about 20 years ago I was hospitalized because of a hemorrhage from the rectum. I was diagnosed as having diverticulosis. I was told I must never eat roughage. I didn't know what that was but after looking it up, the only two vegetables that don't have roughage are carrots and beets. You can imagine what a hard time it is not to be constipated with this kind of diet. Prune juice was my only help. I also have been eating French style string beans on my own. Please let me know, has anything changed in this diet? I have been told it has.

DEAR READER: Twenty years is a long time and there certainly has been a change in thinking about diets for patients with diverticulosis. These little pockets of the colon are really hernias, and many authorities today think that spastic colon and constipation problems contribute to their development.

I am sending you The Health Letter number 5-6, Diverticulosis, to give you more detailed information on this problem. Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it. Send your request to me in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019.

Those bland diets that used to be used in treating diverticulosis may have contributed to the problem in many people. They were so bland they didn't provide any bulk. As a good example, if you ate gelatin, you would absorb all the protein and nutrients in it and all that would be left would be water. If your body needed the water, that would be absorbed too. That doesn't leave very much for the colon to act on.

The English surgeon who first pointed this out showed that on a worldwide basis, those cultures which were accustomed to eating refined foods with little bulk were the same cultures that had lots of bowel problems, including cancer of the colon. People who ate whole grain cereals and foods that contained lots of bulk didn't have these problems.

There has been lots of discussion and argument among authorities on the validity of all these claims, but it is abundantly clear that many people do far better by increasing the bulk in their diets.

I think one of the difficulties here, through the years, has been the misconception that foods that contain bulk were roughage and were irritating on the digestive system. That is true in some instances with some forms of roughage, but cereal fiber or bran really doesn't fall into that category. If it's soaked, it gets very soft rather quickly. That's why one of the investigators of this problem likes to use the term softage for cereal fiber as opposed to roughage.

There are times in the course of complications of diverticulosis when a person really needs to be on a very bland diet, or it may be necessary for the patient to be on a liquid diet or not take anything at all by mouth. But I'm talking about the very short term complications of the basic disease These are such things as hemorrhage from one of the little pockets or when one of the little pockets is inflamed and behaves like appendicitis.

Otherwise, in most cases; if such acute complications are not present, a diet that includes more suitable forms of bulk seems to improve the situation for most people.

Prune juice contains a chemical that acts as a laxative. It is a popular do-it-yourself laxative but there are far better ways to improve bowel function.

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