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VIEWPOINT

THE HANDI-BUS

We were asked: Why is the News-Press proposing a county-wide program to get bus service for senior citizens?

The answer Because we feel it is needed

There are a number of "ifs" in the program, but if a positive tone can be used, the county will have bus service by the first of July

Meanwhile, a lot of help is needed to get it off the ground There is a panel of about 15 people working to get senior citizens surveyed on the subject and on a number of other possible services.

If the survey shows there is a need, the county will be asked to help foot the bill for the purchase and operation of the service

We think the need has been in existence for a number of years and we are hopeful that a successful survey will provide results to show that need.

Your help is needed. In the coming weeks volunteers will be contacting senior citizens The more accurate the survey the better caliber of program can be presented

Won't you help?



AS TIME GOES BY

$7,000 sale posted

FORTY YEARS AGO
—1939—

More than 200 head of hogs and about 100 head of cattle were auctioned as the Nebraska City Sales Pavilion recorded another $7,000-sale day Rags in a corner ignited causing a fire at the residence of Mrs Charles Weld in Kearney addition Deputy Sheriff Howard Zimmers said drivers operating motor vehicles on 1938 plates after March 1 would probably add a fine and costs to the price of new license plates...Spencer Tracy and Bette Davis were named the best actor and actress of 1938 at the 11th annual Oscar ceremony in Hollywood.

TWENTY-FIVE YEARS AGO
— 1954—

The Syracuse Rockets trimmed Utica, 49-32 for their 20th straight win fourteen Jaycees from Nebraska City helped to organize a chapter in Weeping Water Dallas Wendt was named acting president Despite Dennis Folkerts 22 points Shenandoah beat Nebraska City, 63-51 There was talk of a transcontinental highway from Chicago through Iowa to Omaha and west

TEN YEARS AGO
—1969—

Bill Williams, manager of B C Christopher and Company North First Street, said that damage in a fire which started in the dryer at the grain concern would run approximately $15,000 Proposals for a unified system of Catholic schools in Nebraska City was to be drafted into form by the parochial schools' legal advisor William F Davis Receiving service pins at the American Red Cross Volunteers awards luncheon at the Elks club were Ursel Stiles, Mrs Paul McElroy, Mrs Wesley Sheldon, Marie Schacht four year pins and Mrs Clyde Goldsberry, a five year pin

HOW TO CONTACT YOUR LEGISLATOR

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The Prayer For Today From Upper Room

Forgive us the wrong we have done as we forgive those who wrong us . (Matthew 6:12 NAB)

PRAYER: Lord, when people sometimes hurt us, and perhaps even work with others against us, give us the strength to get even in the way You gave as the supreme example — forgiveness. Amen.

Satellite allocation the issue

Third World gears for two-way fight

By Ink Dipper

CBers have a stake in negotiations which will be going on at the World Administrative Radio Conference in Geneva this fall Two-way radio is a prime target of the less-developed countries

At this writing, many of the countries of Africa, Latin America and Asia are meeting in a series of conferences to present a unified front when the WARC convenes The sessions are planned for over a three-month period The LDCs are very unhappy about proposals to be made by the Federal Communications Commission

The United States wants access to the satellite spectrum space on a first-come, first-served basis. The LDCs feel it should be established on a reservation basis so that they can have access when they are able to utilize the service

They are also opposed to the idea that there should be separate frequency allocations for fixed satellites, which are used primarily for business communications such as transmitting data, financial information, currency clearances, and so forth The U S proposal would specify that the orbiting satellites be used for broadcasting and educational purposes

The LDCs argue that this approach to the frequency allocation problem protects American interests, and those of major companies like RCA, AT&T, Western Union, et al , and deprives the LDCs of frequency space when the technology becomes available to them

You are wondering how this may affect the CBer who tools down highway 75 and wants to establish the location of the nearest motel In the broader sense of citizens band radio, it relates to uses which this column has dwelt upon many times saving lives, emergencies, educational purposes and the like.

Timothy Logue coordinated a research paper done for the Academy of Educational Development, a nonprofit organization committed to worldwide planning of communications for constructive purposes.

The paper, one of several documents presented to the FCC, was a study of the world information order in the communications field.

"The Third World recognizes the importance of communications to its structure, and its eventual development," Logue explains. "It understandably is trying to preserve a position that will be available to it when it is ready to make use of the facilities that are going to be available

"The educational values alone are enormous and they don't want to have to fight to gain that position after all the fully-developed nations have everything nailed down."

Logue is now an assistant researcher at the East-West Communications Institute in Hawaii. There are 40 countries involved in this institution, which is supported by UNESCO, as well as AID, an arm of the U.S. State Department. The aim is to develop a greater understanding of communications between the Asian nations who are participating and the United States.

"There is no way that you can run wires through trees in Guyana and expect a viable system," Logue explains. "It must come down to radio transmission.

"Further, there are satellites in the future, otherwise the medical help two-way radio makes possible in Alaska — when a call from a desolate area brings medical advice from a hospital's best doctor to the stricken victim via satellite — would not exist as it does now "

These developments will be extended in our next column, when an interview with Dr Jock Gunter, of the Academy of Educational Development, in Washington, D C., reveals the dimensions of two-way radio as it is now and as it will be

CB CONVAC

News in brief

PORTLAND, Ore (AP) — Federal authorities are seeking a man charged with adopting 109 wild horses through a government program and then selling them for slaughter as animal and human food overseas

Donald Hughes, 37, of Burns, Ore , is the first person accused of violating the 1972 Wild Horse and Burro Act in a complaint signed by U S. Magistrate George Juba, authorities said Tuesday He got the horses through a U S Bureau of Land Management adopt-a-horse program designed to control horses on rangelands and to provide recreation animals Hughes faces up to 13 years in prison and $16,000 fine if convicted. Hughes is accused of selling the animals for $25,913

Cut Your Own Taxes

These tiny filing errors can slow your refund

By John Barnes

(First of two parts)

You are determined to beat the tax deadline this year With a big spring vacation planned, you are counting on that refund check to finance souvenirs.

Don't blow it by making a silly little mistake on your tax form Though such errors will not land you in jail, they are likely to complicate the processing of your return

These 10 tips will help insure that your return is error free.

• Make sure you file all the correct forms and schedules Gather several copies of each before sitting down to figure your taxes

• Check each computation twice Also check to see that you used the proper tax table

• Familiarize yourself with recent changes in the tax law. For instance, tax credits for energy-saving home improvements are available for the first time this year.

Find out more about such tax breaks in the new edition of "Cut Your Own Taxes and Save." Order your copy by sending $1.50 (tax deductible) plus 50 cents postage and handling to "Cut Your Own Taxes" in care of this newspaper, P.O. Box 489, Dept. T, Radio City Station, New York, N.Y. 10019.

• Be careful when transferring information from your worksheets to your final form. Make sure all figures are copied correctly onto the proper lines.

• Your Social Security number should appear on each page of your return as well as on any check in payment for additional taxes.

• Staple the appropriate W-2 copies and, if necessary, your check to the front page of your return at the spot indicated. To the back of the return, attach first any schedules (in alphabetical order) and then any additional forms (in numerical order).

• Affix the peel-off label to the first page of your return. Make any corrections in the information it contains.

• Keep a copy of the final return with all supporting documents — worksheets, receipts, cancelled checks and so on — for use in case of audit.

• Don't forget to sign and date the return. Both spouses must sign joint returns.

If your spouse will not be available to sign the return — because of an extended business trip, for example — make sure he or she executes Form 2848 (power of attorney) That form should then be mailed with the joint return

You can sign the joint return for your spouse if he or she is physically incapable of doing so Write "John Doe by Jane Doe" and attach an explanatory statement.

• Finally, double check the address of the regional IRS office to which your return should be mailed

If you cannot meet the April 16 deadline, you can get an automatic two-month extension by filing Form 4868. But the extension applies only to filing, not to payment. You will be subject to a penalty of 5 percent per month (or fraction of a month) on any unpaid taxes You will also be assessed interest of 6 percent per annum on the balance due

You will be excused from the penalty if you have what the IRS considers a good reason for filing late You are automatically excused if the balance due does not exceed 10 percent of your total tax.

File a return even if you cannot afford to pay your taxes right now Failure to file without requesting an extension subjects you to a penalty of 5 percent per month — plus the 6-percent interest — on any unpaid taxes.

If you do not file for an extension, you may still be able to avoid the penalty by proving a "severe hardship," such as serious illness.

"Cut Your Own Taxes And Save"
c/o Nebr City News Press
P O Box 489
Radio City Station
New York, N Y 10019

Please send ___ copy(ies) of John Barnes "Cut Your Own Taxes And Save "

I am enclosing check or money order for $ _____

(Make check payable to "Cut Your Own Taxes And Save." Allow three weeks for delivery)

Name _____
Address _____
City _____
State _____
Zip _____



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Democrats?

The Minersville Diary —

Didya hear the one about the prominent Republican who went into the Legion dining hall in Nebraska City with a seven-foot alligator on a leash?

"You serve Democrats in here?" Henry Schemmel bellowed.

The waitress said "Yes "

"Well," said Henry, "whip up a Democrat for my alligator and bring me some fried chicken "

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The dreamer —

The sun came out, the snow and ice started melting so I wandered through the garage looking over the BMW motorcycle, just sitting there waiting

"What on earth are you doing out there?" Queenie asked

"Oh I'm just piddling around and day-dreaming about summer rides I answered

Golly, was I day dreaming It doesn't seem that long that we took a Sunday ride one hot summer Sunday through Waubonsie Park, Hamburg Rock Port stopped for a cuppa coffee at Trail's End and came home on the interstate

It won't be long

'What?' she asked

'I said it won't be long before we can get the Bemmie on the highway again "

'True she answered If you're so all fired up about spending some energy why don't you pick up a shovel and go chop and scoop that ice out of the drive"

Mumble mumble

What was that? she called

I said you sure look sharp in tight pants sitting on the back of a motorcycle

Don't be silly' she snorted Better get started on that ice

Fletch —

His name was LeRoy Fletchall and he was maintenance chief at American Meter company His friends knew him as Fletch' and as a man who believed in helping others

Fletch died the other night. His friends from the Nebraska City Rescue Squad of which he was a charter member answered the call for help and rushed him to the hospital

He was silent but active in organizations He took a great deal of pride in the Nebraska City Volunteer Fire Department On any emergency at American Meter' the volunteers felt they always had a head start because of Fletch

His friends miss him

The fair board —

Thank you to Dale Bolz of Palmyra and Walter Reimer of Syracuse for working so many years as volunteers for the Otoe county fair

The two retired from the board and were appropriately recognized at a dinner the other night.

I can't imagine either one leaving fair work I think it just means they can't vote any more as directors of the fair board

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Hello — Max Snodderly —

Did I ever tell you about the time I was rebuilding a jeep (the Jolly Green Jitney) and had mechanical troubles that bugged me for several days?

I tried everything, but that jitney would not run like I knew it should One Sunday I was ready to push it in the river but thought I'd go next door and see if I could bother my neighbor

Max Snodderly was service manager for Haley's Chevrolet Cadillac and one of those rare Model T mechanics In his gentle way, he didn't laugh at my efforts but punched out the filter screen in the gas tank and the jitney jumped

Today, Max has taken a few punches and is doing some recuperating at home. He remembers his friends well in Nebraska City and to help you remember him, here's the address

Max & Alice Snodderly
300 South Krudwig
Lebanon, Mo 65536

We shared a garden space on one of Al Gibbs' lots, but gave it up for a new neighbor, Harold Gress

We spent a lot of time and water in that garden, lied about the size of our potatoes and Max distributed the bountiful harvest of vegetables to friends and neighbors

His brother; Rex, and wife, Eunice, got so that when they drove up to Max's for a visit they went to the garden first

Oh, say, Max Forgot to tell you remember how we compared water bills and yours was always more than mine? Never did tell you before when I watered the garden I hooked the hose to your faucet snicker snicker



HEALTH

Lawrence E. Lamb, M.D.

Diabetic tendencies?

By Lawrence Lamb, M.D.

DEAR DR LAMB — Recently I had a blackout spell. I had been on a 1200-calorie-a-day diet to lose weight. I am 34 years old, a female and am 80 pounds overweight. In the past I have had spells of sweating and then the shakes and weakness I found that sweets calmed me and even prevented the shakes or headaches I reported these symptoms to my doctor and he took a blood fasting test and after three hours, the sugar dropped to 60

My mother is a diabetic and I have had a baby that weighed over 10 pounds.

I have been told to eat three high-protein meals and two protein snacks daily I've been told not to leave my place of work without having my snack, because this could result in my blacking out

My doctor believes I will eventually be a diabetic Does this always occur, or could my low blood sugar be caused from something else? Can I stop these spells? Certain tasks I perform at work will bring on a spell, even if I have eaten a snack

The 1200-calorie diet doesn't seem to be enough as I have these spells more frequently when I am on such a diet.

I can't seem to get much information on low blood sugar Do you have anything you could send me? Also, can I take protein supplements in place of the snack?

DEAR READER — When you say you blacked out, to me that means you fainted There are many reasons for fainting and I have no idea why you actually did The sweating, shakes and weakness could be associated with a low blood glucose level or from the formation of excess adrenaline associated with anxiety A low blood sugar causes an excess formation of adrenaline but so will anxiety

Your blood sugar test that you reported here isn't sufficient to make a diagnosis of low blood sugar A level of 60 commonly occurs in healthy people with no symptoms To test for low blood sugar responses, it often requires taking blood samples as long as four to six hours after ingesting the glucose water

The diagnosis of low blood sugar is correctly made only when the low blood sugar is identified by actual testing at the same time that the symptoms occur The diagnosis is strengthened if the symptoms are promptly relieved then by giving glucose in the vein

It's true that at least certain forms of diabetes have a tendency to be inherited — that also implies that not all instances are on a hereditary basis. It's also true that women who have large babies are more apt to be diabetics in the future

None of this means that you will definitely become a diabetic It is also true that individuals who have low blood sugar, because of a faulty insulin release mechanism, sometimes progress to diabetes That's probably what your doctor is thinking about in your case

I am sending you The Health Letter number 3-9, Low Blood Sugar Hypoglycemia It will give you more details about low blood sugar and what to do about it and answer questions I can't answer here Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it. Send your request to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

Today In History

By The Associated Press

Today is Sunday Feb 25 the 56th day of 1979 There are 309 days left in the year

Today's highlight in history

On this date in 1913 the 16th Amendment to the U S Constitution went into effect giving Congress the authority to levy income taxes

On this date

In 1783, Denmark recognized the independence of the United States

In 1885, Germany annexed the African territories of Tanganyika and Zanzibar

In 1919, Oregon became the first state to tax gasoline imposing one cent per gallon of gas

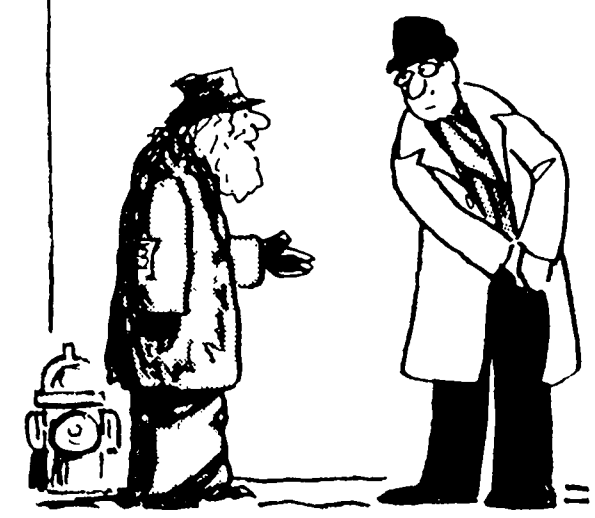
In 1956, Premier Nikita Khrushchev went before a Communist Party congress in Moscow and denounced the late Soviet dictator Joseph Stalin

In 1964, Cassius Clay won the world's heavyweight boxing championship when the titleholder, Sonny Liston failed to come out of his corner for the seventh round of a match in Miami Beach

Today's birthdays Former Beatle George Harrison is 36 British actor Tom Courtenay is 42 Star outfielder Cesar Cedeno of the Houston Astros is 28.

Thought for today Nothing is ever accomplished by a reasonable man — George Bernard Shaw, British writer, 1856-1950.

Berry's World



And by using this method of redistributing income, we're cutting out the middleman — government"