# Nebraska City News-Press

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Ivan D. E. Beaumont - General Manager & Editor

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# VIEWPOINT

## Down-to-earth success

A degree from a prestige university usually means a good start toward success in the business and professional world.

But there's something even better — an up-front role in the space program. Of the 41 graduates to date of the astronauts corps, most have gone on to carve out impressive civilian careers.

One is president of a major airline. Two are United States senators. Others are corporate executives in areas ranging from nuclear technology to amusement parks. Several have established technical consultancies. Some are involved, for the most part successfully, in a number of enterprises. One is on record as being a millionaire and several others are very likely in that financial category.

As recently surveyed by The Wall Street Journal, the back-to-earth achievements of the spacemen are in a surprisingly wide range of fields — although surprisingly few are space related. The most notable common denominator appears to be success in diversity. Only a few have not made productive or profitable adjustments to the civilian world.

Given the intense publicity accorded the manned space flights, the later success of its participants might be considered assured, the headlines gathered representing money in the bank.

It wasn't quite that easy, however. The ex-astronauts are generally agreed that their celebrity brought a price — according to one, a minimum $50,000 a year as a starter — and opened doors.

But only once. The ex-spaceman who couldn't hack it once inside was likely to be shown that door and not invited back. A number had discouraging experiences with sometimes questionable enterprises before they finally got their new careers together.

If there is any significance to be found in this, it is that human capabilities are rarely narrowly restricted. NASA's directors knew what they wanted in their spacemen — individuals who in addition to technical skills had the ability to work effectively with people and to commit themselves to a program.

This is as valid a formula for success on earth as in space. Talent will out — and it has.

*AS TIME GOES BY*

## Committee plans

FORTY YEARS AGO
—1939—

A special Chamber of Commerce committee was prepared to ask the Unicameral to place maintenance of roadways in state parks in the hands of the state highway department The final payment of 20 percent to the depositors of the failed Fremont County (Iowa) Savings Bank was approved by a depositors' committee The trust was created during the 1933 Roosevelt bank holiday Jack Benny and Joan Bennett starred in "Artists and Models Abroad" at the Booth

TWENTY-FIVE YEARS AGO
—1954—

John Haussener, took over the business at 906 Central Avenue. Joseph R Carter was installed as noble grand of Nebraska Lodge No 1, I O O F Governor Robert Crosby named Jack Windle chairman of Otoe county's "Operation Honesty" Campaign Mrs Arnold Watermeier was elected president of the Hope Lutheran Church Aid Society at Cook. Mrs Lester Reuter was elected president of the Altar Guild of St. Mary's Episcopal Church.

TEN YEARS AGO
—1969—

Mrs Marybell Lemrick, proprietor of the Nebraska City Beauty School, presented the program on hair styling at the meeting of the Jaycee Jaynes Dr Austin Mutz of Denver, Colorado, was elected to the board of the American Heart Association He was the son of Otto Mutz of Nebraska City Street Commissioner Clyde Stoll told city commissioners that four hundred tons of sand and salt, mixed about five to one, were spread on Nebraska City Streets during the December - January "ice age" The Appleman Manufacturing Company, at 105½ South Eighth Street was purchased by I Spiewak and Sons, Inc., New York, N Y , to be known as Nebraska Outerwear Corporation.

### *Today In History*

By The Associated Press

Today is Sunday, Jan. 7, the seventh day of 1979 There are 358 days left in the year

Today's highlight in history

On this date in 1953, President Harry Truman announced in his State of the Union Message that the United States had developed a hydrogen bomb

On this date:

In 1584, the Gregorian Calendar was adopted by Roman Catholic states of the Holy Roman Empire

In 1967, bloody fighting between Chinese Red Guards and workers was reported in Nanking

Five years ago: Japan devalued the Yen by six and a-half percent

Today's birthdays: Cartoonist Charles Addams is 67 years old Former baseball manager Alvin Dark is 57

Thought for today People generally quarrel because they cannot argue — Gilbert Chesterton, English writer, 1874-1936


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### The Prayer For Today From The Upper Room

I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake; for when I am weak, then I am strong. (2 Corinthians 12:10)

PRAYER. O Lord, help me to see my weakness as Your perfect strength. Amen.






Martha Angle and Robert Walters

# IN WASHINGTON

## Center city salvation

WASHINGTON (NEA) - One brave soul finally has mustered the courage to tell the awful truth about the mega-structures currently being touted as the salvation of the decaying downtown cores of the nation's major cities.

Offering a candid, critical appraisal of those oversized complexes is a chancy undertaking because business and civic leaders in cities from coast to coast have staked both their reputations and their fortunes on the success of the urban behemoths.

In Detroit, the Renaissance Center is advertised as the cornerstone of local efforts to revive a depressed central city In Houston, a similar commercial complex is known as the Houston Center

In Los Angeles, another mammoth development is supposed to provide the downtown area with vitality matching that of Beverly Hills, Westwood and other communities on the city's west side

Once inside, however, "you're not sure what city you're in — or whether you're in a city or at an airport," urban planner William H. Whyte Jr. explained at a recent Washington convocation sponsored by the Conservation Foundation.

Author of "The Organization Man," still widely read 22 years after it was first published, Whyte now is director of New York City's Street Life Project.

Perhaps most important in Whyte's catalog of distinguishing characteristics — few of them especially attractive to people — of the sterile buildings was the fact that their dominant architectural characteristics belie their purported mission.

Although ostensibly built to infuse a declining urban area with new life, their massive concrete walls, artificial moats and limited entry portals present a highly inhospitable facade to the "outside world."

Inside a typical complex, a visitor escapes from urban life rather than participating in it. "I can spend a whole day in the Houston Center without going to Houston at all," quipped Whyte.

The oversized structures have their own life-support systems, including recycled air that even smells artificial. Their completely closed environment and windowless walls prevent visitors from knowing whether there's a heat wave or snow storm outside.

Heavy security, another hallmark cited by Whyte, includes both armed guards and hidden television cameras for electronic surveillance Entry is geared to auto drivers and passengers, but not pedestrians.

Finally, the lack of respect for detail, texture and scale invariably provokes refugees from the stark concrete-and-steel structures to characterize their experience as depersonalizing.

In another presentation to the Conservation Foundation conference, James W Rouse, probably the country's most imaginative and innovative real estate developer, offered a far more sensible alternative.

Board chairman of the Rouse Company, he probably is best known as the developer of the thriving "new town" of Columbia, Md In recent years, however, Rouse has devoted considerable time and thought to center city rehabilitation.

His successes include commercial projects that have attracted both retailers and customers to once-blighted downtown areas of Philadelphia and Boston, with a similar project underway in Baltimore.

Rouse relies heavily on rehabilitating old stores, abandoned warehouses and other existing structures His shopping area is integrated with the surrounding neighborhood, not isolated from it The relatively modest scale makes people feel comfortable with their surroundings, not threatened by them

"In the 1980s and 1990s, the transformation of the center cities will be even more dramatic than the growth of the suburbs in the 1950s and 1960s," he predicted.

But the salvation of the cities surely won't be found in the convention center-hotel-office building-shopping arcade combination Whyte caustically described as "the last convulsive embodiments of an era whose time has passed."



Donald F. Graff

# COMMENTARY

## The odd trio

Charles de Gaulle, Richard Nixon and Jimmy Carter are not the names of world leaders coming immediately to mind as having much else of significance in common.

It could be argued, however, that there is one aspect of the Carter anti-inflation crusade that does recall the de Gaulle and Nixon situations at other times on other issues.

It is the understatement of the year's end to say that the president's new economic policy — new, that is, for Democrats conditioned to expansion in the public sector rather than retrenchment — has not brought the party's power brokers into the streets cheering.

Led by George Meany, if that is the word for his performance, labor maintains a running fire on wage guidelines Organized minorities won't hear of scaling down programs tailored to their interests. Democratic congressional leaders are reacting as if asked to subscribe to a memorial to Herbert Hoover

The president did score some technical points at the party mid-term convention in Memphis He and his program received a vote of confidence. But it was grudging and prompted in large part by the fact, as Democrats are continually being reminded, that he is currently the only president they've got It was clear where the real sentiment of the delegates lay — with those who spoke out with varying degrees of passion for continuation of the party's commitment to social programs. And in particular with Sen. Edward Kennedy, whose ringing call to action on a national health plan brought the cheering house down.

It may be that the senator spoke completely from the heart. But in their impact his words veered close to demogoguery, appealing to Democratic emotion rather than reason. What is largely overlooked by defenders of the party faith is that a policy of expanding social programs requires a sound and expanding economy to sustain it. That is not the description for near double-digit inflation, a yo-yoing dollar and massive trade imbalances.

For a graphic example of the consequences of legislating a vast social-welfare system without the means to pay for it, one need only look to the Britain of the past several decades.

If the Democrats want to blame a president for their and the economy's present plight, they might better look to Lyndon Johnson rather than Jimmy Carter. Today's inflation has its roots in the Johnson administration which sought to construct a costly Great Society while fighting a foreign war without paying for it.

Two successive Republican presidents chose to ignore the consequent economic dislocation, or to deal with it primarily through rhetoric. Had they sought retrenchment to the extent now being pursued, stalemate with Democratic Congresses would have been the likeliest result. At worst, they would have risked identifying themselves in the public view with the Hoover legacy from the Great Depression.

Jimmy Carter may not have the wholehearted support of the Democratic troops, but he does have a point or two in his favor His post-Camp David public standing is still fairly high He continues to be given high marks for personal integrity and as a leader who, according to a recent Harris poll, "feels deeply about less-privileged people and is genuinely trying to help."

It has been said of Charles de Gaulle, the war hero, that he was the only man who could have solved France's Algerian agony by the most decisive means — withdrawal, which the French military would never have accepted from a civilian head of government.

In ending decades of enmity to People's China, Richard Nixon, once the hardliner's hardliner of anti-communism, reversed American policy with a decisiveness that possibly no other leader — certainly no Democrat — could have achieved.

It is just possible that Jimmy Carter, with his populist instincts and image and as a Democratic president with a Democratic Congress, may be the best choice to make the country take, if not like, the bitter economic medicine now required.

He could be his own program's strongest asset.



# THE BUCK ENDS HERE

Ivan D.E. Beaumont

## Incredible Hulk?

Green? —

Ron Badberg has a new item on his sandwich menu at Dean's cafe in Nebraska City:

"Incredible Hulk...$2.25."

"Y-E-E-O-O-W-W!"

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The family pet —

This is a dog-gone good story. It's about a family named Alexander at St. Paul, Nebraska. Mrs Darlene Alexander wrote to Andy Kreifels, sent a picture and asked if he could help her locate another dog, of similar breeding.

Mrs Alexander explained that the family pet, "Cuddles" is dead. She said the Alexanders got the pup (the runt to be exact) from the Kreifels family three years ago.



"Cuddles" with two of the Alexander children.

Mrs Alexander said in her letter that the family has been lost without the dog. She asked for help to get the children another dog like Cuddles.

Mrs Kreifels said they still have their dog, Gigi. All of the six pups were given away and the family planning was taken care of by a veterinarian.

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Favorite wins —

Hal Foster, creator of the comic (?) strip "Prince Valiant" won a top award from the National Cartoonist Society at a recent meeting.

Thanks, judges... it's about time. We read Prince Valiant the first thing every Sunday, then go to Blondie and Dennis

Mr Foster was unable to attend the New York ceremony, so the award was accepted by John Murphy who collaborates on Prince Valiant. Mr Murphy, by the way, sports a van dyke which was popular in the Prince's days.

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Subscription agents —

The News-Press is offering more assistance to new subscribers or readers who wish to renew their subscriptions. We have added a number of new agents who are making calls.

The subscription sale by the News-Press is the oldest annual sale held in town. Our readers have responded over the years and so we try to improve the service.

And, in our business names make news and that's what we are offering readers. The newest is Mrs Jack (Janet) Whipple of rural Thurman. Her phone number is 374-2788 The Whipples have five grown children.

Jack is a pilot and flies Cessnas at Grundman airport in Nebraska City.

The names of the other sales agents appear in the ads announcing the discount and annual sale We're pretty proud of the people who work for our newspaper They're people you know and they are known by other readers. They make up a valuable part of the newspaper staff

They are: Mrs Adola Kirchhoff, Talmage; Mrs B. A. Johnson, Syracuse (son, Chuck, works at the N-P), Mrs Willis Knake, Nehawka; Mrs George Martin, Union (son, Don, is with the NC police department), Kathryn Stoner, Unadilla; Mrs Keith Penney, Percival; Mrs Ralph Dowding, Palmyra; Mrs Harry Kastens, Otoe (she's trying to beat her own record of last year);

Debbie Aistrope, Hamburg; Jean Castle, Lorton; Mrs Vernon Kreifels, NC; Connie Driever, NC (she is also working part-time at the N-P making mechanical changes in the mailing system of papers); Mrs Alice Wehling, Paul (remember the pigeon dinners at the Paul tavern?); Mrs Larry Roll, NC; Shirley Hodges, NC, and Karen Churchill, NC.

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She is free —

The Christmas edition of the Pacific Daily News published on the island of Guam carried a story about a Vietnamese woman who escaped from Communism and her native country, spent eight days at sea and swam to shore in Malaysia, a free woman.

She is Kim Chee, married to Lon Bottcher, son of Mr and Mrs Ed Bottcher of Talmage. Kim worked as a translator for the U.S. Military Intelligence Branch before the fall of Saigon.

The newspaper carried a story about her ordeal on Christmas of 1975. Twenty-four refugees boarded the small fishing boat that later developed engine trouble and drifted aimlessly at sea for several days.

Kim came to Nebraska to visit a friend, Mrs Dennis Bohlken She met Lon Bottcher, a teacher who was home on leave from Guam. They later married and now make their home on Guam where he continues as a teacher in the JFK High School

"There's a granddaughter now," Ed said "We hope they will come home this summer "



# HEALTH

Lawrence E. Lamb, M.D.

## Hiatal hernia problem

By Lawrence Lamb, M.D.

DEAR DR. LAMB — Several months ago my doctor sent me for an X-ray examination of my lungs After the technician looked at my X rays, he called my doctor and had a conference after which they did a stomach X ray that showed that I have a hiatal hernia.

I went to my doctor afterwards and all I got was words. He didn't show me my X rays or point out my problem I was in hopes of seeing a chart I paid for the X rays but didn't get to see them. My disappointment showed.

I am overweight but it's been my problem for years I am eating very small portions. I can't eat as before I get bloated and belch a lot I don't regurgitate even when I wake up to go to the bathroom. I don't eat after 9 p.m. What should I do and what can I expect?

DEAR READER — While I understand your disappointment, your doctor probably didn't realize that you wanted to look at your X rays.

Your disappointment really reflects a persistent problem between patients and physician. Patients need and want relatively detailed information about their medical problems and literally to be educated about them. To provide this service sometimes requires quite a bit of time.

If the doctor were to spend this much time with an individual patient, he would have to charge a great deal more than he does As you probably know, medical expenses are already high enough.

I am sending you The Health Letter number 4-8, Hiatal Hernia, Esophogeal Reflux. Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it. Send your request to me in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10019

This particular issue has a diagram in it that will show you what a hiatal hernia is. Yours probably varies in the amount of the stomach that herneates through your diaphragm, but the basic principle will be the same. I suspect that the X-ray technician saw something that looked like a portion of your stomach on the chest X ray and that's why he asked to do the stomach X rays.

There is a lot that you and other people with a hiatal hernia can do to relieve symptoms The small meals that you mentioned are important Not lying down immediately after meals is also important Keeping the head of the bed elevated when you sleep is useful and you shouldn't wear anything tight or constricting around your waist The Health Letter I am sending you discusses all these and other living habits that are important in learning to live with a hiatal hernia

I am not sure why you are bloated If you belch, it suggests that the gas may be trapped in your stomach. This may be associated with swallowing air That's not necessarily related to your hiatal hernia Anything, however, that distends your abdomen, whether it is gas in the colon or gas in the stomach, can contribute to the pressure in the abdominal cavity This pressure helps to push the stomach through the diaphragm.

Perhaps you need to check into this a little further and make sure that you are not an air swallower Many people are and don't know it. A good way to check would be to hold an eraser between your teeth. It is difficult to swallow air while you are doing this That way you can identify if you have this habit or not If you do, putting an eraser between your teeth may help train yourself out of it.

# Berry's World




*"You'll thank me in the morning. I'm simplifying your life."*

### *News in Brief*

WASHINGTON (AP) — After a temporary dip, consumer prices in the world's industrial countries are rising again. The International Monetary Fund said Thursday the annual inflation rate for the 14 countries was 7 percent in October. It had been 6.5 percent last spring and 6.9 percent during the summer.