Nebraska City News-Press

PARK NEWSPAPERS OF NEBRASKA, INC.
Roy H. Park, President

Vol. 125 No. 34 Sunday, December 24, 1978

Publication, News and Business Office, 123 South Eighth Street, Nebraska City, Otoe County, Nebraska 68410

Ivan D E. Beaumont - General Manager & Editor

John Quinlan — Managing Editor
Susan Quinlan — Society Editor
Mrs Judith Huebner — Circulation Manager
Jerome Keran — Plant Superintendent
Chuck Johnson — Commercial Printing
J Hyde Sweet — Editor and Publisher 1909 1964
Arthur R Sweet — Editor Emeritus

VIEWPOINT

A bundle from Bonn

Somebody out there still has faith in the U.S. dollar

Some $4.3 billion worth The faithful are West German investors, largely banks and similar big-money institutions, eager to part with the equivalent in marks (8.68 billion) for the first-ever public offering of U.S. government bonds denominated in a foreign currency, oversubscribing the Treasury's $1.5 billion issue by almost 200 percent

The quick sellout raises not only funds to bolster the deflated dollar, but expectations for subsequent similar offerings planned for West Germany, Switzerland and possibly Japan. The buyers are promised repayment at attractive interest rates in their own currencies — which means that they and the Treasury are betting the dollar will have recovered sufficient strength by the time the issues are due, in three to four years, to cover the marks, francs and yen owed.

The goal of the nondollar issues, set in President Carter's save-the-dollar program of Nov. 1, is to raise up to $10 billion worth of strong currencies with which to buy up excess dollars whenever heavy selling in the foreign exchange markets threatens further declines in value.

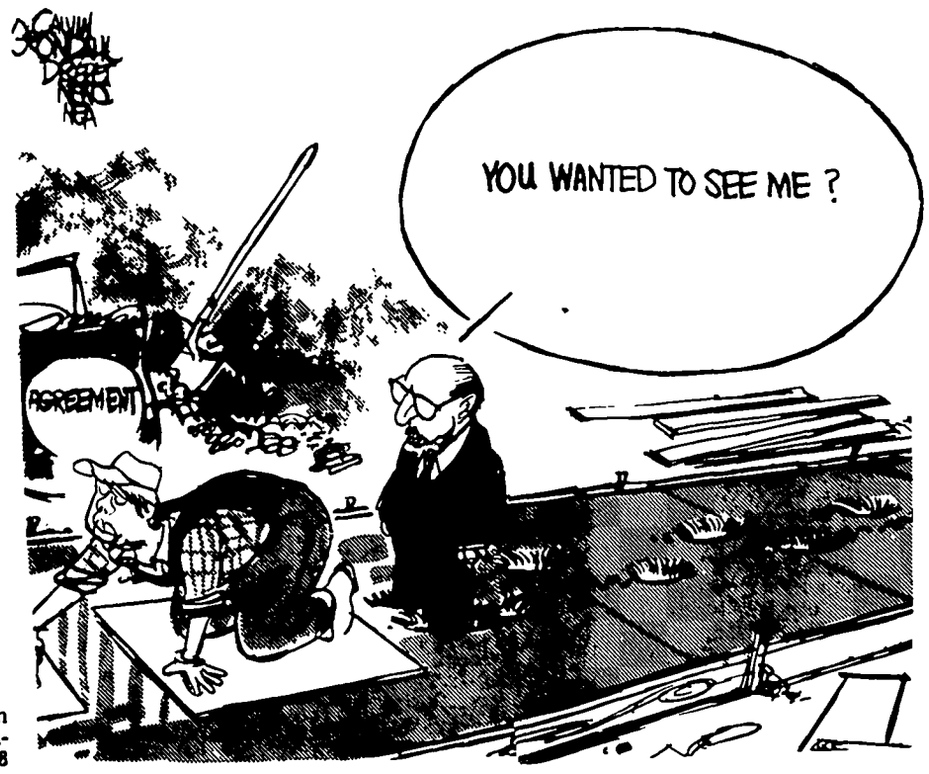
So far so good. Back home, however, it's still not so good The administration's wage-price guidelines seem to be rapidly losing their way. Instead of the recommended 7 percent, an educated estimate by the respected Conference Board puts wage and benefit gains at a likely average of 11 percent during the coming year. Already speculation is being heard as to when the policymakers will give up on voluntary wage-price restraint and ask Congress for mandatory controls

The overall inflation rate for the year, helped along generously by the latest OPEC oil-price hike, by most estimates will top 8 percent

There is also increasing talk of a recession in our near future The Conference Board, a nonprofit economic research organization, in a survey of 1,600 business leaders found confidence in the economic future at a new low with the possibility of a recession in 1979 a major determinant in the generally gloomy outlook.

So it has been going Which makes one wonder what the West German investors know or think they foresee that we do not Or it may be purely and simply faith. What their enthusiastic reception of the bond issue clearly demonstrates is an abiding confidence in the U.S. economy, for all its problems still far and away the world's most potent.

Maybe the managers of and participants in that economy could do with a little more of that faith themselves.





Martha Angle and Robert Walters

IN WASHINGTON

Refugee responsibility

WASHINGTON (NEA) - The worst thing about the plight of the Vietnamese "boat people" — both those who survive the perils of the sea and those who do not — is the depressing familiarity of their saga

The 2,500 refugees stranded aboard a freighter off Malaysia, and more than 200 of their less fortunate compatriots who died when their smaller boat capsized have made headlines here and around the world

But they are neither the first of their kind nor the last to escape unbearable oppression in their homeland and risk harrowing danger on the open seas only to find that the welcome mat they had hoped to find in the "free" world has been hastily withdrawn

More than three years after the Communist takeover in Indochina, every nation within walking distance or boat range of Vietnam, Cambodia and Laos is swamped with refugees from those nations with more arriving daily

Thailand and Malaysia have borne the brunt of the refugee tide and, with ample problems of their own, both nations have grown understandably edgy about offering a haven to the fleeing Indochinese

And while the United States has a special responsibility to these helpless thousands, we have not always lived up to that obligation

Indeed, after the initial wave of Vietnamese who came to this country following the fall of Saigon in 1975, the United States has been less generous than other countries — especially France — in accepting additional refugees

The fact is that our existing laws governing the admittance of refugees are woefully outdated and completely inadequate to cope with a continuing problem of the sort that has developed in Indochina

Sen. Edward M Kennedy, D-Mass , has been trying for 10 years to persuade Congress to change the law to permit greater flexibility, but his efforts have been stymied by the House, where Rep. Joshua Eilberg, D-Pa , ruled over the immigration subcommittee

The Carter administration has been slow to acknowledge the necessity for legislative reform, apparently hoping the Vietnamese refugee problem would subside. Each year, the administration has set a modest quota of cases for which the Attorney General would use his parole authority to admit Indochinese refugees — and each year the quota has been filled almost as soon as it was established.

Now that Eilberg has been defeated, a major obstacle to legislative reform has been removed. Atty Gen. Griffin Bell and other administration officials are working closely with Kennedy to develop new laws that would substantially enlarge the "normal" annual quota of refugees the United States can accept and give the government flexibility to meet emergency situations like the recent Hai Hong boat case.

Public attitudes towards the Indochinese refugees tend to be mixed. Most Americans respond with an outpouring of sympathy and concern for specific, clearly identified groups of desparate refugees like the Hai Hong boat people Yet there is considerable hostility and fear towards the refugees in general — a suspicion that they will take jobs away from Americans add to our welfare burden and become an undigestible lump within the body politic

Experience suggests such fears are grossly exaggerated It costs an average of $1,000 per refugee to bring them to the United States and another $2,000 per person to help them settle here in the first year After that, the vast majority of Indochinese refugees make it on their own and quickly repay in taxes what the government has spent on them

No one is suggesting that the United States assume sole responsibility for rescuing the thousands fleeing from Vietnam Cambodia and Laos Other nations should and will continue to help out But we clearly can and must do more than we have been able to thus far, and the president and Congress need to face up to that responsibility



CHOICES

Karen Blaker Ph.D.

Alone at Christmas

People are generally afraid to be alone on holidays. And with good reason.

One is not supposed to be a loner during this season, especially We have been taught to feel like abysmal failures if we cannot scrounge up at least one acquaintance for company

As a result, some people — like the young woman in the following hot-line excerpt — rush into holiday plans that are less than satisfactory merely to avoid spending the day alone (Personal information in all hot-line excerpts has been changed to protect the caller's confidentiality)

JAN I have been feeling very depressed lately I've tried to call the hot-line but you have been so busy What's the story?

COUNSELOR The phone lines are always busy around the holidays I guess it is an upsetting time for many people

JAN Well, this Christmas is not going to bother me like last year's I had just moved to the city I was all alone I sat in my apartment and cried

COUNSELOR You said it will be different this year?

JAN Yes Even though Christmas is two weeks away, I have already made plans. I won't be lonely this year I'm going to make dinner for my girlfriend's husband She will be out of town. I volunteered and he accepted the invitation to come over

COUNSELOR You don't sound very excited

JAN. That's probably because I am generally depressed.

COUNSELOR But how do you feel about cooking dinner for your friend's husband?

JAN. Okay, I guess

COUNSELOR You seem rather reluctant to talk about him.

JAN: I am. I hate to admit it, but I don't like him very much. I didn't realize it until now, but I am not very happy about spending several hours with him. He usually ridicules me, then does an about-face and starts being seductive. Maybe he is attracted to me because I am single but doesn't trust me because I am his wife's best friend.

COUNSELOR Instead of trying to understand him, let's try to understand why you made plans to spend Christmas with him.

JAN: I guess it was the first thing I thought of.

COUNSELOR Anything not to be alone?

JAN: Right But now I'm depressed about Christmas because I know I'll be miserable even though I won't be alone. The more I think about it, the more I realize this Christmas has the makings of a real disaster

COUNSELOR. What do you mean?

JAN If he is seductive and we are at my house — well, something might happen It's even possible I could lose my best friend

COUNSELOR The more you talk, the more negative you sound about your plan.

JAN I know now I can't go through with it. But how am I going to get out of my offer without hurting anyone's feelings?

COUNSELOR. I don't know, but you'll find a way if you are convinced that spending Christmas with him would be even worse than spending it by yourself

JAN· It would be worse than staying home alone

In her desperation to avoid being lonely on Christmas, Jan failed to consider the negative realities of her relationship with the person she chose as company for the day The counselor helped Jan get in touch with her real feelings, enabling her to decide that even another Christmas alone would be preferable to a Christmas spent with her friend's husband.

Strike back against depression — not only during the holidays but all year long. Write for Dr. Blaker's new hotline, "Fighting Depression." Send 50 cents plus a stamped, self-addressed envelope to Dr Blaker in care of this newspaper, P.O. Box 475, Radio City Station, New York, N.Y 10019. Be sure to request the newsletter by name.

Dr Blaker cannot take telephone calls from her readers. However, there are hundreds of crisis intervention phone lines in the United States. For the phone number of one near you, contact your local mental health association or mental health information service.

Happy Holidays!

FORTY YEARS AGO
—1938—

A Christmas cartoon by Herblock and an editorial by Bruce Catton were on the front page of the Christmas Eve edition of the News-Press 646 Otoe county families received surplus commodities distributed by a county program Errol Flynn, Basil Rathbone and David Minogue became the 14th victim of gangland vengeance in the city since May as assassins shot at him from a moving car

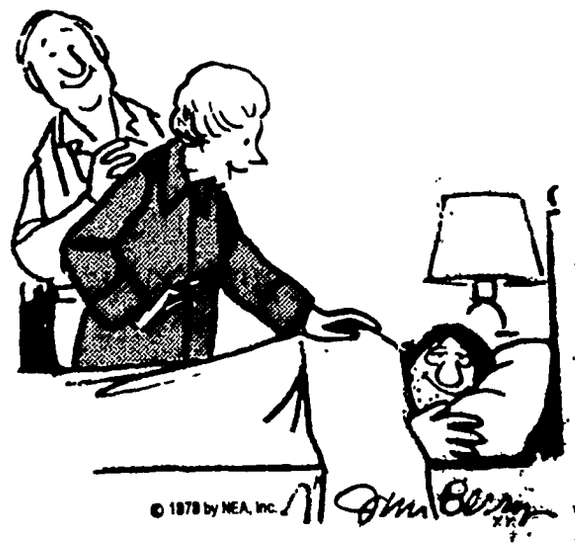
TWENTY-FIVE YEARS AGO
—1953—

Ray Mayfield and Bill Mehrens led Nehawka with 17 and 15 counters, respectively, to a 47-38 win over Weeping Water Lyle and Dick Nannen posted 23 and 18 points, respectively, to lead Syracuse past Talmage, 84-30 Dr Milo Bail was handed a new three-year contract as president of Omaha University .Nebraska taxes was the choice of United Press newsmen as the biggest state story of 1953 Creighton dropped Denver University, 65-60.

TEN YEARS AGO
—1968—

Nearly $7,000 was donated to each Nebraska City public library and the senior high school library The money was in the Sterling Morton prize essay contest trust fund which was closed Kimberly Kay Winkler, daughter of Mrs Nancy Winkler and the granddaughter of Mr and Mrs Bob Meredith, was pictured with some of the items to be sent by the Women's Relief Corps to the Nebraska Childrens Home in Omaha Darrell Allgood was elected president of the Jaycees for the new year

Berry's World



"Time to wake up! Daddy can't wait to go and see if Santa was here!"



Ivan D.E. Beaumont

THE BUCK ENDS HERE

The men in back

Sh .h..h..

Two children were sitting together in church when one scolded the other for being noisy

"You're not supposed to talk in church," the eldest said

"Why not?" asked the second lad

The first youngster pointed to the men at the back of the sanctuary and said "Do you see those men back there? They're hushers "

+++

Congratulations —

to Jane Porter, daughter of Mr and Mrs Mort Porter and Jody Hermann, son of Mr and Mrs Gene Hermann, on their selections as Holiday dance queen and king

+++

The NU gift —

When the University College of Dentistry asked for help from the profession to build a museum, Dr E J Kotab of Nebraska City responded

And he answered with the affirmative because the Nebraska campus is the ole' stompin' grounds Dr Kotab graduated from the University in 1931 and has been a dentist in Nebraska City since

+++

So long, Hannah —

Mrs Allen (Hannah) Paap, Otoe who has been office secretary and all-around helper and adviser in the county school system for 20 years will retire this week

Hannah will be missed by the courthouse family and the regular callers at the county superintendent's office She will be missed also by the News-Press reporters who have called upon her knowledge of the county school system on many occasions

Her successor is Mrs Eddie (Nina) Kreifels, 309 So 16th St

+++

The news? —

Perhaps one of the best-read stories of the past week came from Salem, Ore., where a wife charged her husband with rape She hopes the trial will get other women to report physical violence

A number of years ago there was another best-read story of an incident that occurred in San Francisco A sailor claimed he was forced to yield to the demands of his three female kidnapers

A typical sailor, he could remember everything, except what they looked like

+++

Thanks guys, gals —

We want to say thanks to the folks at the Nebraska City post office for doing their jobs so well during the busiest season of the year

We thought we had planned so well so early, but "I forgot" came up several times and it required mail service before Christmas

You came through. Thanks much for a great job. We'll try to organize better next year

+++

The marker —

Police would like to know who took the bronze plaque from the Sixth Street school The plaque was presented by the Woodmen of the World nearly 30 years ago marking the location as the site of the first high school in Nebraska

We don't know why anyone would rip off that historical marker, but we do know that it is wanted and should be returned

Anyone with information about the marker should call Police Chief Kent Roumpf at 873-6666

+++

Surprise, mom!

This little fellow returned from a shopping trip and ran into the kitchen and into the arms of his mother to explain his excitement

'Mom mom ' he said, "guess what I got you for Christmas"

"Now Johnny ' soothed the proud mother 'You don't want to tell what you got for me That would spoil the surprise '

"Okay Johnny said, "but how about a hint? It's something you can wear on your ears

+++

Merry Christmas

Today In History

By The Associated Press

Today is Sunday, Dec 24, the 358th day of 1978 There are seven days left in the year

Today's highlight in history

On this date in 1814, the United States and England signed the Treaty of Ghent in Belgium ending the War of 1812

On this date

In 1524 Vaso da Gama, the Portuguese navigator who discovered the sea route to India died

In 1650, Edinburgh Castle in Scotland surrendered to the forces of Oliver Cromwell

In 1866, a secret order called the Ku Klux Klan was organized in Pulaski Tenn

In 1942 the French administrator in North Africa, Adm Jean Darlan, was assassinated in Algiers during World War II

Today s birthdays Choreographer Robert Joffrey is 48 Shortstop Frank Taveras of the Pittsburgh Pirates is 28 Cardinal John Patrick Cody of Chicago is 71

Thought for today I don't mind living in a man's world as long as I can be a woman in it actress Marilyn Monroe 1926-1962



HEALTH

Lawrence E. Lamb, M.D.

Body fat insulates

DEAR DR LAMB — I am a 61-year-old man A year ago I was diagnosed as having an acute myocardial infarction. I have arteriosclerotic heart disease

I know this means damage to the heart muscle What are my chances for a complete recovery? I weighed 178 pounds when my attack occurred. I am 5 feet 10 I am now down to 149 pounds and my doctor's content and wants me to hold between 149 and 155.

I follow my diet rigidly, no animal fat I only use corn oil or corn oil margarine for cooking No fried foods, I walk one mile in the early morning and one mile in the late evening. Except for slight pain over the extreme upper left portion of my heart, under my left armpit and along the upper portion of my left arm, I feel fine Sometimes I have mild shortness of breath and weakness.

I take three Librium daily and I also carry Nitroglycerine tablets in case I have heart pain, but I seldom use them.

My big problem seems to be circulation Last winter, I nearly froze. My feet were like icebergs in spite of heavy wool socks which I wore and I had to wear thermal underwear all winter even in 60 degree temperatures. Can anything alleviate this? Perhaps I'm expecting too much too soon I don't have high blood pressure or diabetes. My doctor seems satisfied with my progress Would you please comment on my situation?

DEAR READER — First, congratulations. It takes a lot of effort to get rid of 28 pounds, but it was the best thing you could have done for your heart I am not really sure what your weight should be because the important measurement is not in pounds. It depends on how much fat is under your skin

If you still have an appreciable amount of fat around your waist or abdomen, then you still have some fat you could lose I'm convinced that people who have high blood pressure, heart attacks or diabetes should do everything they can to get rid of every last excess pound of body fat they have

Many people don't lose all the fat that they should and those last few pounds of fat can make the difference in lowering blood pressure, lowering high blood cholesterol levels and decreasing high blood sugar levels So take a good look at yourself and feel how much fat is under the skin before you decide you've lost all the fat that you need to lose

To give you some additional information on what you might expect after a heart attack, I am sending you The Health Letter number 2-12, After The Heart Attack. Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it Send your request to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

You may be right in saying that you're cold because you have poor circulation, but you've also lost your internal thermal underwear A layer of body fat is a layer of insulation and fat people seem to be able to tolerate cold weather better than thin people do

There is probably a limited amount that can be done to help you with this problem except to suggest you try mild exercise within the limits of your heart condition when you feel cold When a person feels cold and gets up and moves around and does a little work, it generates body heat More importantly, it causes an increased blood flow to the skin This helps him feel warmer

Second class postage paid at the Post Office in Nebraska City, Nebr No. 375960 Published every evening (except Saturday) and on Sunday.

MEMBER Nebraska Press Association, Inland Press Association; National Editorial Association Audit Bureau of Circulation. Leased Wire Service of the Associated Press and NEA Feature Service.

Reproduction in whole or in part of the contents of the Nebraska City News-Press is expressly forbidden unless prior permission is obtained

CIRCULATION RATES Single copy, 15 cents by carrier, $3 a month in advance; by mail in Nebraska City trading area, $28 00, outside trading area $36.00 per year

The Prayer For Today From The Upper Room

In Bethlehem, the time came for her to have her baby She gave birth to her first son, wrapped him in cloths and laid him in a manger — there was no room for them to stay in the inn (Luke 2 6-7 TEV)

PRAYER Thank You, Father, for the warmth that has come from the stable at Bethlehem We are grateful for that warmth that can change lives Amen

WHY CHRISTMAS ALMOST WASN'T — *By Jack Kent*

