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A Washington connection

President Carter has been a vocal critic of the "revolving door" that allows federal officials to trade on their public service experience and contacts when they leave government for private employment.

But when one of Carter's senior White House aides recently quit his job, he promptly became affiliated with one of Washington's most politically oriented law firms.

Partners in that firm; O'Conner & Hannan, then proceeded to quietly pass the word around this city that an erstwhile member of the president's staff with superb White House connections had become associated with their firm.

The lawyer is De Jongh Franklin, who served as Carter's liaison with the business community during much of 1977 and 1978. He previously was a partner in an Atlanta firm, but says he now expects to spend more time in Washington than in Georgia.

Not much to brag about

With the results of the 1978 primary elections now tabulated, Hawaiians win the year's "good citizenship" award and Kentuckians get the booby prize.

More than 44 percent of all eligible voters participated in Hawaii's primary, ranking the state first in the nation in voter turnout. In last place was Kentucky, where slightly more than 6 percent went to the polls.

Those figures come from an analysis of voter turnout just compiled by the Committee for the Study of the American Electorate, a bi-partisan, Washington-based research organization concerned aboaut the continuing decline of voter participation in elections during the 1960s and 1970s.

Even Hawaii's percentage is nothing to brag about, because almost 56 percent of all potential voters in that state didn't go to the polls.

The survey excluded 16 states where either no primaries were held or only one party had primary contests. Among the remaining 34, only 10 states recorded participation of 30 percent or higher: Alabama, Alaska, Arkansas, California, Hawaii, Montana, Oklahoma, South Dakota, Tennessee and Wyoming.

At the other end of the scale, turnout fell to an abysmal level — below 20 percent — in 12 states: Arizona, Georgia, Illinois, Iowa, Kentucky, Maine, Michigan, New Hampshire, New Jersey, Ohio, South Carolina and Wisconsin.

AS TIME GOES BY

Youngsters enroll

FORTY YEARS AGO
—1938—

The Otoe county board said it would replace broken wooden supports of the east Fourth Corso bridge with steel supports .45 Otoe county youngsters were enrolled in three 4-H baby beef clubs to gain practical experience in livestock feeding...Frank Olson, 16, Palmyra, and Anna L Wellensiek, 15, Syracuse, were named the best Otoe county young citizens of 1938...Actor Mickey Rooney attended the Nebraska - Missouri game in Lincoln with Omahan Marian Hughes. Missouri won, 13-10

TWENTY-FIVE YEARS AGO
—1953—

County Treasurer Henry Schemmel mailed 8,000 envelopes containing 14,954 real estate and personal property tax statements to Otoe countians Apple Bowl Queen nominees included Kathleen Schulte of Burr, Harriet Johnson of Elmwood and Carol Ann Guenther of Dunbar Former County Superintendent Wayne O Reed was dispatched to Europe by the U S commissioner of education to see about schools for the children of army personnel in France, Germany. Austria and Trieste

TEN YEARS AGO
—1968—

Paul Morehead, son of Mr and Mrs Jack Morehead, received his Eagle Scout Badge Mrs Dan Ostransky was the winner of Hested's "Misspelled" word contest. Major Earl H Webb of Nebraska City received the Soldier's Medal and Bronze Star in recognition of his courageous actions in Vietnam Carlene Neeman, daughter of Mr and Mrs Carl Neeman of Nebraska City, entertained friends at a Halloween party at the Neeman home Among candidates for the Miss Nebraska City Scholarship pageant were Linnea Beason, and Nancy Golden, Beverly Rawlings, Kathy Vondrak all of Nebraska City.

HOW TO CONTACT YOUR LEGISLATOR

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The Prayer For Today From The Upper Room

An athlete is now crowned unless he competes according to the rules. (2 Timothy 2:5 RSV)

PRAYER: Our heavenly Father, help us to obey Your rules in the game of life. In Jesus' name. Amen.





Martha Angle and Robert Walters

IN WASHINGTON

Hughes mows 'em down

WASHINGTON (NEA) - It is a reasonably safe bet that six weeks ago, the President of the United States had neither the slightest notion who Harry R. Hughes is nor any reason to rue his ignorance

Yet in Baltimore this week, Jimmy Carter will be touting Hughes as the greatest thing to hit the state of Maryland since the first blue crab swam up the Chesapeake Bay

For Hughes, as it happens, is almost certain to be the next governor of Maryland — a development hardly anyone, including the 52-year-old Democratic nominee, would have predicted until the primary election votes were counted Sept. 12

Harry R Hughes of Maryland may well be the archetypical candidate of the 1978 elections — the fellow who came out of nowhere to beat the smart-money, the sooth-sayers and the big-name favorites to win nomination to statewide office.

As was true in other states where upsets occurred, Hughes won because of purely local factors, not because of some sweeping national trend. That is why it has been so hard to draw any message from the 1978 primaries, or to fathom their significance for next month's general elections.

In Maryland, what counted this year was corruption. The state's last two governors, Spiro T Agnew and Marvin Mandel, wound up as convicted felons, and Marylanders were weary of scandal, of shame They were looking for a clean break with the past

Acting Gov Blair Lee III, the wealthy patrician who had been favored to win the gubernatorial nomination, had never been touched by the scandal which eventually swallowed Mandel But he served two terms as Mandel's lieutenant governor, and that, it seems, was association enough.

The only challenger expected to give Lee a real fight was Baltimore County executive Ted Venetoulis, who tried to use the corruption issue as his ticket to the state house. But Venetoulis came across to the voters as overly ambitious, excessively slick, more than a little shrill.

It did not help that Venetoulis was a Greek-American occupying the same job — Baltimore County executive — that Agnew held before becoming governor in 1966 It did not help, either, that the Democrat who succeeded Agnew in the county post wound up — like him — a convicted felon. Venetoulis ran a clean shop, but it did not help.

Harry Hughes — quiet, unassuming, thoughtful — had none of the personality drawbacks of Lee, whose acerbic humor irritated many, or Venetoulis, whose shrillness made enemies But more importantly, Hughes was the only candidate who had actually done something on the corruption issue

A former state senator who served six years in Mandel's cabinet as secretary of transportation, Hughes quit his well-paid state job in protest a year ago when he felt Mandel was improperly seeking to influence the award of a huge Baltimore subway contract.

Early in the primary, one Baltimore machine politician contemptuously dismissed Hughes as a "lost ball in the tall grass." But Hughes found himself a terrific lawnmower Three weeks before the election, the Baltimore Sunpapers endorsed him and insisted he should be taken seriously. They repeated the endorsement over and over, and the voters listened.

Ordinarily, the Republicans might have a good shot at the governorship this year, given the sour aftertaste of the Mandel conviction Their candidate, former U S. Sen. J. Glenn Beall Jr., is well known and well liked.

But Maryland is a heavily Democratic state, and Hughes has given Democrats something to cheer about again. Even those who had never heard of him before Sept. 12 rejoiced in his victory. Sentiment still counts for something in politics, especially in a state so weary of cynicism. And Harry Hughes, underdog, is everybody's sentimental favorite now

BEAT THE BUREAUCRACY

Howard K. Ottenstein

Sound off to Uncle Sam

(Sixth of 18 parts)

By Howard K. Ottenstein

When is the best time to complain about a government regulation you consider unnecessary, inadequate, inefficient or just plain stupid? Before that regulation takes effect, of course.

Federal agencies frequently welcome comments from the public on proposed regulations.

The place to find about these proposals is the daily Federal Register, a volume whose girth and small print has discouraged many a potential reader. But patience in wading through the publication can pay substantial dividends.

A suggested regulation — that is, a directive formulated by the executive branch to implement a law enacted by Congress — generally appears in the Register from one to six months before it is due to take effect. The Register prints the proposal in full, and indicates how the public can make its opinions heard.

Though citizens are most often asked to submit their views in writing, they are sometimes able to present their cases orally before panels of government experts. A well-documented argument has led to more than one alteration of a regulation.

Keep your ears open to learn of proposed regulations before it is too late to change them. Consumer-oriented newspaper columnists are often good sources of information about such government plans.

Because the Federal Register can be a difficult document for the average citizen to use, the National Archives and Records Service conducts several public workshops each year entitled, "The Federal Register — What It Is and How To Use It." Though most of the workshops have been held in Washington, more and more are now being offered elsewhere throughout the nation.

For information on upcoming workshops and a free Federal Register educational kit, write the Office of the Federal Register, National Archives and Records Service, General Services Administration, Washington D.C. 20408. Enclose a self-addressed gummed label.

Congressional committees, as well as federal agencies, are eager for suggestions and constructive criticism on government programs.

You can, of course, offer your comments in a letter to the appropriate committee. Consult the "Congressional Directory" for a listing of all Senate and House committees and subcommittees. You can simply address all letters to House units in care of the House of Representatives, Washington D.C. 20515. Letters to Senate units should go to the U.S. Senate, Washington D.C. 20510.

You may also be able to express your concerns in person at a congressional hearing held right in your town.

Don't think congressional investigators only visit such popular tourist cities as Miami or Honolulu. A House committee studying elimination of Saturday mail delivery recently held hearings in such typical American towns as Davenport, Iowa, and El Paso, Texas.

Sessions such as these are announced in the Federal Register and Congressional Record, a daily account of House and Senate activities, as well as in the local news media.

Many public libraries subscribe to both the Federal Register and Congressional Record.

In addition, the publications are among the many federal documents housed at the nation's 1,204 federal depository libraries, which include all state libraries and libraries at land-grant colleges. For more details on the depository library system and a listing of all 1,204 libraries, request a free copy of "Government Depository Libraries" from the Library Division, Government Printing Office, Washington D.C. 20401.

News in Brief

WASHINGTON (AP) — A federal agency says it has levied record health-safety fines totaling $155,000 against an Indiana lead factory for alleged violations of rules protecting workers from lead exposure

The Occupational Safety and Health Administration said Thursday it has fined the Beech Grove, Ind., plant of NL Industries Inc., which produces lead for batteries.



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Never too early

Merry Christmas —

Yes, it's still October, but never too early to start planning for Christmas.

Nebraska City retailers are making plans now and those plans call for more attention to the little folks. Santa will be on the streets more frequently during the shopping season and every night the week before Christmas...especially to meet with the Little People and hear their wide-eyed wishes.

Gary Friesner of Brown Shoe Fit is chairman of the retail trade committee. Gary and his group of business people hope you will look forward to and enjoy the fun this season.

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The band —

Congratulations to Bill Harshbarger and the Pioneer bandsmen for top honors at the Peru State homecoming band event.

Mr Harshbarger's charges have done an excellent job at football games (I like the way they sweep onto the field), the pep band is..ah... certainly loud and we are looking forward to the first stage band concert.

The success of bandmasters must be a great feeling. We remember when we thought there'd never be another drummer like Lennie Lehman. .and then came the youngest Sharp boy, Victor Johns and a number of others.

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Hospital bazaar —

Congratulations to the chairmen and committee for the successful St Mary's hospital bazaar held at Memorial Building Mrs Duane Hall and Mrs Kermit Holmes were co-chairmen and they had a host of helpers.

The bazaar earned $5,000. The money will be used to purchase hospital equipment.

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Goodby Bischof's —

The auctioneers' steady rhythm sounded Saturday and Sunday as Nebraska City's longtime Bischof Hardware sold the last of its merchandise.

Bischof's had been in business 110 years in Nebraska City The auction marks the end of a prominent family store. The News-Press will miss dialing 873-6026 and asking for Harry to come over and take care of an electrical problem.

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Ker-pow! —

It had to happen at least once during the football season, but who would have ever guessed it would happen THREE times.

Raymond Wellensiek; Cook, scored a perfect card in the weekly football contest in the News-Press a couple of weeks ago. Then, ker-pow! Brad, Mead, 1820 Third Avenue, won the following week with a perfect card and second place went to Ronnie Brockhaus, 701 North 16th St. who also had a perfect card. The difference between first and second (and $25 and $15 in cash) was the tie-breaker scores.

There's still a couple of weeks left in the contest sponsored by Nebraska City businesses Watch your Monday News-Press for the next contest

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Laurie —

The story in the paper the other day told about the success of 18-year-old Laurie Chamberlain and her awards at the Arabian Horse Association

Laurie is one of the four daughters and two sons of Mr and Mrs Earl Chamberlain of near Dunbar She sets "type" on our cold typesetting operation at the News-Press following in the footsteps of her older sister, Chris, now Mrs Larry Miller of Severy, Kansas.

The Chamberlain children have 13 Arabians, quarter horses, Pintos, and Appaloosas. They hold a special affection for their animals and use them for plain old horseback riding and a lot for show in other horse competition Sister, Janene, 12, is also deeply interested in horses.

Laurie has been riding since she was five and she hopes to continue her active interest in horsemanship. She's a well informed conversationalist on the subject of breeds, qualities, horsemanship and competition.

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The thief —

Didya read the News Press story the other day where a silly thief stole 30 bags of cement from a construction site near Unadilla?

I've heard about getting stoned or plastered but concrete-ed?



HEALTH

Lawrence E. Lamb, M.D.

Digitalis aids failing heart

DEAR DR. LAMB — I wonder if you could explain what effects digitalis has on the body after a person has had a heart attack?

DEAR READER — Digitalis is one of our oldest and best medicines. Originally, it came from foxglove. It's value was first discovered when a famous British physician observed that a lady in the country cured people of dropsy, or swelling, by giving them tea made from foxglove.

This is a classic example of herbal medicine. The British medical profession was outraged when the doctor first tried to introduce digitalis into the treatment of dropsy. There have been an enormous number of refinements since then, including the chemical synthesis of products which have the same action with fewer undesirable side effects.

Digitalis usually is used to strengthen the force of contraction of the heart muscle. It is able to do this because of its chemical action directly on the heart muscle cells. When this occurs, the stronger contraction of the heart muscle enables the heart to pump more efficiently. Digitalis does not increase the strength of contractions unless the heart muscle is already weakened or, as we call it, failing.

Failing of the heart muscle results in the accumulation of fluid in the lungs, causing shortness of breath, or the accumulation of fluid in the ankles and abdomen.

I hasten to add that there are many causes for swelling of the feet and ankles that are totally unrelated to heart disease, so not everyone who has swelling of the feet and ankles should assume that it's because they have heart trouble.

To give you a better idea of what is involved in swelling I am sending you The Health Letter number 11-6, Swelling: Causes and Management. Others who want this issue can send 50 cents for it with a long, stamped, self-addressed envelope. Send your letter to me in care of this newspaper, P O. Box 1551, Radio City Station, New York, NY 10019.

The improvement of circulation caused by digitalis enables the excess fluid to be picked up and flushed out of the body, and that's really what happened when people drank foxglove tea originally.

The other function of digitalis is to control certain irregularities of the heart. It's used less often for this purpose today because there are newer medicines that have been developed which are often more effective for this purpose.

It follows that the use of digitalis, after a heart attack, means that enough of the heart muscle has been damaged or weakened that some digitalis is needed to strengthen the actions and prevent heart failure or the accumulation of fluids.

The other possibility is that an irregularity of the heart developed as the result of the heart attack that required control, and digitalis was selected as the medicine of choice.

In any case, it remains true that digitalis has probably helped more heart patients than any other single medicine in history. That's because of the many years it has been used and the large number of people through those years who have needed this type of treatment.

Related chemicals also existed in squill, an onion-like plant used by the ancient Egyptians, and material taken from toadskins used in the Orient, which was found to have a similar action.

Today In History

By The Associated Press

Today is Sunday, Oct. 29, the 302nd day of 1978. There are 63 days left in the year

Today's highlight in history:

On this date in 1929, the New York stock market collapsed, setting off the worst financial catastrophe in U.S. history

On this date.

In 1618, Sir Walter Raleigh was executed in London, charged with treason against England's King James I

In 1682, the founder of Pennsylvania, William Penn, landed at what is now Chester, Pa.

In 1918, German sailors mutinied at the Kiel naval base, demanding prompt peace negotiations with the Allies in World War I.

In 1923, the Republic of Turkey was proclaimed.

In 1956, Israel launched an attack against Egypt's Sinai Peninsula.

Five years ago: U.N. forces delivered emergency food, water and medicine to Egyptian soldiers surrounded by Israeli forces on the East bank of the Suez Canal.

One year ago: Fear of terrorism deepened throughout Western Europe after the kidnapping of one of the wealthiest men in the Netherlands, Maurits Caransa.

Today's birthdays: Actor Richard Dreyfus is 31 years old. Cartoonist Bill Mauldin is 57.

Thought for today: "Love is the emotion that a woman always feels for a poodle, and sometimes for a man." — George Jean Nathan, American writer, 1882-1958.

Berry's World



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"You couldn't have collected gold coins, as a hedge against inflation. Oh, no — not YOU."