Nebraska City News-Press

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J Hyde Sweet
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VIEWPOINT

A look downstream

Quieter and more energy efficient airplanes.
A cure for cancer.
All-plastic trains.
Widespread use of electric cars.
Moving sidewalks for local transportation.
A cost-effective solar energy system
Mining by lasers and ultrasonics.

These and other wonders could be part of our not-so-distant future. They are among the likely developments in technology and science cited in the latest Survey of Technological Breakthroughs and Widespread Applications, a periodic survey by McGraw-Hill's Economics Department of more than 200 industrial firms, government and private researchers.

According to the highly educated estimates of the surveyed organizations, all of the predicted developments stand a good chance of being realized in from less than 10 years after the turn of the century at the latest.

Some represent refinements and more effective application of existing technology, such as moving sidewalks, electric autos and improved airplanes. But others promise to be landmark breakthroughs

A cancer cure, for example, is predicted by 1990. Somewhat later, a drug is expected to be available that when taken over a period of time will prevent development of the disease.

Drugs in the future should be changing lives in other ways — constructively They are expected to be used in permanently raising intelligence levels, in controlling the aging process and in improving memory and learning abilities.

Developments in plastics are expected to be particularly dramatic, affecting not only vehicle construction but showing up as new nutritional items in the American diet.

If even a respectable portion of the predictions come to pass, life by the 21st century would be not only greatly changed but vastly improved

There's even the possibility of doing something about the weather Reports may be possible for 30 days in advance, and they will be reliable

Now that would be a breakthrough

Two-way traffic

And now a word about traveling Americans.

They certainly are. Departures for overseas are running almost 9 percent over 1977, pointing toward year-end total considerably above last year's 22.8 million Americans who saw some of the world beyond their own borders.

As traveling Americans outnumber foreign visitors to the United States, they also spend more. Americans dropped $10.3 billion abroad in 1977, and this year will top that figure easily.

But as the Travel Service figures it, cheapened dollar and all, foreign spending in the United States is rising at a faster rate than U.S. spending abroad so that the deficit this year should be the lowest since 1971 — under $3 billion.

The way things have been going in our foreign exchanges, that rates as good news.

AS TIME GOES BY

Action deferred

FORTY YEARS AGO
— 1938 —

The Otoe county board deferred until October 27 a decision on building a home for poor farm caretaker Paul Peterson and his family Oklahoma defeated Nebraska, 14-0, in a Big Six football game while Creighton lost to West Virginia, 20-13, in a Missouri Valley game In high school football, Nebraska City beat Peru, 25-0 and Nemaha defeated Syracuse, 18-0 Clark Gable, Myrna Loy, Walter Pidgeon and Leo Carrillo starred in "Too Hot to Handle" at the Overland

TWENTY-FIVE YEARS AGO
—1953—

The Syracuse Rockets beat Louisville, 14-6, with Ray McWilliams and Lyle Nannen scoring for the winners President Bernard Spencer said Charles Eagle Plume would speak to the Nebraska City Executives Club Articles of incorporation were filed for the Nebraska City Industrial Development Corporation

An Israeli freight train was wrecked by land mines near the Jordanian border Arthur Godfrey said he fired singer Julius La Rosa because he lost his humility

TEN YEARS AGO
—1968—

Duane Danker of Nebraska City shot an eight point buck near Peru and Bob Kinnison of Talmage got a 140-pound doe southwest of Dunbar The corn and soybean harvest was resumed around Percival, Iowa, and surrounding area following heavy rainfall which halted work on the harvest with about 50 percent of the crops out of the fields Paul, Rowe, chairman of the Bombs Away Days retail promotion and Don Hoberg of Pla-Mor Sproting Goods prepared to drop 2,000 ping pong balls on the street. Each ball was stamped with the name of a merchant from whom it could be redeemed for a prize

HOW TO CONTACT YOUR LEGISLATOR

Senator Edward Zorinsky
1407 Dirksen Office Building
Washington, D C 20510

Senator Carl Curtis
2213 Dirksen Office Building
Washington, D.C 20310

Representative Charles Thone
2433 Rayburn Office Building
Washington, D.C. 20515

Representative John Cavanaugh
434 Cannon Office Building
Washington, D.C. 20515

Representative Virginia Smith
1005 Longworth Office Building
Washington, D.C. 20515

State Senator Calvin Carsten
Avaca, Nebraska 68307
Home Phone: 275-3239
Office Phone: 471-2613

State Senator Nelson Merz
North McLean Street
Falls City, Nebraska 68355
Home Phone: 245-2276
Office Phone: 471-2733

State Senator Jerome [illegible]
[illegible], Nebraska
Phone: 1784-
Phone: 471-

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The Prayer For Today From The Upper Room

PRAYER: Father, help me to see each person as You do — as someone who deserves my love and concern. In the name of Christ. Amen.





Martha Angle and Robert Walters

IN WASHINGTON

No way to run a country

WASHINGTON (NEA) - It's 8 30 on a Saturday night, a time when normal people are engaged in leisurely pursuits But in the Capitol of the United States, the House Rules Committee has just convened for a meeting.

The final session of the 95th Congress is well underway, and just about everyone in Washington with a cause or pet project — that's literally thousands of people — is in the Capitol to promote the required legislation

The Rules Committee is considering a bill wanted by the White House Extension of the federal program of anti-recession fiscal assistance to local governments, known as countercyclical aid

One committee member notes that the measure has been tacked onto a totally unrelated piece of legislation, then inquires about the intent of the original bill.

But nobody on the Rules Committee, which supposedly is in charge of all legislation flowing onto the House floor, can answer the question (It's a bill that authorizes an exemption from excise taxes for fuel used by aerial cropdusters)

Rep Trent Lott, R-Miss., exasperated by the last-minute confusion, plaintively asks his fellow committee members "Why do we put ourselves through this?" Nobody has an answer

All over Capitol Hill, wags are referring to the session-closing proceedings as "Saturday Night Live." In fact, the show here is far more entertaining than the television program of that name Here's an abbreviated chronicle

9·10 p m A House doorman tells an elevator operator "The booze is coming in by the truckload "

9·40 p.m In the Senate press gallery, one reporter asks another "Who's filibustering now?" The Senate began work at 9 a m , but within an hour opponents of the energy bill tied up all proceedings in "the world's greatest deliberative body "

At one point in the desultory debate, Sen James Abourezk, D-S.D , the leader of the filibuster, receives Senate permission to allow floor access for his "intern" — political prankster Dick Tuck

10 30 p.m Eight bleary-eyed people — lobbyists, committee staff members and government officials — are playing gin rummy and reading paperback books in a corridor while waiting outside the room reserved for a House-Senate conference on sugar legislation

The conference originally was scheduled for 5 p.m , but was postponed to 7 p.m., then to 8 p m , then 9 30 p m and finally to an unspecified time A sign on the door says "No Word Yet "

12 midnight The House, which began work at noon, continues to plow through dozens of major and minor bills, ranging from the Duck Stamp Act amendments and the Indian Child Welfare Act to a multi-billion-dollar appropriation for the Departments of Labor and Health, Education and Welfare

12 30 a m Sunday Abourezk and his allies abandon their filibuster The Senate approves the energy bill, then moves on to the huge backlog of House-approved legislation that must be acted upon before the lawmakers can leave Washington

3 a m Three House members are sprawled on couches in the Speaker's Lobby, directly behind the House chamber All are asleep, but only one had the foresight to bring a blanket

But the fun has just begun for banjo-playing Rep Thomas N Kindness, R-Ohio, and saxophonist Rep. Del Clawson, R-Calif They're holding forth on a Capitol portico serenading the deserted streets with "I Can't Give You Anything But Love" and other old favorites.

4 a m With more than 150 survivors remaining in the audience — many of them highly paid lobbyists and lawyers — the conference committee on the year's major tax bill concludes its work The conference on the sugar bill begins.

7 15 a m The sun rises Both houses are still in session

6 30 p.m The sun sets Both houses are still in session

6 45 p m The House finally adjourns for the year The Senate adjourns 30 minutes later after establishing a new record for end-of-session marathons More than 34 consecutive hours

Is this any way to run a country?

BEAT THE BUREAUCRACY

Howard K. Ottenstein

Protect your investments

By Howard K. Ottenstein

Steve was feeling pretty good. His commission check for a big sale has just come through, and he was planning to surprise his wife with something extravagant.

Then the phone rang. The caller was Robert Spaulding of Robert Spaulding and Associates, stockbrokers Spaulding claimed to be a friend of a friend from Old Ivy-Covered U. Before the conversation was over, he had Steve's commitment to invest his hard-earned $1,000 in a hush-hush oil deal.

Steve mailed his check promptly to Spaulding's post office box number — and never heard from Spaulding again. Naturally, his $1,000 disappeared, too.

The Securities and Exchange Commission (SEC), one of the federal government's regulatory agencies, wants investors like Steve to think before buying. For that purpose, the agency makes available a wealth of information to potential investors.

Had Steve read an SEC publication, he would have known to check Spaulding's authenticity with a regular broker, to look up Spaulding and Associates in the yellow pages, and to ask for a prospectus giving the details of the deal.

The SEC regulates nearly every security marketed in more than one state, whether over the counter or through the mails. The agency also polices mutual funds, securities brokers and dealers, investment counselors and holding companies controlling electric or gas utilities.

No security can be sold interstate until financial reports and other pertinent data are filed with the SEC for public dissemination.

All securities registered with the SEC must abide by certain "just and equitable" trade practices. But the agency's authority does not extend to insuring your investment in the securities listed with it.

Before you make your first investment, carefully study one of the SEC's consumer publications. For a list of current titles, write the Securities and Exchange Commission, 500 North Capitol Street, Washington, D.C. 20549.

If you want detailed information on one of the thousands of companies registered with the agency, you may inspect the reports in the SEC reading room in Washington. Much of the same information can be obtained from the agency's nine regional offices, especially those located in Los Angeles, Chicago and New York City.

If you don't live near a regional office, you can obtain this data by writing the agency's Washington headquarters. But don't expect to receive an answer to your request in the next day's mail.

Should you encounter fraud in your investment dealings, file a complaint with the SEC regional office nearest you. If agency investigations substantiate your charge of misconduct, the agency will take administrative or legal action against the offender.

Note that the SEC is not a collection agency; it cannot get your investment back. But any action it takes against a securities law violator will strengthen your own court suit for damages.



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Vern does it right

Nebraska City —
The other day Vern Livingston screened a number of slides and spoke about Nebraska City's development over the years It was a brief and interesting story as only the gifted Mr Livingston can tell it.

Much of Vern's story delt with improvements in City Utilities.. He was general manager of the organization for many years and holds a great personal pride in its improvements for the town.

It's an interesting 30 minutes about people and places in town Call him for a program for your club. before he splits for south Texas for the winter

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The contest —
The weekly football contest for this week was printed in the Monday paper and next week's was in the Friday, October 20, News-Press.

Deadline to get entries in for next week's contest is October 25 We had to set the printing date ahead because of teachers conventions that week and Wednesday night football games.

Watch the schedules and rots of ruck, as Bill Joseph says.

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Congratulations —
to Julie Howell, 12, daughter of Mr and Mrs Vilas Howell, on being selected as the Outstanding News-Press Carrier of the Year

Julie competed against over two dozen other N-P carriers for the award Her recognition also included a trip to Lincoln for a luncheon with Governor Exon, a picture taking ceremony with the governor and a ticket to the Nebraska - Kansas State football game

It was quite a day for the little Miss Circulation Manager Judy Huebner accompanied the winner to Lincoln and while Julie was chumming with the governor, Judy was meeting with other circulation managers from around the state

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Mrs Tait —
Mrs Bertha Tait died last week. We've lost a friend and a regular Safety Valve contributor

Mrs Tait left an unwritten legacy, the old need not sit in a rocking chair and watch the world go by

She was 89, but she had the spunk and determination of fighting City Hall, high taxes or boozers as though she was a spry 39

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Homecoming—
Congratulations to NCHS homecoming Queen Norma Beccard and King Jim Eilers and to Syracuse - Dunbar - Avoca Queen Pam Bose and King Brad Kreifels.

This is a big time of the year, socially, for the high schoolers and we enjoy reading about them and the recognition given to them by their classmates

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History —
We hope you are enjoying the new Sunday column by Glenn Noble, perhaps one of Nebraska - City's most prolific historians.

Mr Noble's column, "Nebraska City's History," appears every other Sunday in the News-Press. In it he offers interesting stories about the town and its people of yesteryear

Last week he featured Col John Boulware who arrived in Nebraska City nearly 10 years before the town was established. Perhaps in the coming weeks, we can twist Mr Noble's arm to give us some goodies on the non-cussin' Russell - Majors - Waddell freighters

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The good reader —
Dawn Bidne, one of the teen-agers in the Marlin Bidne household at Brock says she reads the News-Press and particularly this column Thank you, Dawn You're kind.

Dawn is my motor pool partner She sat on a box or stool or sumthin' in a truck, and while daughter Jeannea slept, Dawn kept up a steady chain of conversation on the 4 or 5 hour night trip.

She is 16 and a sophomore at Johnson - Brock High School and the braces on her teeth are off Keep smiling, Missy

SAFETY VALVE

"...interviews..."

EDITOR, News-Press Twice this week I have had phone calls from children asking me to come to their school to discuss the so-called LID bill Invitations to do this have come from other adults or organizations and I have sometimes co-operated to the extent of my limited ability to discuss the complexities of the proposed Constitutional Amendment No 302

But these two requests came from kids in public schools and the "interviews" were set up for location in a school One of the girls was a 9th or 10th grade pupil, the other in the 7th at Junior High Motives for the discussion surely must have been innocently conceived insofar as the kids were concerned. They had school stuff in mind A class or grade publication very likely with my input to be "one side of the issue" I don't blame the children

But the disturbing thought is Who put them up to it?

The Lid thing is a hot potato right now, especially among members in the teacher's profession The political facets of the issue are being beat around the bush like no other in a decade But for what they are worth, the details should be spared the pupils in "seminars" like the proposals I have recounted above Political discussion within the classroom in connection with specific courses is a stimulating and valuable experience We are for them 100 percent

But confrontations between political dissidents and advocates have no place in a school property The potential for a juvenile brainwash is all too obvious Parents are already disturbed by the rumors being brought home from class rooms

But let me tell how my proposals turned out I didn't go

The kids were understanding and one of them quite agreed with me that we could maybe get into more problems than we may have We say here once again that Mom and Pop can make up their own minds by keeping abreast of the media Of course their new tax bills are going to tell them a thing or two about local spending. They will make good reading.

FRED OETGEN



HEALTH

Lawrence E. Lamb, M.D.

Eating aids hunger headache

DEAR DR. LAMB — Because there are so many people dieting these days, I would like to share my experience with you and others, if you feel it is worth it.

I had never found it necessary to diet (I am a female, age 54) until about a year ago when I stopped smoking I quit successfully and watched my food intake to avoid gaining weight.

When I first started to watch my weight, I developed bad headaches, day and night for weeks. I went to doctors and had numerous tests, including brain scans. All of this cost a lot of money. I was finally told my headaches were caused by tension, and Valium was prescribed. I dislike taking tranquilizers, so I didn't use them. It was my opinion that it would cover up, but not solve, the problem.

I tried everything but had no results. One morning I ate breakfast, which I had never done, and I had no headache. I tried the same thing the following day and, again, no headache The third day I deliberately did not eat breakfast — a headache resulted.

After all the misery and money down the tubes, I found the reason for my headaches. The only time I have a headache seems to be when I am hungry. Could this happen to other people? With so many people dieting, it could be an important problem.

DEAR READER — Yes. We call those hunger headaches. Before the first day is over, many a person who starts a starvation diet will be tired and have a headache. The same thing will occur for people who go on a low-carbohydrate diet or no-carbohydrate diet.

Some people can get along without breakfast, but a person who does not have a lot of excess fat storage, or is accustomed to breakfast, may indeed develop hunger headaches without it. In hunger headaches, eating will solve the problem.

You don't have to have a high-fat, high-cholestero breakfast, either. It is a good time to get a nourishing bow of cereal that contains bulk This will help your digestion start your day off right and help prevent hunger headaches.

Berry's World



"Forget the defector who kept a $5,000-a-month mistress, it's another American trick!"

Today In History

By The Associated Press

Today is Saturday, Oct. 21, the 294th day of 1978 There are 71 days left in the year

Today's highlight in history

On this date in 1805, an English fleet under Lord Nelson defeated French and Spanish fleets off Spain's Cape of Trafalgar, ending Napoleon's power on the seas.

In 1797, the U.S. Navy frigate Constitution — known as Old Ironsides — was launched at Boston.

In 1879, Thomas Edison invented a workable electric lamp at his laboratory in Menlo Park, N.J.

Thought for today: If we are strong, our strength will speak for itself. If we are weak, words will be no help — President John Kennedy, 1917-1963.