Nebraska City News-Press

PARK NEWSPAPERS OF NEBRASKA, INC.
Roy H. Park, President

Vol. 124 No. 284 Sunday, October 15, 1978

Publication, News and Business Office 123 South Eighth Street Nebraska City Otoe County Nebraska 68410

Ivan D E Beaumont - General Manager & Editor

John Quinlan — Managing Editor
Mrs Floyd Duffey — Society Editor
Mrs Judith Huebner — Circulation Manager
Jerome Keran — Plant Superintendent
Chuck Johnson — Commercial Printing
J Hyde Sweet — Editor and Publisher 1909 1964
Arthur R Sweet — Editor Emeritus

VIEWPOINT

It can happen there

Britain is the citadel of individual liberty, right?

Person and privacy are inviolate, a man's home is his castle, not to be trespassed without due process of law, right?

Well, that's the idea.

But apparently not always the practice, as the ultrarespected magazine, The Economist, reports firsthand. The connection was so bad during a recent telephone conversation of the editor's wife that she had to ring off. When, after several attempts she managed to replace the call, she found herself listening to a recording of her previous conversation.

The incident was reported to the phone people, troubleshooters restored service and a bead office representative promptly called to deny that there was or ever had been anything wrong with the line.

Which leaves the editor wondering how to explain the incident to his wife, whom he had been assuring for a year that the line definitely was not tapped, the strange noises and bad connections being merely what was to be expected from typically eccentric British equipment.

As for the recorded conversation, it was with a cook, concerning the menu of an upcoming dinner party.

State of ERA referenda

Ratification or rejection of the ERA remains the exclusive preserve of state legislatures around the nation, but lawmakers in Florida and Nevada are certain to be carefully scrutinizing the outcome of referenda in those states this fall.

In Florida, voters will have an opportunity to approve or reject an equal rights amendment to the state constitution. Backers of the national ERA are campaigning furiously for the state version, hoping that Florida legislators who have thus far failed to ratify the federal amendment will be swayed by a favorable referendum outcome.

In Nevada, another non-ratified state, a non-binding referendum on the national ERA will be on the ballot Nov. 7 and members of the state legislature have said they will be influenced heavily by the results of the straw vote in their own districts

AS TIME GOES BY

Motion filed

FORTY YEARS AGO
1938 —

Attorneys for a Palmyra man, convicted of burglarizmg the Fred Haley store in Palmyra, filed a motion for a new trial in District Court The Nebraska City Pioneers registered a 12-6 over Pawnee City while Syracuse was shut out by Wilber, 18-0.

500 rural school students competed in an athletic show at Hayward Park Norma Shearer, Tyrone Power, Robert Morley and John Barrymore starred in "Marie Antoinette" at the Overland

TWENTY FIVE YEARS AGO
— 1953 —

Vince Dowding, 12 of Palmyra received for the second time the Inland Daily Press Association's annual outstanding newspaper carrier award Eileen Willis, Colleen Hall and Kathryn Hinrichs were added to the list of NCHS Homecoming Queen contestants. Winston Churchill won the Nobel Prize for literature Fire Chief Harry Bischoff spoke to the South Side PTA Casey Stengel of the Yankees was named UP American League Manager of the Year

TEN YEARS AGO
— 1968 —

The play, "Little Women," by Louisa May Alcott, was presented at Nebraska City Senior High School Mr and Mrs Terry Badberg were the winners of the best hobo costume at the annual Lions Club Hobo party Kenneth Wallace bowled a 247-612 for men's highs, Dorothy Reese, a 203-515 for women's highs in the Husband and Wife bowling league John Wirth, 20, son of Mr and Mrs Theodore Wirth, Nebraska City, was a recipient of a Knights of Ak-Sar-Ben $200 scholarship.

Today In History

By The Associated Press

Today is Sunday, Oct 15, the 288th day of 1978 There are 77 days left in the year

On this date in 1964, it was announced that Soviet Premier Nikita Khrushchev had been ousted from ofice.

On this date

In 1851, gold was discovered at Melbourne, Australia

In 1917 the most infamous German spy of World War I, Mata Hari, was shot by a firing squad outside Paris

In 1928, the German dirigible Graf Zepplin, landed at Lakehurst, N J, completing its first commercial flight across the Atlantic

In 1945, former French Premier Pierre Laval was executed for betraying his country to Nazi Germany during World War II

In 1946, Nazi war criminal Hermann Goering committed suicide by taking poison one day before he was to have been executed.

Today's birthdays Economist and writer John Galbraith is 70 years old. Broadway director Jose Quintero is 54 Outfielder Mitchell Page is 27

Thought for today Words will build no walls — Plutarch, Greek biographer, about 46 to 120 A D

Second class postage paid at the Post Office in Nebraska City, Nebr No 375960 Published every evening (except Saturday) and on Sunday

MEMBER Nebraska Press Association, Inland Press Association; National Editorial Association; Audit Bureau of Circulation Leased Wire Service of the Associated Press and NEA Feature Service.

Reproduction in whole or in part of the contents of the Nebraska City News Press is expressly forbidden unless prior permission is obtained

CIRCULATION RATES Single copy, 15 cents; by carrier, $3 a month in advance; by mail in Nebraska City trading area, $28.00; outside trading area $36.00 per year

The Prayer For Today From

The Upper Room

"I, your Lord and Teacher, have just washed your feet I have set an example for you, so that you will do just what I have done for you." (John 13:14-15 TEV)

PRAYER Our heavenly Father, we thank You for letting us see that service to others is the example You want us to follow. Help us to overcome our pride so that we can serve in the spirit of Christ. Amen.





Martha Angle and Robert Walters

IN WASHINGTON

How fragile an alliance

MINNEAPOLIS (NEA) - When the dust settles a month from now, it is entirely possible that Republicans will occupy both U S. Senate seats and the governorship here in the land of the late Hubert H Humphrey

It is not only possible, it is downright probable — as of this writing, at any rate. Which speaks volumes about the current condition of the "house that Hubert built," the remarkable Democratic-Farmer-Labor Party of Minnesota

The DFL at the ripe old age of 34, is going through a classic mid-life crisis And it is not so much external pressures (e g , Republicans and a nationwide tax revolt) that threaten its well-being as various internal stresses that erupted with em barrassing ferocity in the Sept 12 primary

It is difficult for outsiders to comprehend the panic that swept through much of the DFL when millionaire businessman Robert Short narrowly defeated liberal Rep Don Fraser, the party's endorsed candidate for Humphrey's old Senate seat

That is because outsiders have never understood how fragile the alliance is that Humphrey welded a generation ago between the radical, protest-oriented Farmer-Labor party and the urban, organization-minded Democratic Party of the New Deal

For thirty-some years, Hubert H Humphrey not only held the uneasy marriage together but managed to keep the DFL identified with a coherent philosophy of liberalism and social activism Orville Freeman, Eugene McCarthy, Walter F Mondale — all were outstanding graduates of the Humphrey school of politics

Yet for those same thirty odd years, Bob Short, whose roots are essentially m the old Farmer-Labor wing of the party, was also a major factor in the DFL Despite his generous contributions to Humphrey and other liberals, Short regularly warred against many of the liberals who dominated the party and against the unique endorsement system the DFL establishment used to forestall bloody primary fights.

Running against the "bosses," Short helped deliver Minnesota's 1956 national convention delegates to Estes Kefauver, whipping Humphrey and his Adlai Stevenson supporters In 1966, when the DFL tried to dump incumbent Gov Karl Rolvaag in favor of his lieutenant governor, Short teamed up with Rolvaag in the primary and beat the endorsed slate — only to lose to the Republicans in November And now he has defeated another DFL-endorsed liberal, Don Fraser, for the very seat Humphrey held so long.

"Bob Short is like the Mongols against whom the Chinese built the great wall," said DFL treasurur David Lebedoff, a leadjng authority on Minnesota politics. "Every ten years or so, he comes along to pillage the city and ravish the maidens"

This year, the DFL was torn apart by controversies over abortion, the Equal Rights Amendment, gun control and the use of motor boats and snowmobiles in the wild Boundary Waters Canoe Area. Short and Fraser split on all of them, with Short tossing in some virulent anti-government, tax-cutting rhetoric for good measure

While Sen Wendell Anderson and Gov Rudy Perpich were not really caught up in those fights, they have problems of their own — largely stemming from the fact they inherited their jobs when Mondale became vice president rather than winning them in an election.

Republicans are happily exploiting the disarray within the DFL Rudy Boschwitz, a personable plywood manufacturer and maverick liberal, has opened a wide lead over Anderson Quiet, moderate Rep. Albert Quie is leading Perpich slightly And Twin Cities attorney David Durenberger, who looks and sounds like a more conservative Fritz Mondale, is openly soliciting — and receiving — support from Fraser backers in the DFL

Most DFL leaders insist the party will survive, with its old ideals intact, regardless of what happens Nov 7 "You don't wipe out 30 years of progressive tradition in one election," insisted top Mondale aide Richard Moe, a former DFL chairman.

Maybe not. But if Bob Short gets elected, the fight for the party's soul will continue for a long time Which is why Dave Durenberger Republican though he may be, is seen by many DFLers as the key to the party's future

BEAT THE BUREAUCRACY

Howard K. Ottenstein

You must take the initiative

By Howard K. Ottenstein

Uncle Sam doesn't have *intuition*, you know. The only way most people can obtain the federal benefits they have coming is by asking for them.

Often the best way of making initial contact with the federal government is by telephone.

Of course, that usually means you will run up against one of those good news-bad news situations: The good news is that a telephone call can be the quickest way to obtain the information you need. The bad news is that the bureaucracy can sometimes make the process seem slower than the Pony Express.

But the following telephone tips may help save time and vexation:

— Prepare your questions in writing before placing your call Many of us are suddenly at a loss for words after reaching the right party.

— Anticipate the questions you are most likely to be asked, such as your Social Security number, military discharge date or net income. Have copies of relevant documents and correspondence on hand.

— Early morning is often the best time to telephone a federal office. Although some agencies start work as "late" as 9 a.m., most open for business by 8 o'clock. You will rarely get a busy signal before 9:30.

— Keep a pencil and paper handy to take down the names, titles and telephone extensions of the bureaucrats with whom you speak. That will save you time if you have to call back.

— Make your questions and comments brief and to-the-point. Don't expect a federal specialist to spend all day listening to you.

— Don't waste time in arguments. If a bureaucrat seems to have it in for you, offer to call back later or ask to speak with one of his or her colleagues. If further calls do not get you a satisfactory answer, take your case to his or her superior.

If time is not of the essence, or if you don't want to pay for a long-distance phone call, you might prefer to do your business with the government by mail. Here are some hints to hurry processing of your correspondence:

— Letters should be only as long as is necessary to state all pertinent information. Try to get to the point in the first sentence or two. Don't make your reader struggle to figure out what you want.

— It's a good idea to have someone check the letter to make sure it is clear and that no important fact has been omitted.

— Attach *copies* of all relevant documents, including previous correspondence with the same office. Do not send originals, unless they are specifically requested.

— Correspondence should be typewritten or neatly printed on letterhead or plain white paper.

— Your name, address and telephone number should be included in the heading of your letter.

— Keep a carbon or photocopy of each letter.

— If you are purchasing a book, map or other item from the government, make payment by check or money order. Do not send currency through the mail.

— Don't expect an answer in the next mail. But if you have received no response after four weeks, chances are your letter was lost. After double-checking the address, send a duplicate of your original letter and an explanatory cover note.

(NEXT: Consumer books)



Ivan D.E. Beaumont

THE BUCK ENDS HERE

That old Buick...

Old car, new kids —

We liked that picture in the paper the other day of Woody Kreifels' son and daughter-in-law, Mr and Mrs James Kreifels The pictured showed the newlyweds dressed in clothing of the 1930's and seated on the fenders of their 1939 Buick.

wondered what Jim ever did with that old Buick. Glad to see the New Breed likes some of the oldies

+++

The pledges —

We've been printing a number of the names of area students who have pledged to fraternities and sororities at schools. If we've missed your son or daughter it's because we haven't received word from the college houses Please give us a call

+++

So long, Mrs Duffey —

The story on Page 1 today tells it Mrs Duffey is retiring She has been society editor of the News-Press for 22 years.

Her successor is our very own and capable Sue Quinlan. We are pleased that Sue has been moved into the editor's job but we will miss "Mrs Duffey"

She was convinced by her family that she had worked long enough It was a difficult decision for someone as dedicated to the News-Press as our Mrs Duffey

She told me that she was going to write a book — about me. That's a nice compliment, and then she told me the subject matter of the book — the male menopause and sympathy pains.

Go ahead. Mrs Duffey write all that stuff I told you about noon headaches, hot flashes and stomach pains and I'll make you so famous that Dr Spock and Dr Joyce Brothers will want autographed books and the Rev Norman Vincent Peale will ask you to address his congregations

+++

Congratulations —

to Lori Ruth and Dallas Byers, the homecoming queen and king at the Sidney, Ia., high school. They are the daughter and son of Mr and Mrs Chet Ruth and Mr and Mrs Charles Byers

I remember Lori she played on the Percival girls softball team

+++

Cinda —

The picture in the paper the other day told the story .Cinda Abbott is growing up. The nine year old is the daughter of Mrs Gail Abbott and the late Sgt. Guy Abbott.

We met Cinda a number of years ago. She was pictured on Page 1 on Memorial Day Her father had been killed in Vietnam He would have been proud of his growing young lady

+++

OPPD meeting —

The meeting last week by the Omaha Public Power District board at the Nebraska City Power station is the first time — if memory is correct — that the board has held its regular meeting outside the electric building in Omaha.

The purpose of the trip to Nebraska City was a first hand report to the board on the $400 million (still can't get used to figures that large) power plant nearing completion.

That's supposed to be fired up in a few months. And the good news is that a second plant is on the drawing board.

The Chest —

Your dollars are needed for the Community Chest. Team captains are making the rounds in Nebraska City asking for donations in the annual drive

The money goes to the good guys (whoops, gals too) in the Red Cross, Arthritis Foundation, scouts and several other agencies

You've backed the campaign with dollars in previous years and the Chest board is hoping you'll do it again

Co-chairmen are Janet Rogers and John Swoyer Give them your help

News in Brief

VATICAN CITY (AP) — Long lines of collectors are buying a new series of stamps marking the death of Pope John Paul I

The stamps depict a processional umbrella and two crossed keys, a symbol of the Holy See, and carry the value of 120, 200 and 250 lire — 14 cents, 24 cents and 30 cents

The Vatican, which recovers some of the costs of the papal transition period through the sale of stamps and coins, printed 1.3 million of the series

HOW TO CONTACT YOUR LEGISLATOR

Senator Edward Zorinsky
1407 Dirksen Office Building
Washington, D C 20510

Senator Carl Curtis
2213 Dirksen Office Building
Washington, D.C 20510

Representative Charles Thone
2433 Rayburn Office Building
Washington, D.C. 20515

Representative John Cavanaugh
424 Cannon Office Building
Washington, D C. 20515

Representative Virginia Smith
1005 Longworth Office Building
Washington, D.C. 20515

State Senator Calvin Carsten
Avoca, Nebraska 68307
Home Phone: 275-3239
Office Phone: 471-2613

State Senator Nelson Merz
North McLean Street
Falls City, Nebraska 68355
Home Phone: 245-5276
Office Phone: 471-2733

State Senator Jerome Warner
Box 100A
Waverly, Nebraska 68462
Home Phone: 786-5855
Office Phone: 471-2731



HEALTH

Lawrence E. Lamb, M.D.

Diabetes is many diseases

DEAR DR. LAMB — I have just recently found out I am a diabetic I am a female in my early 20s. My doctor told me in my case it was caused from a pancreas infection, not from eating or drinking sweets. Diabetes does not run in my family. I would like to know what causes this infection.

Can a doctor tell how bad an individual's diabetes is? For instance, does it eat or decay your intestines? What causes the blood sugar to be so high fasting, or to go so low even if you do eat sweets? I am taking insulin shots.

Upon first becoming a diabetic, I had all the symptoms, weight loss, frequent urination and excessive thirst, but I did not crave sweets. I did drink a lot of carbonated beverages. Since I have been on insulin, I am very seldom thirsty and I don't have frequent urination. Any information you can supply me will be greatly appreciated.

DEAR READER — Diabetes is not just one disease, but many. There are several different reasons why the body may fail to produce enough insulin. It can be an inherited disease or it can follow damage to the islets of Langerhans in the pancreas from an infection. These little islets of Langerhans are where insulin is produced.

Mumps may cause diabetes if the pancreas becomes involved. You can also have damage to the islets of Langerhans from other causes of inflammation of the pancreas and you may never be able to tell what caused the inflammation.

The doctor can tell how severe your diabetes is literally by measuring your blood sugar and determining how much insulin you have to take to control it, if your blood sugar levels are high enough to require insulin treatment.

Don't worry about the diabetes eating up your intestines, as you put it. The common dangers are from the changes which occur in the arteries, eyes and even other organs, probably because it hasn't been possible to keep the diabetes well stabilized.

Ideally, it would be nice if all diabetics' blood sugar could be controlled constantly within the normal range, avoiding peaks or excessive lows, but that's a bit beyond our current medical capability. Recent research suggests this may become possible, perhaps from transplanting islets of Langerhans from another source to replace your damaged islets.

I am sending you The Health Letter number 3-11, Diabetes: Diagnosis, Prevention and Management to give you more detailed information about diabetes Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it. Address your request to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

Many people are confused about weight and diabetes because we talk about diabetics being overweight That's usually in what we call the adult onset diabetes and is in the early stages In these people, losing weight often corrects the abnormal blood sugar levels

The more advanced diabetic begins to lose large amounts of sugar through the urine When this occurs, the loss of calories in the body by losing sugar in the urine causes the weight loss, even though the person is eating a lot.

To eliminate all that sugar requires a lot of water. That's why you have frequency of urination. The loss of all that water requires that you replace it and that, of course, is why an advanced diabetic complains of thirst.

These symptoms of weight loss, frequency of urination and extreme thirst are all symptoms of advanced diabetes, most likely in a person who is going to need insulin as opposed to the early diabetic who may need to lose weight.

Berry's World



"Guess what! Thinned-down lapels and skinny ties are back. AFTER 23 YEARS, I'M IN FASHION AGAIN!"