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VIEWPOINT

Flip, flap and flop

American comestibles may be in short supply in Japan, but Japanese are about to be exposed to something uniquely American in cuisine.

A U.S. franchiser has licensed a Japanese firm to open a pancake restaurant in Tokyo come spring.

It's quite possible the Japanese public will flip over flapjacks, but as a significant step toward righting the trade imbalance the venture sounds more like a flop.

First things first

Second Thoughts on Headlines Department:

"Sex of child seen as important."
(From the White Plains, N.Y., Reporter-Dispatch, on a poll of high-school students as to gender preferences for their own children when they start families.)

Important isn't the word, it's downright basic.



"I guess inflation has become as American as apple pie."

AS TIME GOES BY

600 expected

FORTY YEARS AGO
— 1938 —

Six hundred city officials were expected to attend the League of Nebraska Municipalities in Kearney Forty-four pupils were enrolled in the WPA sursery at Sixth Street School .Water consumption in Nebraska City increased more than 150,000 gallons a day Falls City opened tis 1938 season with a 66-0 win over Pawnee City. . The Chicago Cubs won the National League pennant

TWENTY FIVE YEARS AGO
— 1953 —

Junior High cheerleaders elected were Janet and Judy Preston, Sandra Hemphill, Sharon Haile and Cola Cole

President Eisenhower chose Earl Warren to be Chief Justice of the Supreme Court Mayor Leslie Strong said natural gas was only a week away from Syracuse

The local American Legion post voted to sponsor the eighth annual Apple Bowl

Mitzi Gaynor was "The I Don't Care Girl" at the Pioneer Theatre Beth Niday was installed as president of the Future Homemakers of America at Senior High.

TEN YEARS AGO
— 1968 —

Mrs Frank Erwin was president of the Nebraska City Women's Golf and Bowling Association. The Nebraska City Pioneers won a triangular cross country meet at Syracuse with 20 points John D Mullen of Nebraska City was named a member of the Dads' Committee at Stephens College where his daughter, Elizabeth, was a sophomore

Severin Sorensen, was chairman of the Nebraska City Educational Association salary committee Ed Hazelwood of Percival, Iowa, was the custodian at the Otoe County courthouse.

SAFETY VALVE

". . the good old days. . "

EDITOR, News-Press: Checking my records of 1934 here are sone of my transactions In February I sold 900 bushels of corn at 10 cents a bushel. I borrowed $15 from a Nebraska City bank and had to give a financial statement and my wife and I both signed the note.

In February I also sold brood sows at $10 a head. In July hogs weight averaged 228 lbs. at $4.25 a cwt. Pigs that weighed 90 lbs each at two cents a pound

In August I bought a field of corn 15 acres for $95 The corn was cut and bound in bundles and I paid truckers $3 a load to haul it to my place Hired help was paid $1 a day and worked 10 hours or more

The field of corn averaged about five bushels an acre In September I sold 3 heifers that weighed 1860 lbs at $2.75 cwt. In October I sold steers averaged weight 625 lbs. at $2.50 cwt. all on the Omaha market.

In December I sold a bull, 1580 lbs at $2.65 a cwt Commission and yardage was $1

In 1934 a man had to work 23 hours to earn enough to buy a pair of overalls and shirt and a pair of shoes Today at the minimum wage he only has to work 15 hours. In 1934 some land near Paul was offered for sale at $35 an acre. It took two cows with calf at side to pay for one acre

Today a nice cow with calf at side will bring $700 and the land would bring $1,000 an acre. It took 350 bushels of corn at 10 cents a bushel to pay for one acre of land Today it would take 500 bushels of corn to pay for one acre at $2 a bushel.

I will always remember the plight of the sheep rancher in Colorado who sent two carloads of sheep to the market In a few days he received a letter from his commission firm They said we were able to sell his sheep at the top market price, but they did not bring enough to pay the expenses of Commission, yardage and freight, so please send a check for the balance.

The farmer replied by letter: "I am sorry I can't send you any money for I have none but I will send you another carload of sheep."

BOB KREIFELS

". . taxpayer. . "

EDITOR, News-Press: I wonder where the people went to school that come up with this H.U.D., A.D.C., B.O.R., etc., I could go on about federal funds and all this junk because it all spells TAXPAYER.

PAT WITTE

HOW TO CONTACT YOUR LEGISLATOR

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Donald F. Graff

COMMENTARY

Congress rises again

It has — or will have, when and if completed according to plan — 16-foot ceilings, elaborate restaurant and recreation facilities and a pricetag of $85 million. Or maybe $113 million Or possibly $135 million.

It is the new Senate office building, construction of which promises to set a new high for federal government spending on its own housing.

It is an issue in Washington — even the Senate prefers putting off $54 million in next-step construction funds until after the November elections It is also a symbol, a particularly flamboyant one, of a significant shift in the balance of federal government powers.

The building is needed, Capitol Hill leaders argue, to accommodate the burgeoning congressional infrastructure Whether staff, or even senators, need be accommodated in quite such Caracallan splendor is a point for argument But there's no arguing the fact of staff growth.

In the current decade, congressional employment has increased by two-thirds — from some 11,000 in 1970 to 18,370 by latest count The increase includes personal aides for senators and representatives, greatly expanded committee staffs and personnel for such new congressional support services as the Congressional Budget Office.

There is more to it than routine empire building and the natural tendency of government to multiply, although a little of that is certainly involved It is a consequence of congressional determination to equip itself to deal with the executive branch of government on an equal footing, developing its own sources of information and expertise independent of the executive bureaucracy

And it is a major factor in the development of what commentators have taken to referring to as the "imperial" Congress, successor to the Johnson-Nixon "imperial" presidencies and source of much frustration for the down-home presidency of Jimmy Carter

Congress, in effect has seized power in Washington. Business Week magazine notes in a current analysis This, rather than Carter's status as a Washington outsider, largely explains the president's difficulties in getting congressional action on his programs. As insider Rep. Morris Udall, D-Ariz., observes, under prevailing circumstances a synthesis of Lincoln, Washington and the second Roosevelt taking the presidential oath in January 1977 would have had rough going with this Congress

The balance in the American system of separation of powers has shifted before In fact, it is constantly changing Congress was dominant following the Civil War and to a lesser degree after World War I The present congressional resurgence reverses a trend toward executive dominance going back to FDR's New Deal

And it can be argued that it is actually a righting of the balance, beneficial for both the government and the governed Congress for too many years was outmanned, outresearched, outcomputered in dealing with the executive establishment

Today, with its vastly expanded staff and facilities, Congress has its own resources It is in a position to act in cooperation with rather than in reaction to the administration in charting national policy

So far, however, that is not what has been happening The problem is that while Congress may have seized power, it is not structured to exercise it effectively Congress is essentially a collection of independent power centers which, without the strong controlling hand of a Lyndon Johnson, tend to head off in their own directions. It can thwart administration leadership, but it cannot provide cohesive leadership itself

The consequence is the current state of government by stalemate — stalled energy, tax reform and government reorganization bills and confusion in foreign policy

The new balance may eventually work out for the better, particularly if post-election reforms in congressional procedures now being discussed are carried through But to make it really work, Congress is going to have to find its own balance



Martha Angle and Robert Walters

IN WASHINGTON

Counting on the 'old faithful'

WASHINGTON (NEA) - The early panic of congressional Democrats over possible voter retaliation for the huge Social Security tax boost approved last year has totally evaporated — along with any serious effort to roll back that increase.

It's not that anyone expects the big bite to hurt less when it takes hold this coming January Indeed, the Social Security tax hike is so stiff that most Americans will pay more federal taxes next year than they do now even after Congress votes a reduction in income taxes.

But congressmen can count — especially at election time. And they know that older voters, who worry about the solvency of the Social Security system and the safety of their own benefit funds, tend to turn out at the polls far more faithfully than younger wage-earners who will bear the brunt of the tax increase.

House Majority Whip John Brademas, D-Ind., did a computer analysis of those who actually voted in his last congressional contest two years ago and discovered that more than half those casting ballots were at least 55 years old. And the heaviest turnout of all was among voters 65 and older those already drawing Social Security

There's nothing unique about the 3rd District of Indiana, which Brademas represents. In fact, pollster Louis Harris assured House Democratic leaders that it is quite typical of the national turnout pattern

Once edgy House members worked out this political arithmetic, they stopped worrying about a backlash from the tax boost and started boasting that they had saved the Social Security system from bankruptcy

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The Prayer For Today From The Upper Room

My heart is steadfast, O God, my heart is steadfast! I will sing and make melody! (Psalm 57:7 RSV)

PRAYER: Almighty God, we thank You for the forgiving love expressed through Your Son, Jesus Christ. May the love we give in return be a constant song in our hearts, and may other hearts pick up the melody until it becomes a mighty anthem of praise. In Christ's name. Amen.



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Open House is planned

The new school

It was good news to read the other day that Mrs Charles McElfresh and the PTA council are planning an open house at the new Hayward school on the site of the former Hayward Park.

The opening will be in November during National Education Week.

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The bike-ride

Congratulations to the Alpha Rho chapter membership for spearheading a bike ride as a benefit for St. Jude's Research Hospital in Memphis.

The riders earned $480 in pledges. The bide ride was started several years ago in Nebraska City and has been quite successful

Mrs David Blecha was chairman this year

Coming up Jaycee half-marathon October 1, Arbor Lodge State Park.

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The vacation

Our annual trip to Los Angeles was brief, but great. The grandparents are well and put up with us in good humor (Hope when I get that age I can be half as energetic) We ate too much, slept too little and thoroughly enjoyed it.

on the way home, we stopped in Las Vegas. just for lunch Millie still has the good luck moves.

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Rescue call

The Nebraska City and Falls City rescue squads have similar problems—lack of volunteers.

Bill Schock editor of the Falls City Journal, said the other day the void must be filled. "Ask persons who have been in bad need of ambulance service It is an organization this community cannot get along without."

Nebraska City's squad is going through a similar roster problem In past years it took additional recruiting to handle the problem Not so, with the doctor shortage, squadsmen say.

More people are being taken to the hospital and that requires three volunteers to report to the station for each call. To service the increased calls, squadsmen are setting up an "auxiliary" unit of volunteers who will handle all non-emergency calls.

Applications are being taken now by Chief Harold Rowe or may be sent to secretary Frank Bataillon at the rescue office in City Hall.

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Congratulations

.....to Renee Wurtele, daughter of Mr. and Mrs Don Wurtele, and Steve Nocita, son of Dr S J Nocita, on their selection as queen and king at the NC Lourdes homecoming.

.also to Mrs Jack Douglas and Coach Bill Grundman for an unusual event—tying for first place in the weekly football contest in the News-Press They also had identical tie-breakers.

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Football

If you haven't attended an NCHS or Lourdes football game this season, you're missing some fine sport. And even more pleasing is the super nice evening weather, lots of seating at the new football field at NCHS, good lights and popcorn.

Lourdes won't be playing any more home games, but the Pioneers have several on the schedule.

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It's pork time

The News-Press needs your help to publish the annual pork supplement Will you share your pork recipes? We'd like to give you a by-line and print your recipes in the special supplement.

One of the favorites Millie serves is rice and pork and that hot-hot sauce. Do you use caraway seed on pork dishes? Why?

Send your recipes to the News-Press 1978 Pork Edition, 123 So. 8th Street, Nebraska City, 68410

Today In History

By The Associated Press

Today is Sunday, Oct. 1, the 274th day of 1978. There are 91 days left in the year

Today's highlight in history

On this date in 1949, the People's Republic of China was proclaimed by the Communist leader, Mao Tse-tung.

On this date

In 1800, Spain ceded Louisiana to France in a secret treaty

In 1890, Congress transferred the Weather Bureau from the Army to the Department of Agriculture.

In 1908, Henry Ford introduced his famous Model-T Ford.

In 1928, the Soviet Union inaugurated its first five-year plan to increase farm and industrial production.

In 1936, Gen. Francisco Franco was proclaimed the head of an insurgent Spanish state

In 1960, Nigeria was proclaimed an independent nation within the British Commonwealth.

Ten years ago The Vatican called on all Christians to begin dialogues with atheists, including Communists.

Today's birthdays Supreme Court Justice William Rehnquist is 54 years old Pianist Vladimir Horowitz is 74 Actress Julie Andrews is 43.

Thought for today Victory belongs to the most persevering — Napoleon Bonaparte, 1769-1821

News in Brief

GATLINBURG, Tenn. (AP) — Rangers in the Great Smoky Mountains National Park are offering a reward for information about the person or persons who killed and dismembered a young bear.

Assistant Chief Ranger Bill Wade said Thursday a severed paw from a young bear was found in the road Sept. 16 near the Sugarlands Vistors Center at Gatlinburg. A few minutes later, Wade said, rangers found the severed head of a bear impaled on a road-marking stake about a mile from the visitors center. He said the kill was still fresh when found.



HEALTH

Lawrence E. Lamb, M.D.

Meniere's disease

By Lawrence Lamb, M.D.

DEAR DR LAMB — I am writing to ask you to send me anything you have about Meniere's Disease I have just recently found out I have it.

I have had dizzy spells off and on but nothing to be alarmed about until two weeks ago. Then, I had a dizzy spell that was a very bad one and it made me sick at my stomach. It lasted for three hours Three days later I went to my doctor and he put me on Dramamine, Antivert and Vasodilan

Just this week the doctor told me to continue the Antivert indefinitely and to stop the Vasodilan, but to keep the Dramamine handy in case I felt a dizzy spell coming on. I understand there is nothing that can be done for this disease but take medicine for the dizzy spells I would appreciate anything you can tell me about this problem.

DEAR READER — It's true that Meniere's Disease can cause dizziness or a special type of vertigo, and during such an attack can cause nausea and vomiting Let me point out at once that you can have dizziness and vertigo from many other problems as well so other readers won't assume they have Meniere's Disease, too

Meniere's Disease, classically, refers to an accumulation of excess fluid in the semi-circular balance canals associated with each ear. Something goes wrong with the fluid mechanism in this area and stimulates the sensation of motion, resulting in vertigo. That's just one of the three findings that must be present to make a diagnosis

The other two findings include ringing in the ear, or tinnitus, and hearing loss in the involved ear In most cases, only one ear is involved, but it can involve both The attacks are intermittent and last for hours or less but not for days Dizziness, or vertigo that lasts for days, is something else.

Certainly, anyone who has dizziness or vertigo deserves a careful medical examination You need to be sure it is not associated with vascular disease to the brain and, if you happen to be taking medicines, you need to be sure it is not associated with one of the medicines you are taking

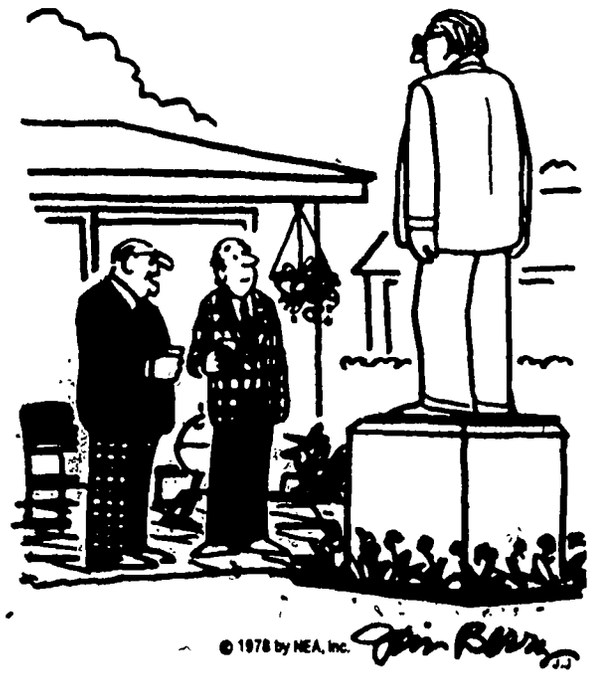
The medicines you mentioned that were prescribed in your case are commonly used to control vertigo associated with Meniere's Disease There are other methods that some physicians employ in certain cases.

This sometimes includes pills to induce water and salt lost from the body Many ear, nose and throat specialists feel that a special diet that restricts salt intake is helpful The classic one of these is known as the Frustenberg diet I am not sure that it has any unusual merit other than helping the person to restrict his salt intake

Any other well-balanced diet that significantly restricts sodium salt intake might serve just as well Certainly, it might be worth your while to eliminate adding salt to all the food you use either for cooking or at the table as a first step in controlling your intake of sodium salt In many patients, over a period of time, the attacks diminish or may even completely disappear.

To give you a better concept of dizziness and vertigo and the multiple things that can cause it, I am sending you The Health Letter number 9-10, Dizziness and Vertigo. Other readers who want this issue can send 50 cents with a long, stamped, self-addressed envelope. Send your request to me in care of this newspaper, P O. Box 1551, Radio City Station, New York, NY 10019.

Berry's World



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"Howard Jarvis!"