# Nebraska City News-Press

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# VIEWPOINT

## Narrowing the gap

It has been so long since there has been any good news about the dollar and the U.S. balance of payments that it may be difficult to recognize such when it appears.

But taking a long view of world trends, the Organization of Economic Cooperation and Development sees improvement coming up in the form of a payments deficit of only $12 billion

To repeat, only $12 billion. But that is down from a current rate estimated to be running at some $19 billion and so must, relatively speaking, be considered good news.

The OECD, a Paris-based economic research center for 24 democratic industrial nations, expects the narrowing payments gap to become apparent next year as U.S. exports become increasingly more competitive in world markets This as a delayed consequence of the dollar's long slide against major foreign currencies which, in terms of pricing U S products, has more than offset the effects of inflation

This raises export profitability for U.S. producers, according to the OECD scenario, spurring a greater outflow of goods to world markets. The Japanese and Germans, meanwhile, are beginning to pay the price for the rapid appreciation of their currencies with narrowing export profit margins

It sbunds promising, as far as it goes. But still no word as to when, if ever, U.S payments may reach the break-even point

Apparently that's not a subject for long views, but of fantasy

## The smoking score

The going may be slow on the Equal Rights Amendment and in some other areas, but women are making rapid strides toward equality with men in one category

More women are smoking more and the consequences are showing up in health statistics, according to the latest annual report on smoking and health from the Department of Health, Education and Welfare.

HEW Secretary Joseph Califano, an ex-smoker who has turned a congressionally mandated duty into something of a personal crusade, notes that the trend among women smokers is toward taking up the habit at an earlier age and becoming heavier smokers. Since 1950, the lung cancer death rate in the 45-64 age group has doubled for men while it has quadrupled among women. Similar increases were cited for heart disease and problems during pregnancy, including miscarriages

The report also noted statistical differences among forms of smoking, pipes being rated least hazardous. It's doubtful, however, that that bit of information will have much appeal in terms of minimizing risk.

Women may have come a long way, but not many of them are prepared to go that far yet.

## Just in case

The way things are going, the Moscow Olympics may well lose out to worsening East-West relations

But the U S network which purchased broadcast rights to the 1980 games is making sure that it does not lose out on its investment as a result

NBC has taken out a $40 million insurance policy with Lloyd's of London to cover it in case disagreements over human rights and other issues cause the United States and possibly other Western nations to pull out. Even if the games should not be cancelled as a result, the resultant mini-events would scarcely be worth the coverage. Not to mention the cost

Do you suppose the Greeks, who started the whole business back in 776 B C in celebration of human achievements transcending such mundane considerations as politics and commerce, had a word for this?

*AS TIME GOES BY*

# Committee named

FORTY YEARS AGO
—1938—

Mike Halpin, president of the Nebraska City WPA Workers Alliance said a committee had been appointed to present resolutions containing alleged grievances to state officials at Lincoln .Douglas "Wrong Way" Corrigan, the aviator who flew to Dublin "by mistake", came home to New York City and a parade seen by at least one million persons Chamber of Commerce officials forwarded to city officials a resolution asking more speed in formulating projects to carry out the Nebraska City Planning Board's five-point public works program

TWENTY-FIVE YEARS AGO
—1953—

Stewart S Foster of Hamburg was elected chairman of the Fremont County PMA Committee Bob Hayes came back from vacation to pitch a six-hitter and sock a home run and three singles to lead Holmes Motors to a 16-5 victory over Farmers Bank in Midget ball Cleo B Kelly was named assistant librarian at Peru State College Rainfall during July in Nebraska City was almost an inch below normal, according to Grant McNeel

TEN YEARS AGO
—1968—

Airman IC Timothy J Oelke, son of Mr and Mrs Herbert Oelke of Omaha, former Brock and Nebraska City residents, a draftsman in the maintenance analysis branch, earned the Bronze Star Medal for his heroism in Vietnam. Marilyn Stutheit, daughter of Mr and Mrs Conrad Stutheit of Syracuse, was among students who graduated from the Immanuel Hospital School of Nursing in Omaha

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"It would boggle his mind, if he had one."



Martha Angle and Robert Walters

# IN WASHINGTON

## President: no small power

WASHINGTON (NEA) President Carter's personal intervention has finally resolved a dispute over health standards in the textile industry — and behind that settlement lies a fascinating story of policy making in the White House

At issue were federal standards establishing maximum permissible levels of cotton dust Inhalation of cotton dust can lead to irreversibly reduced breathing capacity, chronic bronchitis, emphysema and even death among workers in textile mills.

The Occupational Safety and Health Administration (OSHA) and its parent organization, the Labor Department, were temporarily thwarted from issuing final regulations by several senior White House advisors who argued that the price of implementation would be excessive and inflationary

Among the Carter aides in that group were Stuart E Eizenstat, the president s senior advisor on domestic policy, Charles L Schultze chairman of the Council of Economic Advisors and Robert S Strauss, in charge of the president s anti-inflation program

The conflict between those men and the proponents of tough controls, Labor Secretary Ray Marshall and OSHA Administrator Eula Bingham, became so intense that Carter last month agreed to hear personal arguments from both sides

The deadlock was broken with a dramatic gesture by the president, according to those present during the confidential discussion After listening to both groups, Carter reportedly turned to Eizenstat and said "Stu, you know I usually agree with you but in this case I'm going to side with these people "

As he made that comment Carter got up and moved his chair a few feet — away from the group of White House aides and toward the Labor-OSHA delegation

At another point in the meeting, Carter praised the Labor-OSHA approach, then asked why it couldn t be implemented by the industry within four years

Both groups of high-level adminstration officials were flabbergasted by that casual comment because the Labor OSHA proposal called for full compliance no later than seven rather than four — years after issuance of the regulations

Nevertheless the final version of the cotton dust standard is based on Carter s timetable

The anecdotes reflect the enormous power of the nation s chief executive, at a time when Congress and the public supposedly have rejected the "imperial presidency," and when it has become fashionable for presidents to gripe about not having much real influence on public affairs

In this case the president resolved a controversial issue with nothing more than an offhand remark and simple gesture of slightly moving his chair

And even though all the other officials present had spent countless hours studying the issue their seven year timetable was instantly scrapped in favor of the four-year deadline Carter proposed in an off-the-cuff suggestion.

Institutional loyalty in all large organizations requires that no public dissent be voiced after the boss has made the final decision So when Schultze publicly announced resolution of the issue he proclaimed that there had been 'no winners and no losers "

That approach had the desired effect of confounding both industry officials, who promptly criticized the standards as too stringent and costly, and leaders of the labor unions that represent textile workers who were equally quick to label the final plan as weak and ineffective

But confidential government documents show that the solution endorsed by the president was virtually identical to the tough plan proposed weeks earlier by Labor and OSHA

What was publicly touted as a compromise was, in fact, a major victory for Marshall and Bingham and an embarrassing setback for members of the White House staff who are employed to give the best possible advice to the president

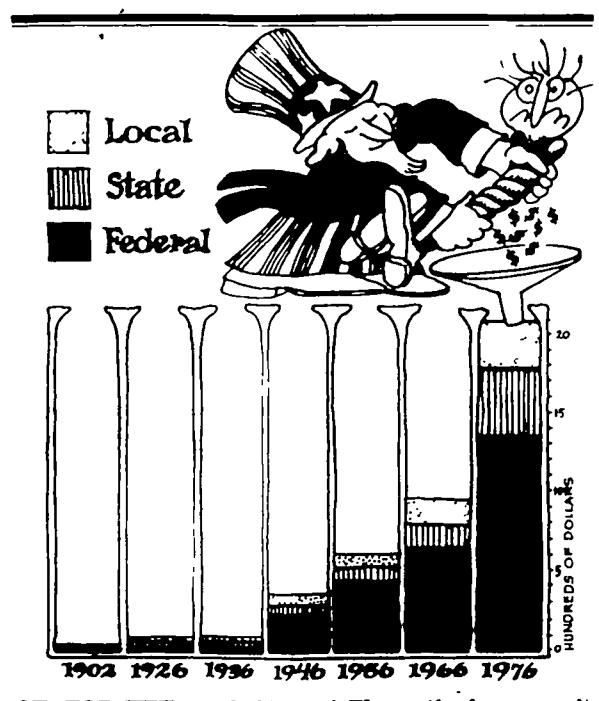
## *News in Brief*

WASHINGTON (AP) — House Speaker Thomas P O'Neill, D-Mass , and Republican Leader John J Rhodes of Arizona have vastly different ideas of what might happen to the House membership in the November elections

Rhodes has said the GOP has a good chance to take over control of the House, where Democrats currently have a 287-186 majority. But O'Neill offered his prediction Wednesday — that Republicans will be lucky if they can reduce the Democratic edge by five seats this year

BONN, West Germany (AP) — The Chinese Communist government wants to send about 500 of its brighter students to West German colleges.

A Foreign Ministry spokesman, describing the idea as an "interesting project," said Peking wants to send a total of about 1,000 students to Western universities. The Communist government is trying to convert China to an industrial nation by the year 2000.




**OH, FOR THE good old days! The nation's per capita tax burden in 1902 was $18; of that total, $7 went to the federal government, $2 to the state and $9 to the locality. By 1976, in contrast, the per capita tax burden had grown to $2,084 — $1,328 for the federal government, $441 for the state and $315 for the locality. Washington's share of total taxes increased from 37.4 percent in 1902 to 63.7 percent in 1975, while the states' share rose from 11.4 percent to 21.2 percent. Meanwhile, the percentage of total taxes received by local governments dwindled from 51.3 percent to 15.1 percent.**


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## The Prayer For Today From The Upper Room

PRAYER Thank You God, for spotlighting our self-deceiving inconsistencies. We pray that You will become the major partner in planning both our activities and our life's goals. Amen.



Ivan D.E. Beaumont

# THE BUCK ENDS HERE

## Neal won't be around

**The Festival —**

This will be the first year since the revived Applejack Festival began that Dr Neal Gomon will not be around for the celebration.

He was instrumental in getting the old Apple Bowl idea rejuvenated a number of years ago and he looked with pride to the annual event in Nebraska City which pitted his Peru Staters against the Tarkio College football team

Dr Gomon died a few weeks ago, but his dedication to the program since his retirement and in the ensuing years has been paramount to the success of the program.

If you've never attended a festival in Nebraska City, then mark Saturday, September 16, on your calendar On that day 15 or 20 high school bandsmen will march on Central, be judged on music and performance and that evening the two college football teams will play on the new football field west of Senior High in Nebraska City

Neil Hayhurst is chairman His committee includes Marv Eaton, Mark Greenway, Ed Sasse, Warren "Cope" Copenhaver and Tom Funke

+ + +

**From the Oil Jobber —**

We've come to the point where we are overmechanized. Didya hear the one about the fellow with two telephones, one in the kitchen and an extension upstairs?

The phone rang, two receivers clicked, two voices said, "I've got it."

And then, simultaneously, two people hung up.

+ + +

**Congratulations —**

to the young people of the Dunbar community for taking matters into their own hands and sprucing up the main street with paint and a whole lot of energy

The youths didn't like the appearance of the vacated areas so they did something about it. and the comments we've heard said they did it up right and good.

+ + +

**FCA is growing —**

The Fellowship of Christian Athletes, the organization that tries to get the most out of athletes spiritually, is growing in Nebraska.

The state publication, The Mark, announced this week that Wendell Conover, Sargent, is the first state FCA director

FCA was started a number of years ago in Nebraska City and has grown in numbers and popularity, thanks to NCHS Athletic Director Jim Brockhaus and a host of other volunteers

We've met Wendell and his wife, Marie, and children, Tim and Wendy As a matter of fact, we solved all the Husker mistakes one Saturday afternoon in Lincoln as we munched pizza

Best wishes and much success in the new FCA program

+ + +

**Coming up —**

The Nebraska City Little Theater will stage "Never Too Late" a situation comedy at the Elks August 11-12-18. The dinner theater caught on a few years ago and has been used by the theater group with a great deal of success

Tickets are $8 each and they are available at Jessup's and Snodderly's. The play is co-directed by Mrs Ron Hazard, and Mrs Bill Zastera

The cast includes Rhonda Arthur, Dick Schmidt, Mrs Earl Colbert, Steve Nocita and Tom Neff

+ + +

**CPR benefits —**

Congratulations to Mrs Tom Monaghan and Mrs Art Kregel on their successful CPR benefit They sold tickets on a host of handmade articles and raised $430 for the Percival CPR project

The money will go toward the cost of a recording resuscitator for training in cardiopulmonary resuscitation

The money they raised shows the result of a worthwhile benefit Mrs Monaghan is particularly close to the CPR training She attempted to revive her husband after he had a fatal heart attack She administered CPR until relieved by rescue crews

## *Today In History*

By The Associated Press

Today is Sunday, Aug 6, the 218th day of 1978. There are 147 days left in the year

Today's highlight in history

On this date in 1945, the atomic bomb was used as a weapon for the first time as the United States bombed Hiroshima, Japan.

On this date

In 1806, Napoleon Bonaparte ordered the dissolution of the Holy Roman Empire.

In 1914, the United States offered to serve as peace mediator at the beginning of the World War I

In 1940, the World War II Battle of Africa began as Italian forces invaded British Somaliland.

In 1962, the West Indian island of Jamaica became an independent nation within the British Commonwealth.

In 1967, a state of emergency was lifted in the Detroit area two weeks after the bloodiest and most costly black rioting the nation had experienced.

In 1974, President Richard Nixon told his Cabinet he would not resign but would remain in office while the constitutional impeachment process ran its course

Ten years ago Britain urged the world's major powers to draft a treaty banning the production of weapons using bacteria

Five years ago Vice President Spiro Agnew said he had been told he was under investigation for possible violation of criminal statutes, but he insisted he was innocent of any wrongdoing.

Today's birthdays Comedian Lucille Ball is 67 years old Actor Robert Mitchum is 61

Thought for today Leave discontent alone, and she will shut her mouth and let you sing — James Whitcomb Riley, American poet, 1849-1916



# HEALTH

Lawrence E Lamb, M.D.

## Restricted diet problem

DEAR DR. LAMB - I have to restrict my intake of sweets, fatty foods, salt and all fried foods as I am both a diabetic and a hypertensive

I am presently on a 1500 calorie a day diet prescribed by my doctor I have to eat foods already prepared but I can rarely find canned meats or prepared meats that are low in fat and salt Do you have any suggestion?

DEAR READER — Most prepared foods decrease the potassium content and increase the sodium content This is just the opposite of what you need

When you say you are on a salt restricted diet what you really mean is you are on a sodium salt restricted diet The process of canning or even the process of freezing usually tends to decrease the potassium content and increase the sodium content That's why I think people with your kind of problems who need to restrict their salt would be better off to prepare their own foods from fresh fruits and vegetables

For a food that provides a considerable amount of protein and is still low in sodium you can use mature bean seeds

To give you an idea of what food processing does to the sodium content of most of our foods I'm sending you The Health Letter number 10-12, Salt: Your Vital Sodium and Potassium Balance Others who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P O. Box 326, San Antonio, TX 78292.

You should talk this over with your doctor and review what kind of diet you really should be on. Fresh fruits and vegetables should be acceptable including mature bean seeds To improve their flavor they can be prepared with a variety of spices Of course if you eat raw fruits such as raw apples they won't require anything to be added

There are good studies that show that eating a raw apple will not raise your blood sugar and should be all right for diabetics In fact diabetics eating raw fruits and avoiding starches may decrease their insulin requirements if they currently require insulin for balance This, of course, has to be adjusted under the doctor's supervision

You should be able to broil fish if you like fish and again use seasonings other than those containing sodium salt. There are a number of low-fat fish that should be suitable for this purpose It is true that all foods in the meat group contain some salt and whether you'd need to limit the total amount of those you consume or not depends entirely on how much your doctor wishes to restrict your sodium salt intake

You can also avoid the fried food problem by eating things which are boiled or steamed You might find a pressure cooker with many of its recipes would be very useful for a person with your problem.

A baked breast of chicken, with the skin removed, is an excellent source of protein and it is low in fat, low in calories and three-and-a-half ounces (raw weight of meat only not including bone or skin) contains less that 60 mg of sodium You would be hard pressed to find any processed meat that meets these desirable characteristics for your diet Why don't you discuss this with your doctor? I'm not at all sure why he wants you to use prepared meats. Perhaps you have misunderstood him.

# Berry's World



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*"They LAUGHED when I took up jogging!"*