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VIEWPOINT

Liberal encouragement

It's beginning to look as though Sen. James O Eastland, D-Miss , may not enjoy the cakewalk he expected when he announced last October that he would run yet again this year for the seat he has held since 1941.

Recent polls by both parties show Eastland, a Mississippi institution and president pro tempore of the Senate, looking surprisingly vulnerable — both in the primary and general election

One survey taken for the state GOP placed Democratic Gov Cliff Finch within a single point of Eastland in a possible primary match-up.

Encouraged by signs of the senator's vulnerability, State GOP Chairman Charles Pickering is now planning to enter the race, and the two Republican congressmen, Trent Lott and Thad Cochran, who previously decided to forego a Senate challenge this year are now reconsidering

Should Eastland be upset at the polls, Sen Edward M Kennedy, D-Mass , would take over the chairmanship of the Senate Judiciary Committee — a day liberals have long awaited

AS TIME GOES BY

Markers installed

FORTY YEARS AGO
— 1938—

New street corner markers were being installed in Nebraska City by NYA workers A ledge of hard shale 55 feet underground temporarily halted drilling on the Central Power Company test well at the foot of Central Avenue Authority to organize graduate colleges at the state colleges at Peru Kearney Chadron and Wayne was granted by the state board of education The Loy I Franklin fruit farm one of the original orchards in Richardson county was sold for $9 500

TWENTY FIVE YEARS AGO
— 1953—

Glen Ehlers of Roca succeeded Dr V V Coulter of Syracuse as president of the Little Nemaha County Watershed Association Del Stoltenberg, Charlie Clark and Bill Parker captured titles in the Otoe County Free Throw Tournament sponsored by the Homeyer Shoe Store LT&T filed an application for a rate increase. Residence rates would be increased from 35 to 75 cents a month. Burkett Lewis and Rex Allgood of Peru Prep were named to the Tri-State All Conference basketball team

TEN YEARS AGO
— 1968 —

Joan Jenkins and Terry Brave were crowned queen and king of Fun Night at Nebraska City Senior High The Rev Ralph Dyer of the Christian Church was among four recipients of the Silver Beaver award, the highest award a Boy Scout Council can give a volunteer scouter The A R (Buzz) Owings family Seventh Street and Eleventh Avenue, was surprised when their son AIC Richard H Owings telephoned them from the Mactan Air Base in the Phillippine Islands The Nebraska City council refused to expand the six-liquor store situation turning down an application for an off-sale license.. The University Department of business research said Nebraska City's population had increased 9.8 percent since 1960 and now stood at 7,966

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Today In History

By The Associated Press

Today is Sunday, March 19, the 78th day of 1978 There are 287 days left in the year

Today's highlight in history

On this date in 1920, the U.S. Senate rejected the Versailles Treaty providing for a League of Nations The action set the tone for a decade of American isolationism

On this date

In 1628, the English founded Massachusetts Colony.

In 1711, Russia and Turkey declared war against each other

In 1917, the first territorial legislature of Alaska granted sufferage to women.

In 1942, during World War II, American men between the ages of 45 and 64 were ordered to register for non-military duty

In 1962, relative calm returned to Algeria after a ceasefire ended seven years of warfare between the French and nationalists in the North African country

Today's birthdays: Writer Philip Roth is 45 years old Lynda Bird Johnson Robb is 34

Thought for today Woe unto them that are tired of everything, for everything will certainly be tired of them — G.K. Chesterton, English writer, 1874-1936.

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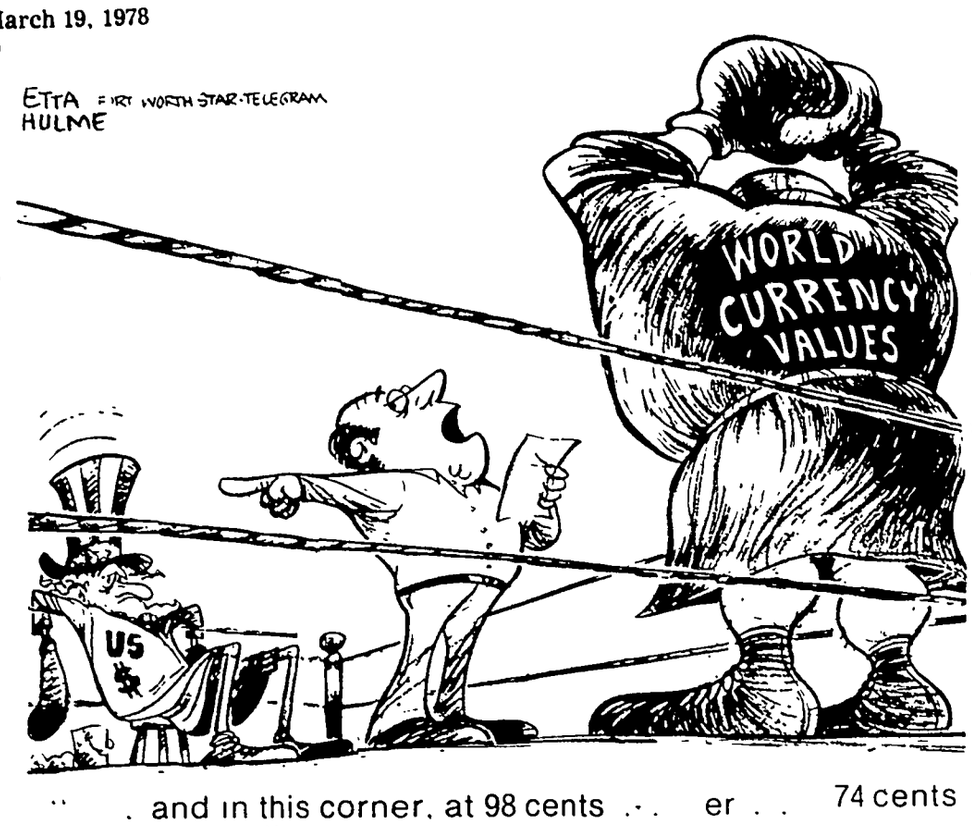
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The Prayer For Today From The Upper Room

As he landed he saw a great throng, and he had compassion on them, because they were like sheep without a shepherd. (Mark 6:34 RSV)

PRAYER: Thank You, Lord, for showing us how important our concern for another person may be. In Christ's name we pray. Amen.





Donald F. Graff

COMMENTARY

Coal at the crossroads

Three months and some odd days ago who among us was predicting that the dispute over a new coal contract would develop into the present Mexican standoff?

Yet here we are — proving that like tall oaks from little acorns, social crises have a way of growing out of modest beginnings despite the best efforts of all (or some) concerned to head them off

Almost unnoticed until fairly recent weeks, the coal strike has been developing into the sort of basic confrontation that recalls classic labor conflicts of decades past

In rejecting a proposed contract, the miners have repudiated their union s leadership, called into question the rationale of industry-wide bargaining and challenged the society's standard operating procedures for dealing with labor disputes of national impact

And if the strike itself brings back the past, so does the weapon President Carter eventually was compelled to resort to m dealing with it

Enacted in 1947 over Harry Truman's veto, Taft-Hartley was the answer of a temporarily Republican-dominated Congress to the Wagner Labor Relations Act of 1935, the Magna Carta of organized labor in the United States

Taft-Hartley restricted some of labor's Wagner conferred advantages such as union and closed shops and set up procedures for dealing with strikes involving national health or safety, notably the 80-day injunction enforcing a return to the bargaining table sought by President Carter

Taft-Hartley's significance over the year's has been mostly symbolic, something for labor to decry and liberal Democrats to campaign against Including in 1948 Truman, who nevertheless invoked it in 1950 against the miners. When they ignored it, he moved to seize the mines but the strike was settled before that issue could come to a possibly explosive head

The 1950 strike is history, which contrary to reports is not given to exact repetitions. It may well be that the 1978 strike will end up making some history of its own.

The answer to the current dispute may not lie in a single comprehensive contract but in a segmented settlement, a number of related but separately written agreements tailored to the specific conditions of different regions and types of operations within the mining industry

It also may well be that a change is due in the concept of industry-wide bargaining that has prevailed since the Thirties. This coal strike, and eventual settlement, may point the way to significant changes in the miners' organization and similar broad-based unions in basic industries.

But if changes are due in labor's adaption to a changed society, they are also necessary in the procedures available to government in dealing with labor disputes of national impact which cannot be settled in the normal collective bargaining process.

There has been some criticism of the administration for being too reserved, for keeping hands too long off the coal strike Whether earlier federal intervention of any description — short of a Truman-style seizure of the mines which hard-line strikers would seem to be inviting but which Carter seeks to avoid under almost any circumstances — would have moved the parties any closer to settlement is problematical

But the fact that when the president did act he had to do so with a relic of political and labor wars of three decades speaks clearly enough of the need for new answers to the challenges of new times

Safety Valve

"...think.. "

EDITOR, News-Press By now the people have received their notice of change in property valuation I believe that the mill levy could be cut if we had more efficiency in our city, county and schools government

I believe we the taxpayers ought to vote in all new people that are running for city council and school board election

HAROLD DUKES

"...our own food. "

EDITOR, News-Press Years ago living on the farm we had to provide our own food and some of the things we did are as follows In February we usually did our butchering and that was a project of neighbors helping each other

Water was heated in a large kettle early in the morning for the scalding and cleaning of hogs We usually butchered at least five hogs at that time and always a fat beef The carcasses were hung in the driveway of the corncrib to cool overnight. The next morning the meat from the hogs was cut into backbone, pork chops, ribs, bacons, hams, etc , and the scrap meat and trimmings were ground into sausage

Summer and liver sausage, Knipe, German sausage was one third beef and two thirds pork The hocks were usually pickled Lard from the hogs was cut up and put in a large kettle and rendered and then put in large crocks and stored in our cave or cellar

We always had a small enclosed shed with a stove in it and the ham, shoulders bacons and some sausage after the meat had been cured in a solution of brine for a couple of weeks were hung in the shed and smoked for several days with smoke from the stove We always tried to get hickory wood to burn or some hard variety

After the smoking process we wrapped each piece of meat separate and in brown wrapping paper and put it in flour or gunny sacks and hung the meat up high on beams in our corn crib The meat kept its flavor and texture all summer The backbones, ribs, pork chops and some sausage was fried almost ready to eat and was then packed in large crocks and covered with lard and placed in our cellar till we needed it

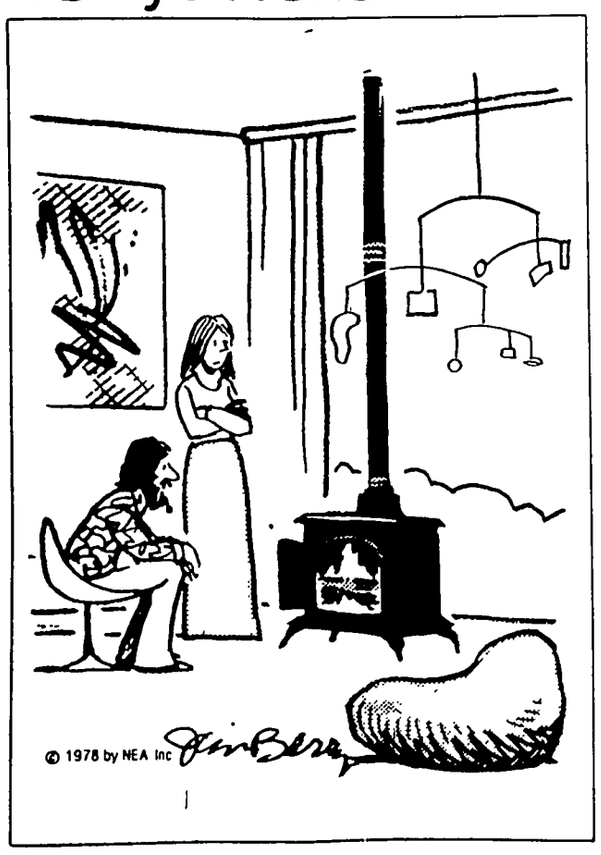
The beef was cut and put through a process called cold packing which consisted of cooking the meat after it was placed in jars and this meat kept very well in our cellar The flavor of this meat cannot be equaled today

After the lard was rendered we saved the cracklings and along with the grease off the rinds of the hogs and any other old lard we had we made soap and this was used for washing clothes

Today you can buy bacon rinds as a snack food Years ago we had the same thing for nothing. Farmers could do the same things today if they wanted to.

BOB KREIFELS

Berry's World





Ivan D.E. Beaumont

THE BUCK ENDS HERE

Here's tip of the hat

Today's quote —

(For Moms and Dads).

"You're never too old to learn unless, of course, you're a teen-ager "

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Stores open —

A special ribbon cutting ceremony marked the formal opening of Sears and Woofer's Den and Gifts Galore in the Pioneer Mall Owners of the mall businesses are Mrs Jerry Hall and daughter, Cindy

Mr and Mrs Tom Funke are the new owners of the Sears Catalog store .Congratulations to the new business people and to their new ventures.

The Chamber of Commerce deserves a tip of the hat on the ribbon cuttings The green jacketed "ambassadors" have had a busy time the past year or so and they ve represented the Chamber well

+ + +

Congratulations —

to Mrs Robert Nichols of Brock who was elected president of the National Porkettes. Mrs Nichols, a former NCHS teacher and county home extension agent, is well known for her work in promoting pork

to Gretchen Finke, daughter of Mrs Judith Finke, who is the winner of the DAR essay contest Gretchen is a seventh grader at Junior High

to Mitch Krenk, son of Mr and Mrs Ray Noyes, for being selected to the Twin Rivers Conference basketball team Three very fine Rocket players from Syracuse Dunbar - Avoca also were named on the 10 member team They are Todd Zahn, Randy Reuter, and Donn Nannen

+ + +

CPR training —

If you've been thinking about taking a class in cardiopulmonary resuscitation and haven't signed up, do it You may have a chance to save a life

The best place in the U S to have a heart attack is in Seattle, Washington

Why? Well, because more people in Seattle know how to administer CPR than in any town in the U S.

The cost for the course in Nebraska City is $2 The course takes six hours. That's three hours a session and the sessions are usually from 7 to 10 p.m , on two different nights

The instructors are rescue squadsmen and they are certified by the American Heart Association Call the rescue business number, 873-3444 and ask to be in the next class.

+ + +

Didya hear the one about the two retired doctors who compared notes of visitations over the years?

"Most people are lazy," said the first doctor "Let me ask you some questions I used to ask my patients just to give you an example

"What has smooth curves and sometimes is uncontrollable?"

"Oh, that's easy," the second doctor said. "A baseball pitcher "

"Next, what wears a skirt and whose lips bring you pleasure?"

The second doctor answered, "the fellow who plays the bagpipe?"

"You know the answers," said the first doctor, "but you'd be surprised what strange answers some of my patients used to give me "

+ + +

Arbor Day —

Nebraska City has a general chairman of the Arbor Day committee, Mrs A.O (Roberta or "Bert") Gigstad She was appointed at a recent meeting of the Chamber board and has only a few weeks to put together a major event.

She'll do it, but she'll need help from many people in the community The annual event is April 22-23 The Foundation awards program is the first day and that will be at The Lodge at Steinhart park

Bill Dawson is the Chamber's director of public relations which has among its responsibilities, the Arbor Day celebration

+ + +

And thank you — .

The story in the World-Herald about savings and loan associations was a compliment for Nebraska City and the southeast corner of the state

People in this area use that as a tool when selling to prospective industries. They point out that Nebraska City has three federal savings and loans, two banks and a wall street broker

Duane Hall, president of the Nebraska Savings league, gave a report on the size of the savings associations and the economic outlook Mr Hall is also president of Midwest Federal

+ + +

Stepping down —

Instead of "Stepping out with my baby" the bandmaster at Syracuse is going to "Stay Home with Sue " B A Johnson received a plaque from the Nebraska Bandsmasters during its convention in Lincoln He will retire at the close of this school year

Mr Johnson was bandmaster at the S-D-A schools for 26 years In recent years he had worked mostly with the Junior High and elementary bands

News in Brief

WASHINGTON (AP) — The director of the president's Council on Wage and Price Stability wants stronger administration efforts to prevent large price increases

HONOLULU (AP) — Scattered areas of the Hawaiian Islands are in their second year of a drought. Hardest hit by the dry spell are the ranchers. Rainfall for the year at Honolulu Airport was measured this week at under 1½ inches. Normal rainfall for the period is 7½ inches. Ranchers have received federal aid to buy feed to replace depleted range grass Don Hansen, manager of a 300,000-acre ranch, said water is so scarce in places that cattle have drunk sea wate - and died.

BOSTON (AP) — The president of Boston University says that wealth may be a determining factor in whether an applicant is admitted to BU's schools of medicine and law



HEALTH

Lawrence E. Lamb, M.D.

Treatment for kidney stones

DEAR DR LAMB — My son has kidney stones The doctors here have found that he has stones in each of his kidneys But they have not mentioned a treatment for them or any diet that would help him They only talk of surgery — if and when he cannot function without it

Is there a treatment for kidney stones, or a diet that will help him? Right now, he seems in good health But we know that they are there and he has attacks that the doctors say are caused by the stones

DEAR READER — "Effective preventive therapy is now available for most renal calculi. In some instances existing calculi may be dissolved by appropriate treatment, but the usual expectation is that by adequate therapy, enlargement of any existing stones or formation of new ones can be prevented."

This is the opening statement of treatment of kidney stones as it appears in the 1977 chapter of Current Therapy, a textbook for doctors published by W.B Saunders. It means tha answer to your question is yes.

There have been recent advancements in the management of kidney stones and I don't think that the new concepts have reached all physicians yet. That is why I took the step of quoting directly from a recent textbook.

To begin with, your son should be forcing fluids. He should drink enough fluids to pass three to four quarts of urine each 24-hour period This should be spaced so that he passes urine around the clock and not just during one period of the day The dilute urine is less likely to permit stone formation, further stone enlargement, or infection.

Then it is important to know what the chemical composition of the stones he has really is This makes a difference on whether you want to keep the urine acid or alkaline To illustrate the point, uric acid stones are fairly common but uric acid is soluble in a very alkaline dilute urine Some doctors also advise giving these patients allopurinol (Zyloprim) to help prevent the formation of uric acid and hence decrease the amount that is in the urine

The calcium stones are usually calcium oxalate While it is common for many doctors to restrict calcium in the diet of patients with kidney stones, there isn't much logic in doing this The calcium in the urine depends upon how much calcium is in the blood stream filtered by the kidney That level is controlled by hormones (from the parathyroid glands) If you don't have enough calcium in your diet the calcium will simply be mobilized from your bones and will still be presented to the kidneys

The oxalate appears to be more important than the calcium in the diet and it is found in tea, beer, a number of fruit juices but not in milk It is also formed from excessive vitamin C ingestion — particularly if it is old vitamin C.

I am sending you The Health Letter, number 11-2, Kidney And Bladder Stones to give you more detailed information Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper P O Box 326, San Antonio, TX 78292 Talk it over with your doctor and meanwhile keep your son on lots of fluids — particularly water That will be the first step while deciding what medical treatment is applicable to his case

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