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VIEWPOINT

Like city, like suburb

Is there hope for the American city?

Despite the often depressing visual evidence of urban decline -- deserted downtowns and decaying neighborhoods - a lot of people seem to believe so.

Some of these are influentially situated, in the White House and the agencies in Washington where the administration is blueprinting a national urban policy President Carter will be hitting its high points in his State of the Union address Jan 19

Even more influential in the long run, however, could well be great numbers of ordinary citizens who happen to be where the urban action is — in the cities themselves

We have become all too accustomed to an urban story expressed in terms of high crime, rising taxes, declining economies and deteriorating services These problems do exist, in varying degrees from city to city But they are not the entire story

There is also the attitude, toward themselves and their communities of citydwellers

A recent special Gallup Poll on the state of the cities, published in the Christian Science Monitor, shows this to be suprisingly positive Significant majorities of interviewees in communities of more than 50,000 population expressed pride in their cities and neighborhoods, expected to continue living therein and were prepared to contribute time and effort to their betterment.

If the sounding is truly representative of urban morale today there would appear to be a greater reservoir of faith in the future of the cities, and of energy waiting to be tapped on their behalf, than the planners and policymakers may have suspected

They could find it an asset when it comes to implementing a national program which takes a metropolitan approach to urban problems The administration is not specifically calling for metropolitan government, reports have it, but it is looking to the suburbs to become active partners of their central cities, sharing some tax wealth and cooperating in land-use and housing projects

Suburban resistance can be expected, and is expected to be countered by one of Washington's most persuasive arguments -- dollars Balky suburbs face cutbacks in revenue-sharing funds and other assistance Those that cooperate in sharing urban burdens will find the federal purse open

The carrot-and-stick treatment will have its effect, but suburban sentiments will be bruised

Under the circumstances, a positive attitude on the part of city people, toward themselves and their contributions to the management of their problems, may of some considerable effect in narrowing differences with suburbanites

Actually, those differences are no longer so great as they might appear to either An inevitable result of the decades-long exodus from city to suburb has been to repeat much of the city experience in the new setting Masses of new suburbanites have not really left the city, they have taken it with them

Older suburbs today are frequently indistinguishable outwardly from the central cities They have become in effect neighborhoods They may still enjoy a special legal status, but they are no longer self-contained communities. They are small parts, with a special character in which residents can take pride, of a larger urban whole

In that, they have something basic in common with their inner city neighbors

AS TIME GOES BY

Deposits down

FORTY YEARS AGO
—1938—

The banks in Otoe county reported that deposits had dropped during 1937 while the amount of money loaned had increased One hundred business and professional people that had been selected at random toured the News-Press plant to see how a paper was put together Outgoing Chamber of Commerce President Fred Witt announced plans for his last three months in office and for the start of the next president's term .The Nebraska City High School basketball team's performance improved but it was still not enough as Peru won 25-21

TWENTY FIVE YEARS AGO
—1953—

Henry Hartman was elected president of the Falls City Chamber of Commerce Captain Herbert Meredith returned to Nebraska City from Korea Marshal Tito was elected the first president of the Republic of Yugoslavia .Arlene Koester and Edith Poppe sparked Otoe to a 32-16 win over the Nebraska City Senior High volleyballers. Despite Lyle Nannen's 17 points, Syracuse fell to Omaha Holy Name, 37-45, in basketball...Dr W. C. Kenner lifted the quarantine imposed the previous week at the State School for the Blind.

TEN YEARS AGO
—1968—

Veteran river watchers along the Missouri River were keeping an eye on the river because a massive cap of ice across the mighty Mo extended from near Leavenworth, Kansas, to a point opposite the Omaha Municipal Airport The Nebraska City Toastmasters Club became affiliated with Toastmasters 2005, an international club .Army Private First Class Stephen Goeden, son of Mr and Mrs Clifford Goeden, Otoe, was assigned as a member of the first infantry division's first administration company in Vietnam...Debbie Esser rolled a 129 to lead the Junior High girls intramural bowling league.

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The Prayer For Today From The Upper Room

Be still, and know that I am God. (Psalm 46:10 RSV)

PRAYER. Amid all the distractions of life, help us, O God, to center our lives in the stillness that communicates Your presence and allows us to be found by You. In the Master's name Amen

Today In History

By The Associated Press

Today is Sunday, Jan. 15, the 15th day of 1978. There are 350 days left in the year.

Today's highlight in history:

On this date in 1922, the Irish Free State was established.

On this date:

In 1535, King Henry VIII assumed the title, "Supreme Head of the Church" in England.

In 1919, Ignace Jan Paderewski became the first premier of the newly created Republic of Poland.

In 1929, the United States ratified the Kellogg-Briand Peace Pact renouncing war as a means of settling international disputes.

Also in 1929, the American civil rights leader, Martin Luther King Jr., was born in Atlanta.

In 1932, France completed pacification of French Morocco.

In 1971, the Aswan High Dam on Egypt's Nile River was dedicated.

One year ago: Freezing cold in the U.S. Midwest virtually closed an 180-mile stretch of the Mississippi River to shipping, stranding many barges between between St. Louis and Cairo, Ill.

Today's birthdays: Pianist Malcolm Frager is 43 years old. Former child movie star Margaret O'Brien is 41.

Thought for today: Intuition — the strange instinct that tells a woman she is right, whether she is or not — Anonymous.



Financial savvy not for men only

Women risk inheriting money woes

By Harold Blumenfeld

Statistics tell us the average woman lives seven years longer than the average man In human terms, that means many women are faced with the sorrow of widowhood — and with the task of taking charge of their finances for the first time in their lives.

Gray hair and gray matter don't necessarily go together A woman can be old and wise in the ways of the world without having much knowledge of economics It behooves a husband to teach his wife about money matters. Otherwise, he may leave her not only a legacy — but a headache.'

Like most husbands, I have managed — or mismanaged — our personal finances for all our married life. But recently my wife, Gerry, attended a Money Management Seminar especially for women.

One of the most important things Gerry learned at the seminar was that the less money one has, the more it needs to be managed.

One of the seminar speakers compared financial management to planning a vacation, just as a potential traveler would take care to read maps and gather other information for the perfect vacation, the money manager should follow a budget and keep detailed financial records

As the expert pointed out, careful budgeting and record keeping will sound an early alarm if your dollars are not going to stretch far enough to cover your expenses. When that problem occurs — as it does for many seniors — the only solution is to spend less money than you take in. And how are you to do that without a record of everything that comes in and goes out?

One of Shakespeare's characters said, "What's mine is yours, and what's yours is mine " Through the years, the sharing of property has been one of the most convincing evidences of mutual affection. Since joint ownership of property almost inevitably follows marriage, one should take caution to avoid the pitfalls of such arrangements.

There are obvious advantages to joint bank accounts. They enable both husband and wife to draw on the account during the other's absence or incapacitation. They save having to figure out which partner is responsible for which bills. And if one partner dies, the other owns the account.

Yet, joint accounts have their disadvantages

Such an account could be taxed if one of its joint owners died. Taxes also could be levied on a family home or securities after the death of one of the joint owners. Laws vary from state to state; a lawyer or bank can guide you on the advantages and disadvantages of joint ownership

Unless the survivor can prove her own earnings are part of a jointly held estate, the entire estate is subject to federal taxes in the event of her husband's death

Much of the money management seminar was devoted to stressing the importance of keeping wills updated. That is doubly important for seniors.

It's bad enough to leave no will — but it can be even more devastating to your family to leave an obsolete will. Births, deaths, adoptions, accidents, marriages, separation, divorces, changes in competency, aging and many other changes may make it necessary to rewrite your will. You might wish to change the executor, for example Or perhaps one of the witnesses to your will has died or moved away.

If you move from one state to another, it's important that you have a new will. In the event of death, your witnesses will be far away (In some cases, lawyers have to prove that at least one witness was present when you made your will.)

The state where you formerly lived can claim an inheritance tax because your old will says you're still a resident. Even if your lawyer can prove you were a resident of your present state, it will require complicated legal work — and a higher legal fee.

Some people think they don't need a will if they have few possessions. One of the lawyers at the seminar told of a woman client who claimed she didn't need a will because all she had only a bank account and some bank certificates, all made out in trust for her only son.

The lawyer asked, "Suppose your son is killed in an accident. Do you want your daughter-in-law to inherit your estate?"

That did it! The answer came back quickly "That woman? Never!"

And she had the lawyer draw up a new will

GROWING OLDER



Harold Blumenfeld

Berry's World



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"I know you want to rid yourself of as much detail as possible, but I think the thermostat is broken "



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Ray knows the oldtimers

Changes—

Ray Ott will be missed at Morton House Kitchens, Inc. Mr Ott will retire February 1 after almost 50 years with the company beginning with odds and ends jobs as a high school sophomore.

Mr Ott has hosted the plant's Quarter Century club for several years and he does a thorough job of introducing the "oldtimers" of the plant. He also tosses in a few stories of yesteryear.

We have enjoyed calling on him in daily newspaper assignments and wish him and Maxine good health and happiness.

His successor is Bob Hawkes who has been with the Lipton company, owner of Morton House, since 1965. Mr Hawkes has been assistant plant manager for several years.

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Jim McKim, the newest member of Nebraska City's police department gave up the sun in California, to make his home here. Jim wanted to attend Peru State because of family ties and the friends he has in this area.

His dad is a graduate of the campus of a Thousand Oaks, so that may have been a helpful reason to leave Anaheim and attend Peru State.

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Congratulations...

...to Frank Ullsperger on his 100th birthday. Mr Ullsperger also was recognized with a birthday card from President and Mrs Jimmy Carter.

He is a resident of Nebraska City Manor. The centenarian quipped: "I feel pretty good another 100 years wouldn't hurt me "

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Execution—

We listened to an out-of-state radio program the other morning and since we were interested in Nebraska news, we perked when the announcer told about the three men on death row in Nebraska and the 90-day stay of execution.

What really got us was the inaccuracy of the announcer He said the last time someone died in the electric chair in Nebraska was Charles Starkweather in 1959 who was accused of several murders in several states.

The announcer was off his rocker. There were 12 or 14 murders ranging from teenagers at Bennet to a very fine family in Lincoln Starkweather was not "accused" and put in the chair to burn He was a convicted killer. Fourteen-year-old Caril Fugate who was with him, is now out of the Nebraska women's prison and living and working out of state

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Your help needed—

Rescue Squad Secretary Frank Bataillon is usually in a jolly mood and carries a mental volume of jokes to share with patrons on his mail route

The past few days, however, he's been frowning Another theft of a red blinking light was reported.

The red lights are owned by the rescue squad and issued to the volunteers. Nebraska City's volunteer firemen also have the lights and they also have reported them stolen.

The latest theft was from one of the newest members of the squad, Sister Mary, a teacher at Nebraska City Lourdes

All volunteers with red lights on their vehicles use them only when answering rescue or fire calls. Vehicles must have a permit issued by Sheriff Russ Seals

Frank is asking for help He'd appreciate a call to help the volunteers recover the lights The rescue office number is 873-3444 and the fire office number is 873-3579.

American Meter

Congratulations to Norm Bruening on being named manager of American Meter company in Nebraska City He succeeds Gary Blakeman, who has been with the company for 14 years and now will move to Philadelphia as vice president of personnel-organization

The changes in administration are effective February 1

Norm has been with the company for 15 years and recently was manager of quality control The Bruenings have three growing sons

News in Brief

WASHINGTON (AP) — The federal government plans to order cities to spend millions of dollars to build new water filtering devices. The move would cost consumers an estimated $2 to $5 more annually on water bills, the Environmental Protection Agency says. The EPA said Sunday it's taking the action because studies show most drinking water contains small amounts of cancer-causing substances.

SHREVEPORT, La. (AP) — An Atlanta woman seeking a share of the H.L. Hunt fortune says the late oil billionaire once offered her $1 million to keep their bigamous marriage secret.

Frania Tye Lee, 73, outlined for a jury Thursday what she said were his efforts to keep two wives and two families happy at the same time. Mrs. Lee claims she was married to Hunt in Shreveport from 1925 until 1934 when she learned that all the while Hunt had had another wife and family

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HEALTH

Lawrence E. Lamb, M.D

Caution on aspirin

DEAR DR LAMB — Is it now recommended for older people to take some aspirin daily to help prevent the arteries from becoming hard? Will aspirin prevent them from slowly closing?

DEAR READER — There is no evidence that aspirin will prevent fatty-cholesterol deposits in the arteries at all. There are some research studies that suggest aspirin is useful in preventing blood clotting mechanisms that are a factor in causing strokes and heart attacks, but this is a different process entirely You should think of it as an anticoagulant (what many people erroneously call a blood thinner)

I do not think it is a good idea for anyone to begin taking aspirin regularly — young or old — unless he has checked with his doctor There are some conditions that are harmed by aspirin including anything that is associated with bleeding, such as kidney stones, ulcers and bleeding hemorrhoids

For more information I am sending you The Health Letter 8-8, Aspirin and Related Medicines Others who want this issue can send 50 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019

DEAR DR. LAMB — My husband and I plan to climb Mt Thielsen (elevation 9,000 feet) in Oregon next summer and would like some information on how we should build ourselves up to this and also what kind of energy foods to pack with us We are both in good physical condition but know that this high elevation climb will be a strain. Would appreciate any help you can give us

DEAR READER — Unless you are already in superb physical condition you are wise to start preparing months in advance The better your level of physical fitness the easier the task will be You should be able to run at a vigorous pace for a considerable distance I look upon serious mountain climbing as somewhat like preparing for a marathon You need a strong, well conditioned heart, and if you can't hack it as sea level you shouldn't try the mountains You can t get fit overnight, so a person needs to start months in advance of the challenge

Of course you will want to do exercises, including strength training that involves the arms and shoulders as well as just running exercises that use the legs

Assuming you have attained good strength and stamina in advance the rest of the job is one of doing it right and doing it at a reasonable pace I presume you have had some advice from people who are experienced in mountain climbing If not you should get some help from experienced people

The food should be high energy food, which means mostly that it will be foods that contain a minimum of bulk and water Concentrated sweets are a good choice here Dried meats are fine If you have access to field rations or survival food packages, some of these make excellent food for such outdoors-type activity

In general people who are in superb physical condition tolerate altitude exposure much better than those not in such good condition The altitude exposure and the exercise are additive Meaning that the heart must work harder because of the altitude which will tend to decrease a person s maximum exercise capacity

Routes Open

Route 18 - 9th Street to 15th Street and from overpass on South 11th to Airplane Heights

Carriers Needed
10 Years of Age or Older

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