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Letter to the President

Dear Jimmy

Sorry I haven't written for a while but the wife's been worrying over the budget and it's taken all I had just to keep the dog and the kids out of the way When she gets down into the budget, we just try to hide out somewhere where we can't be seen You know how it is with budget directors The best thing is to hide behind a houseplant and hope you can survive

I tried to tell you when you were running for President that all those speeches about trust and truth and throwing the rascals out would come home to roost Well, it looks like the first rascal was Bert Lance It'll help get your arm in shape

I figure you're sort of disappointed about the Secretary of State, Cyrus Vance Lord knows he's trying as hard as he can But there is a lot to do

First, he had to convince the State Department that human rights were important That's a whole new set of instructions

Under Kennedy and Johnson it was "which side are you on? Reds or good guys?"

Now it's "we'll only play with you if you come from a good home."

He's trying to change their ways and that's like trying to get a goat to sing opera Cyrus has them singing now but it sure sounds funn

And then he had to deal with the Russians on the SALT You shouldn't have expected them to go for it the first time through Any she-bear will tell you that you have to put up with a little cuffing around before the old man gets down to serious love-making

And to top it off, Cyrus feels a little like the butler out in the kitchen with Andy Young and Big Zbig in the living room trying out new menues

I think you have been handling the Panama Canal okay It's a funny thin A couple of years ago, the canal was as controversial as Kool-Aid Now it's the big burrito

Even conservatives are mixed up. Those two columnists, Buckley and Kilpatrick, kind of like the treaty from what I read So they've got trouble, right there in right-wing city

Well, don't fret too much about it Strom Thurmond and Ronnie Reagan are leading the charge against the treaty A man can always profit from a few well-chosen enemies

Not much is doing out here in Colorado It looks like we may get snow this winter, in which case we'll be putting in for blizzard relief But if it doesn't snow much, there s always drought relief to fall back on

Just remember one thing about old Bert better him than you

Hang in there and our best to the wife and kids and etc

Rips

AS TIME GOES BY

"Screeno" stopped

FORTY YEARS AGO
—1937—

Theater owner Wesley Booth discontinued the use of "Screeno", a game of chance, when County Attorney Edwin Moran said it was illegal but said he would join the campaign by the state theater owners association to close down carnival games of chance .Nebraska City recorded 86 degrees, an all-time high for October 29 according to Weather Observer Frank Williams

..Vital statistics on file at the county clerk's showed a population increase in Otoe county with births outnumbering deaths two-to-one Comedians Groucho and Chico Marx were found guilty of copyright infringement by a federal court in Los Angeles for using a radio script that was not their property

TWENTY-FIVE YEARS AGO
—1952—

Bing Crosby's wife, Dixie Lee, was reported near death Nancy DeLong of Nebraska City placed fourth in the American Royal Horse Show at Kansas City . Foreign Youth Exchange student Mary Ann Grundman visited Yugoslavia .Nebraska City was eighth in the UP Class A football ratings . "Democrats Hit Richard Nixon" was the front page headline in the News-Press .About 30 members of John E Walls Post, VFW, discussed plans to open a new VFW Club

TEN YEARS AGO
—1967—

Nebraska City Lourdes Homecoming king was Dave Ohnmacht and the queen was Mary Gude .Antique collectors and buyers from six states including California and Wyoming flocked to Nebraska City for the auction of Al Schmitz's lifetime collection of antiques Sue and Don Schlichtemeier of Murray were awarded with a trip to Chicago sponsored by the Murray State Bank at Murray Walt Bosley was elected president of the Tri-State Citizen Band Club Ivol Stever, manager of Hested's in Nebraska City, presented a $25 savings bond to Mrs Mary Saali, Julian, as the winner in the 56th anniversary sale

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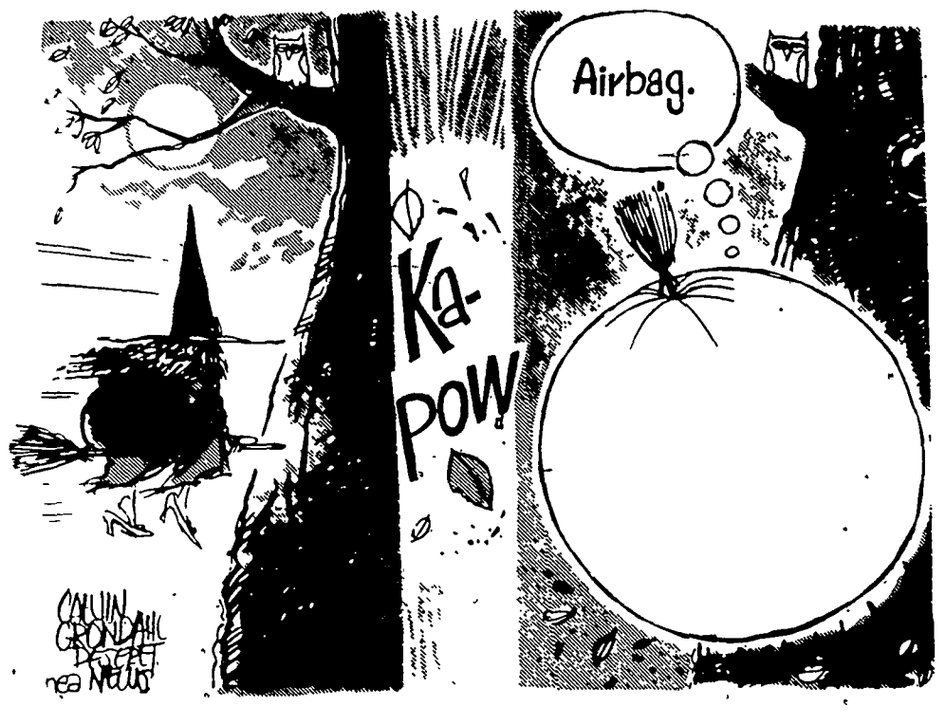
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The Prayer For Today From

The Upper Room

As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me (John 15 4 RSV)

PRAYER O God, in life's storms help us cling to Christ, the holy vine, that His spirit may flow into our lives and bring forth fruit to His glory. Amen.





Martha Angle and Robert Walters

IN WASHINGTON

Canal is up to Carter

WASHINGTON—(NEA)—Unless President Carter learns to distinguish the symptoms from the disease, his ailing Panama Canal treaties are going to die on the operating table of the United States Senate

For starters, the President had better find a more sensitive diagnostician than Hamilton Jordan, who seems to have a grossly oversimplified notion of what is bothering the Senate about the canal pacts

"Some of these bastards don't have the spine not to vote their mail If you change their mail, you change their mind," Jordan said recently, according to the New York Times

Needless to mention, his analysis did not sit well with members of the Senate Foreign Relations Committee who must cast the first votes on Carter's treaties.

It is not the avalanche of adverse mail which has jeopardized the canal pact on Capitol Hill, but rather the deep-seated and widespread public opposition to the treaties which both the mail and the opinion polls reflect

Carter and his Georgia mafia may have forgotten the lessons of the past decade, if indeed they ever learned them But there are others who have not.

"In a democracy, any policy that over the long term, involves substantial risk must have the support of the American people," former Secretary of State Henry Kissinger told the Foreign Relations Committee.

"No president, no Congress can pursue a matter of public policy very long without the support of the people," echoed Kissinger's predecessor, Dean Rusk.

They ought to know, if anyone should. And there was not a senator in the hearing room who did not shiver slightly at the ghosts of Vietnam as Kissinger and Rusk delivered their warnings.

As it happens, both men vigorously support the proposed Panama Canal treaties—and the fear of another Vietnam is very much a part of their reasoning.

Without a new treaty, Kissinger warned, it is almost inevitable that the United States will have to resort to force to keep the canal open. "In five years or so, our forces there are likely to be facing guerrilla action," he predicted primly.

There is, of course, no guarantee that ratification of the treaties will forever remove the need for armed U.S intervention to maintain the neutrality of the canal.

But as Kissinger and Rusk noted, the treaties would provide legal and moral justification for such action—not just to other nations, but to our own

"The American people will be comfortable only if they perceive the use of force to have some legal and moral basis," Kissinger said.

Members of the Foreign Relations Committee were deeply impressed by Rusk and Kissinger, calling their testimony "the most persuasive yet" in support of the canal treaties.

But the most crucial advice the two former secretaries of state had to offer was directed not at the Senate, but at Carter: "Public opinion must be won over."

"No one can do it except the President," said Kissinger. "It is not enough to answer an occasional question at a press conference, or to send administration officials to the Hill for occasional testimony."

Jordan can generate all the pro-treaty mail in the world without changing a single senatorial vote. If Carter really wants those treaties ratified, he must personally assume the responsibility for convincing the American people it is the wise thing to do.

Like Kissinger and Rusk, members of the Senate have learned the folly of pursuing a foreign policy that does not command public support. It is not their job to win over the skeptics. It is Carter's, and he had better get moving on it fast.

Unlawful activities plague broadcast spectrum

CBers in need of self-discipline

By Ink Dipper

The secrecy was absolute as the FCC team arrived in Nashville Tenn in mid-August to begin its investigation of illegal broadcasting activities in middle Tennessee

Complaints had been coming into the Nashville office of the United States attorney as well as the Federal Communications headquarters in Washington D C The complaints reported interference as well as broadcasting on unauthorized bands Many of the complaints indicated the matter was serious Hal Grigsby, FCC investigations engineer in the Atlanta office, had been discussing the problems with Robert Watson, assistant United States attorney by telephone

The problems were being reported by various federal and state entities as well as television viewers " Grigsby explained "We know by survey that for every single complaint we receive, there are 14 others that do not put it in writing In other words, the complaints we receive represent only the tip of the iceberg "

Enforcement is obviously a nightmare for the FCC as the use of linear amplifiers by many CBers becomes increasingly difficult to control The Atlanta office serving four states receives an average of 100 complaints per month

There is an electro-magnetic smog in the country," Grigsby explained "And it takes all users — CBers, industrial radio, government, marine — working at maintaining a discipline to achieve compatability Most CBers have been helpful beyond expression Clubs have notified us when they detect a violation, and have helped us in searching out the culprit They've been great "

In the middle Tennessee raid a team that varied between six and eight investigators was utilized Most the time there were three cars on the road, equipped with radio-receiving equipment as well as very sophisticated direction finding gear

"Our equipment is of such technological excellence," he said, "that we are only as far away from the trouble spot when the finder locates the signal as it takes us to drive directly to it."

The complaints generally involve CBers who have attached linears to their CB unit to achieve 400-watts power instead of the 40 watts allowed, and CBers and ham operators who have modified their sets with a crystal box so they can use other channels outside the 40 authorized by the FCC in the citizens radio band.

"Linears override everything around them," it was explained "Not only will they interfere with adjacent channels to the one they are using, but they also can affect television reception, industrial radio, police communications, military — even airport landing instruments. In other words human lives are jeopardized "

When a crystal box is wired into a CB unit and outboarded, the crystals provide access to other channels Generally the excuse is that the operator wanted to avoid the congestion that exists in many areas on the authorized 40 channels. Often the maverick is a CBer or an unlicensed ham operator who seems to get a thrill from innovating with his set. The black box with the assorted crystals makes it possible for him to operate beyond the confines of the CB band It is the veteran CBers who help police the spectrum and locate the scofflaws. Pinpointing the location is the responsibility of the enforcement unit of the FCC.

"Our hit in middle Tennessee is a specific example of the work we do in trying to keep the airwaves clear," Grigsby responded. "Citizens band radio is one of the greatest communications techniques to be achieved since World War II It will take another two or three years before it is fully utilized. And it can be of greater service than it is presently But, you can't have one man driving at 100 miles down the highway, endangering everyone else's life because they are following the legal speed limit. That's the guy using a linear amplifier He's doing that to CBers — all of them."

Seven homes and one mobile were raided in the search in middle Tennessee Equipment valued at between $15,000 and $20,000 was confiscated. Charges have not yet been filed against the operators because the United States attorney for the district has not received his final report from the FCC investigations laboratory. At that time the decision to file criminal charges or drop them will be made.

Watson says: "The unlawful activities plaguing the broadcast spectrum are of such importance to our daily lives that we must view them as serious and treat them that way."

Modifying a transmitter is one thing. Using this as a way of operating a set in a manner not approved destroys citizens band for everyone. We CBers have to work at maintaining responsible discipline.

News in Brief

ELLENSBURG, Wash. (AP) — Police at Central Washington University are using radar against student bicyclists who speed, and they also plan to issue tickets to the violators. Two students have been injured in collisions over the past two weeks One sustained a broken collar bone Authorities say there have been numerous bump-and-bruise accidents in the past, but that a recent hit-and-run in which a 64-year-old man suffered cuts forced the crackdown.



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Cheryl is a winner

Congratulations —

.....to Cheryl Blakeman, daughter of Mr and Mrs Gary Blakeman, on her selection to the All Tournament Team at the Twin Rivers Conference volleyball meet.

We've been attending a number of the girls games and have found a growing spectator interest in the sport. Coach Vicki Wilken and her high schoolers have been doing a good job for the sport and for fans.

+++

The Dunbar Review —

The newlyweds had just settled down into their honeymoon suite after arriving at the resort.

The bridegroom, wanting to make an early showing of his young executive image, said: "Honey, now that we're married, I believe we should have a good understanding between each other, and we should decide right now which of us is president and which is the vice president."

The cute little thing rolled her eyes, looked up to him and said, "oh, that's no problem, darling. You can be both the president and vice president. I'll be the treasurer."

+++

A new sound —

Congratulations to Dave Messing and the KNCY company for installing stereo FM at the Nebraska City radio station. Grand opening for the new facility was held Saturday.

We join with the community in welcoming the addition to an existing business. Too often we fail to recognize expansion of our local businesses and industries.

Congrats Dave, Cope and the radio gang. We're enjoying your new sound.....especially in country music.

+++

The football contest —

Thanks to neighbor, Mrs Fred Wusk, for helping us judge the football contest which is printed each week in the News-Press.

The contest was delayed a couple of days because of rained out games and when the last game was played Monday night, that happened to be the night that my helper decided to try some more of those homemade hostess-like cupcakes.

So, rather than fuss.....I went next door and offered Lucille wages of fresh coffee and homemade cupcakes and a bonus of Bing Crosby's 50th year TV show, if she'd help me with the contest.....how could she refuse.

+++

The Fenske report —

George was driving one day in the Paul community when he spotted a farmer plowing with a bull, and this despite the fact there was a tractor in the barnyard.

When man and beast came to the end of a row, George recognized Bob Kreifels and called to him

"Hey, Bob. Why are you plowing with a bull when you've got that big diesel tractor?"

Bob and beast snorted and Bob answered: "I know what I'm doing".

"Well, what are you doing?" the inquisitive Review reporter asked.

"I'm teaching this critter there's something to life besides romance."

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New at Peru —

Groundbreaking for the new health and phys ed center at Peru State will be November 5 at 12.30 p.m. The completed project will cost an estimated $2.3 million.

The new facility didn't come easy. There was a lot of groundwork laid before that appropriations was approved. Sen. Calvin Carsten, Avoca, deserves much of the credit for his dedication to getting the approval from the legislature. He had help from Peru Boosters, but he did the political engineering.

Peru will play Northwestern College in a football game at 2 p.m. and Saturday night there will be a performance of the Omaha Symphony Orchestra.

It promises to be a bright day among the oaks.

+++

Flip your hands —

Despite the confusion printed in newspapers and reported on television about the change back to Central Standard time, it takes place today, Sunday, October 30.

The easy way is to set the hands of the clock back one hour when you hit the pad Saturday night.....always seems like you get something extra out of the change.

We'll flip ahead an hour next spring.

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Football in 1937 —

The Nebraska City Pioneers took it on the chin several times in football games during 1937. In one game that they lost it felt like a win with only seven points scored against them.

Jack Ryder, sophomore end for NCHS, got his teammates down to the 15 yard line twice during the game but the Peru Bobkittens closed the gap and then turned on the offense.

Jim Polston (1530 No. 11th) flipped the ball to his end, Grafton, for 28 yards and a score Fischer plunged and that's all she wrote Peru 7, NCHS 0.

The News-Press story cited the speedy Polston,.

"Polston, one of the best backs in the Southeast district this year, led the Peru attack with his running, passing and punting."

Ole Jim says he doesn't do much running these days.



HEALTH

Lawrence E. Lamb, M.D.

Fatigue a common problem

By Lawrence Lamb, M.D.

DEAR DR. LAMB—A few years ago if a housewife went to a doctor and was depressed or worn out and tired he would prescribe some pills and send her home. My doctor called them energy pills, now known on the street as "speed."

If you go to a doctor now and ask for them he looks at you like you are a drug addict or a drug pusher I haven't taken anything like that for about four years

I am so depressed and discouraged about everything I don't even want my kids. I don't have the energy to take care of them. I'm sure there are a lot of housewives and mothers who have the same problem and don't know who to talk to about it. Maybe you could print something that would help millions of women on what to do about depression

I might add, when I took those pills I was a beautiful person and loved my family I loved to keep house and fix meals. Lately it's been such a chore I just throw anything on the table.

DEAR READER--Your letter doesn't sound like an individual who has a real depression as a major psychiatric problem. Depression runs the spectrum from a simple mood depression to a psychotic depression that requires immediate professional treatment.

You sound like many women who have run short of energy It's true that those "pep pills" put some go in people and many liked the elevated mood they obtained from them One prominent physician who gave them to his swinging patients, some rather prominent nationally and internationally, became known as Dr Feelgood And you are right—the medical profession and society frowns on this practice

Such medicines often cause complications you wouldn't think about, including a number of psychotic reactions at worst and more often loss of normal good judgment.

The feeling of fatigue or lack of energy on the down side of the mood swings that people have is very common In about 80 per cent of the instances it is not associated with a medical disease but the first step is to be sure you are not one of the remaining 20 per cent who have a medical problem that needs attention This can be anything from a serious illness, an anemia, or a simple matter of poor nutrition That is why you need a medical checkup

I am sending you The Health Letter number 9-6, Fatigue Feeling Tired and Weary, to give you more detailed information on this feeling so many have and what you can do about it. Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it to me in care of this newspaper, P O Box 336 San Antonio, TX 78292.

Often psychological factors play a big role That means you can do something about it yourself. Goals, opportunities to do something you really like, a change in scenery are all important factors New responsibilities often help stimulate a person and provide a new sense of thrust or energy

A number of habits can sap your energy too These include cigarette smoking, obesity and lack of physical exercise Just being occupied with unstimulating multiple light chores is not adequate physical activity Most women need something more such as tennis if they like it or some other sport they enjoy Regular exercise helps to keep your body fit and gives you an increased sense of energy

Today In History

By The Associated Press

Today is Sunday, Oct. 30, the 303rd day of 1977. There are 62 days left in the year.

Today's highlight in history:

On this date in 1922, Benito Mussolini became premier of Italy and formed a Fascist government.

On this date:

In 1735, the second U.S. president, John Adams, was born in Braintree, Mass.

In 1938, there was panic across a good part of the country, caused by an Orson Welles broadcast depicting an invasion from Mars.

In 1941, a U.S. Navy destroyer was sunk by a German submarine off Iceland. The act led to repeal of the U.S. Neutrality Act.

In 1975, Prince Juan Carlos de Borbon assumed powers as Spain's chief of state.

Today's birthdays: Actress Ruth Gordon is 81 years old. Ted Williams of baseball's Hall of Fame is 59.

Thought for today: The most difficult thing in life is to know yourself — Thales, Greek philosopher, about 640-546 B.C.

Berry's World



"Speaking of programs – I've got a GREAT idea. Why don't we revive the swine flu shot thing!?!"