# Nebraska City News-Press

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## Darkest Cambodia

What little news has filtered out of the prison-nation of Cambodia since the end of the Vietnam war in April 1975 has been unbelievably horrendous

It now appears that early reports of the extent of the suffering being inflicted on the Cambodian people by their Communist Khmer Rouge masters were indeed exaggerated

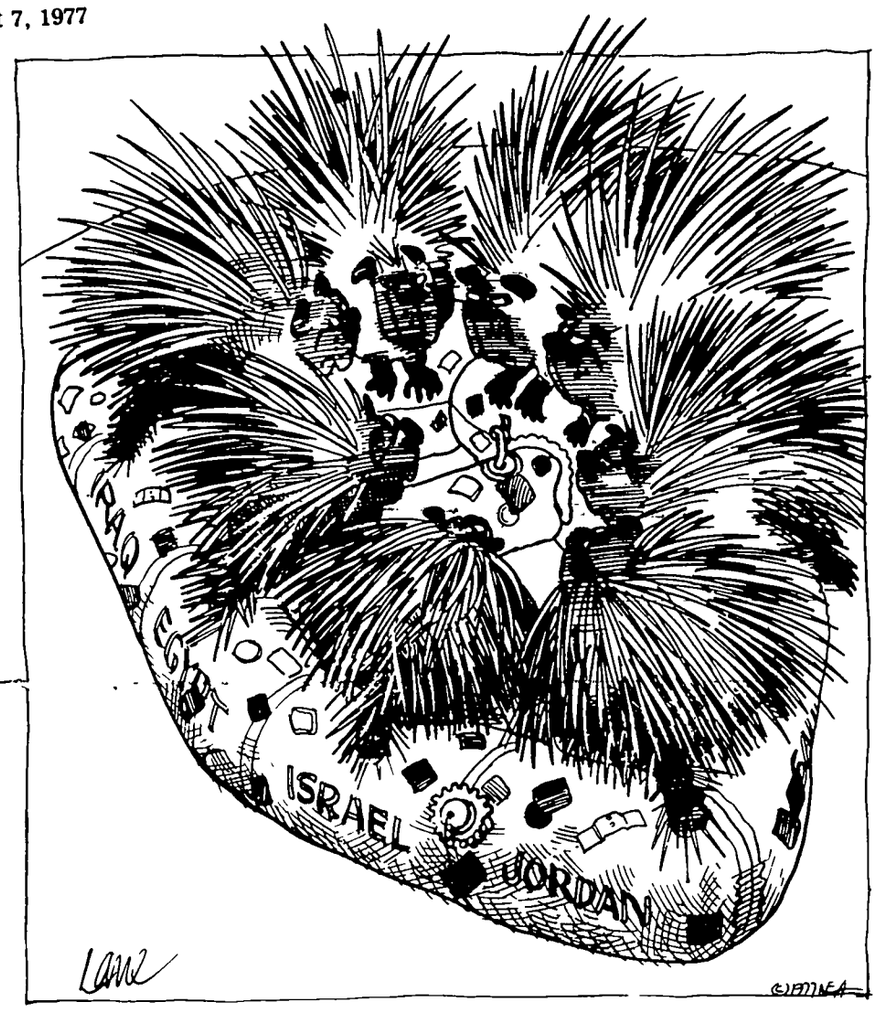
Rather than upwards of 1 5 million Cambodians having been executed by the Khmer Rouge as stories carried by refugees indicated the latest estimate is that the toll was around 200 - 000

It is not that the Khmer Rouge have not tried But as one Cambodia-watcher explains it because of the small size of their army 'the mechanics for executions on a more massive scale are just not there '

Not deliberately executed — but dead all the same — are another 800 000 or so who Cambodians observers believe died of disease or malnutrition many of them on forced marches out of the cities and towns or from forced labor in the fields

That brings the total of deaths in a little more than two years to around a million human beings or about 12 per cent of Cambodia s estimated 1974 population

That is tragically massive on anybody s scale of reckoning




Life raft

## Safety Valve

" a Jenny "

EDITOR, News-Press So you want to know, what is a Jenny?

This is difficult to answer as ninety percent of the population have never seen one, nor if ever seen would not know one when seen

It is a crossbred-hybrid-mutation of various colors, but usually black, brown, or white that performs the usual normal functions with variable, fickle, erasable results and a temper that is incomprehensible

A few wacks with a 2 x 4 scantling sometimes will normalize the situation but usually not

It will emit the most unearthly rasping, irritating, unholy sounds, without rime or reasons, at any time and anywhere. One lose in a neighborhood would be like a race riot in New York City at night It is easier to describe its idiosyncrasies by comparison with more common phenomenom prodigies that have recently developed

It would compare favorably with a half-breed homosexual with his belly full of whiskey and his brains sogged with dope, riding a motor vehicle at excessive speed heading for a beer bust

Rosey Roosevelt started something when he was going to balance the national budget with beer The more beer the kids drink the more we go into debt, and the more trouble for everyone

It could be compared with a confused school board wrecking, taxing, spending and more to come upon the backs of the payers We know that excessive postal salaries are wrecking the news printing media, but more than four hundred at the University are paid more than $30,000 and are asking for more

The news media have been fellow travelers for more than half a century and are now finding out that a lot of agencies are not worth their costs

When I recounted how I lost the most valuable Jenny I ever owned, you said "the Government stole my ass"

**The Old Kernal**

**Ed Note Next time I'll ask about the black Panther of Minersville**

*AS TIME GOES BY*

## Well drilled

FORTY YEARS AGO
— 1937 —

Threatened rains did not materialize in Otoe county with the only Nebraska towns receiving moisture reported to be Hastings, Tecumseh, York, McCool and Hebron Governor R L Cochran was on hand to witness a formal ceremony celebrating the drilling of a test oil well near Fairbury . Chief of Police [illegible] gave custodians at the Senior High school permission to shoot pigeons at the high school, because they were a nuisance .Peaches and grapes especially benefited from the 10½ inches of rain which fell in Peru during July

TWENTY FIVE YEARS AGO
— 1952 —

The county board said in a written statement that the county was willing to pay half the cost of the South Third Street bridge repairs Robert Tubach was installed as commander of the Adam Schellinger Post of the American Legion to succeed Glen Duerfeldt Eldred Buethe of Elk Creek was crowned queen of the Johnson County Fair, then won the ribbon for her reserve champion Angus baby beef Don Peterson of rural Nebraska City was uninjured as the tractor he was operating on terraced ground overturned and caught fire northwest of Nebraska City

TEN YEARS AGO
— 1967 —

Robert Schreiter, son of Mr and Mrs Robert Schreiter, Nebr. City, planned to make his first religious profession in the Society of the Precious Blood at St Charles Seminary, Carthagena, Ohio "Von Ryan's Express" starring Frank Sinatra and Trevor Howard was showing at the Pioneer Theater .Mrs Frank Morrison planned to be the commentator at Fashion Spotlight at Steinhart Park Mrs Paul Knoll returned from Minneapolis, Minnesota, where she attended the North Central Region Conference on instruction


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## The Prayer For Today From

The Upper Room

"Give thanks, with joy, to the Father, who has made you fit to have your share of what God has reserved for his people in the kingdom of light." (Colossians 1 12 TEV)

PRAYER. We are truly grateful, dear Lord our God, for Thy guiding hand upon our lives to this moment, and we know from past blessings that we can fully trust Thee for all the tomorrows to come. In the strong name of Christ our Lord, we pray Amen.

*But 'good fence' is open*

## Neighbors aren't yet friends

By Phyllis and Herb Kamm
*(Last in a Series)*

ON THE ISRAEL-LEBANON BORDER — (NEA) — Outside the sunlight danced off the gray-white sides of the trailer in the clearing near the Israel-Lebanon border Inside, the dark eyes of the Lebanese nurse glistened with friendly reassurance for the young mother The woman had trekked more than two miles across the stony Lebanese hills seeking medical help for her coughing child

That day the trip was easy The narrow dirt roadway was dry and someone had come along in a car and given her a ride On rainy days the road from Lebanon to the Israeli border in that sector is a quagmire but it does not stop the stream of people passing through the good fence '

They come for medical help, oil, sugar, rice and other basic foods, and the propane gas to cook them They come for water, for instruction in modern farming techniques demonstrated on a nearby experimental plot They come for jobs in the factories, food-packing plants and forestation programs

Merchants come to buy supplies for their shops Others come to post letters to friends and families abroad And still others come to visit relatives they have not seen since the establishment of the State of Israel 28 years ago

An Israeli Arab from Haifa came to the fence to meet and greet his two sisters from Lebanon whom he had never seen A man from a village across the border was on his way to visit a cousin in Haifa

More than 14,000 Lebanese have come since the fence was opened at Dovev and Metulla many months ago

In the time we watched Lebanese and Israeli medical personnel examining patients They ranged in age from newborn to the very old The complaints were myriad bronchitis to gunshot wounds, infectious and communicable diseases that had gone untreated for many years to crippling arthritis

An Israeli doctor praised the skill and training of the Lebanese physicians One Lebanese doctor smiled and shook his head when asked a question "I will be happy to speak with you when you can come to my village "

"Professionally and personally," the Israeli told us, "my biggest wish is to be able to make house calls for my Lebanese patients "

The deft hands of the Lebanese probed the body of the coughing child while the dark-eyed nurse spoke soothingly in Arabic to still her wriggling

The equipment for examination and the medicines — supplied without cost by the Israeli government — are a source of professional satisfaction to the doctors and nurses from across the border Their villages have been cut off from Beirut, their usual source, for many months and the necessities for proper patient care have dwindled and disappeared

We asked an Israeli doctor about the patients' knowledge of health care "There is a difference between the Moslem and Christian The Christians are aware of basic hygiene but the Moslems are uninformed They suffer from malnutrition — not because of lack of food but because of unbalanced diet," he explained

Some of those awaiting treatment at Dovev and Metulla were hesitant about speaking to strangers, others were eager to express their feelings "People are very good All my village visits the doctor here " "It (the open fence) is very good for our people The road to Beirut is closed and we couldn't get help, or food, or water "

'Frankly, I know perfectly well who is my enemy here — and it is not the Israelis "

Our Israeli escort offered this comment "We've been accused of doing this as a grand-scale public relations affair It was not our main objective Israel was practically invited to do this People came to the fence asking for help We could not turn away from them What we hope is here in southern Lebanon they will see that good-neighbor relations are possible Co-existence, even if painful, is possible "

When we left the fence we stopped at the last house in Metulla where, a year before, we had interviewed a young couple who had emigrated to Israel from the United States eight years ago Eric Jacobs, the young high school teacher and part time orchardist, was sceptical about the Syrians being used "to quiet things down" in Lebanon He reminded us that history attests to the fact that the quieters often become oppresive governors, and Eric is suspicious of the Syrians' motives

But he was optimistic about people-to-people relationships "You should stop by the packing house in Metulla," he suggested "The women from Metulla and the women from Kla'a in Lebanon are working side by side There is a good feeling Jokes are going around in Arabic, in French, a little bit of English here and there And there is laughter — a common language "

(End of Series)

Confused with police

## CBers blasted for uniforms

By Ink Dipper

A uniform is a symbol of authority but should CB club members be allowed to wear them" It seems like a harmless question since CB clubs often have distinctive vests garnished with patches commemorating special events or signifying other CB clubs

But several months ago members of the Cook County Ill Affiliated League of Emergency Radio Teams (ALERT) adopted uniforms that at a glance might be confused with police uniforms This brought about controversy criticism of the club and a lesson for other clubs considering becoming involved in personal contact with the public

The club was well known for volunteering to help with traffic and crowds at school and athletic events Members weren t well received when they wore their uniforms

Resentment quickly formed Who did these CBers think they were? The police maybe? Some citizens felt the CBers were taking on too much self-importance and law enforcement officers thought the CBers were treading too heavily in their territory

Police officers said that they were afraid these CBing civilians might at some time get too carried away with their uniforms and interfere in an emergency One police officer even compared the uniformed CBers to Hitler s use of uniforms in Nazi Germany

The outfit in question wasn t anything fancy It consisted of a dark pair of trousers black tie white shirts and black shoes The jacket had an official ALERT arm patch on one arm and the American flag on the other They also had helmets which were worn when they supervised crowds at basketball games Members said students were known to throw pop bottles on the CBers when they were standing below the bleachers

The group s uniform was defended by Jeffrey Adams the club s president He as well as other club members felt that the uniform gave the members a beneficial look of authority necessary in handling crowds or traffic problems

The local newspaper even got into the act when it advised the CBers to leave the uniforms in the closet

The club ultimately gave in to the complaints because many area CBers no longer wanted to join or be associated with the organization Members felt if they couldn t wear their uniforms there was no need for their participation The CBers decided not to help at any more local events and would simply monitor channel 9 the national emergency channel and pass the information on to local authorities

Forming an emergency club doesn t have to turn out this way It s been proven in many states that CBers can be an asset to the smokies when they plan together and CBers remember to aid the police and not act as part time officers

If you re helping form a CB club which wants to work with the police start out on the right foot Go to the sheriff or police chief and present your plan He may think your group isn t really necessary but will still give it a try in just one neighborhood Don t shuck the whole idea if you re told absolutely no on uniforms Wearing or not wearing a uniform shouldn t be the major concern of CBers who want to help others



## Ivan D.E. Beaumont

## THE BUCK ENDS HERE

# Happiness is . . .

Happiness.....is a wife seeing a double chin on her husband's old girlfriend.

+ + +

The mother-in-law writes from Fairbury about a fabric organization that has made a survey of wearing apparel in the U.S.

According to the survey, the average woman owns seven pair of pants, six dresses, five sweaters, five nightgowns and one raincoat

The survey also shows a potential buying market of 168 million pair of slacks, 127 million knit shirts, 113 million dresses, 89 million sweaters, 89 million nightgowns and 79 million pair of jeans.. .and it all started with a fig leaf

+ + +

**Clickety-click –**

The vacation schedule put this writer back on "the desk" again this summer

In this business, the "desk" man (whoops ..or woman) starts about 7:30 a.m. The Associated Press teletype has been punching away at 65 words per minute since midnight so there's a stack of reading that has to be done

It has been a busy and interesting week and reporter Jerry Wilson across the desk has been hacking away at his job and pulling double duty when this chair is not filled for some reason or another

+ + +

There have been many interesting stories to come across the desk this week and you read them in the News-Press.

Here are a few

Lil' Duffer celebrated its first year in business, Thomas Avenue Carpet and Burbee's had their Grand Openings, and Pioneer Mall observed its second year in business.

You didn't have to go far for free coffee and cookies during the week

+ + +

Most news people are notorious for their handwriting. Well, among the many things at which I am an expert is penmanship

And I frequently remind the folks that I won the penmanship contest when I was in the eighth grade (They are polite and listen).

Despite this, occasionally someone asked what I had penciled on some story

+ + +

There were many interesting calls, like the one that came from the AP bureau in Omaha. Reporter Kiley Armstrong wanted to know about Jack Chadwick and his wake.

I remembered reading about it, but was at a loss for the details. Thanks to "Mickey" Schreiner, Bill Berger and Ken Wiles for helping. Jack was out of town at the time. AP had received a request from a newspaper client in Virginia.

+ + +

Louie Genoa came across these safety tips:

Take it easy. From here to hereafter is only a short distance.

If you do not want an accident, don't have one.

Your loved one cares. Do you?

Make a record, Drive Safely. Don't break one

Drive as well as you think you do.

+ + +

**Remember when.....**

Bill Berger is going back to the Eighth Air Force, 351st Bob group in England.

It will be a sentimental trip this time, unlike his trip during WWII. Bill and his wife, Lois, are members of the Eight Air Force Historical Society and they are going to tour England.

He's already received an invitation from the 315st Bomb group for the Polebrook Post AFB Society.

+ + +

**They are "home" now –**

Mr and Mrs Fred Linhart, 1018 Fourth Avenue, retired from farming in the Elmwood area, moved to Nebraska City and wish now they had moved here sooner

The Linharts are very pleased with the town. In fact they are delighted to live here and find the people especially friendly.

They live within walking distance to stores and are close for medical care. Those items are very important to them

We met and visited the Linharts and got into a conversation about this small world. On a recent trip out of town, they noticed some people dressed in Czech costumes

Mrs Linhart visited with one of the women. The group was from Wilber and was promoting Czech Days at Wilber Saturday and Sunday (August 6-7). The Wilber woman passed along a "hello" to our family She is Mrs George Hynek. We lived as neighbors to the Hynek family in Wilber prior to moving to Nebraska City.

Mrs. Linhart returned with the greeting and Czech Festival posters We put one on the front window at the News-Press and the other on a wall in the lab at Nebraska City Medical Group for Mrs John Snyder



## HEALTH

Lawrence E. Lamb, M.D.

### Too many medications?

By Lawrence E Lamb, M D

DEAR DR LAMB — My husband is 55 years old, weighs 190 and is 5 feet 9 He has a lot of headaches, in fact every day He has no energy and doesn't want to eat, is very nervous and drinks a lot of coffee and stays up late at night His stomach stays upset

He has sinus trouble, high blood pressure and diabetes He doesn't take shots for his diabetes but takes a pill for it He also takes Halotestin for what I don't know, Triavil and Talwin for pain He takes Vicon-C for vitamins

I am sure he will become dependent on all these medicines but he doesn't believe they contain strong drugs

I'm worried that all these drugs and his life style are too hard on his body Are my worries justified?

I can't talk to his doctor because I don't want him to feel I don't trust his ability to help my husband Everytime my husband goes to him with a problem he gives him more medicine What is your opinion of the situation?

DEAR READER — Your husband needs all the help he can get Most important he needs to help himself In the first place, he is taking Trlavil which is a combination medicine for anxiety and depression That means he should not be drinking ANY coffee Coffee contains caffeine which is a strong stimulant and negates the effectiveness of his medicine Besides that it upsets his stomach I don't think he should even use decaffinated coffee with his hot water or tea colas or chocolate

Drinking lots of coffee contributes to anxiety and stomach disorders To give you more information on this I am sending you The Health Letter number 1-1, Coffee Tea, Cola, Cocoa Others who want this information can send 50 cents with a long stamped, self-addressed envelope for it to P O Box 1551, Radio City Station New York, N Y 10019

Your husband is probably not very active physically in view of all those problems That should mean that he may be at least 40 pounds overweight He needs a good diet to lose weight and a regular sensible exercise program while he is losing If he will get rid of all that weight he may not need any diabetes medicine and his blood pressure may return to normal Aside from stopping coffee the most important thing he can do is get rid of all that fat You can help a lot here by how you feed him and what you keep in the house Of course alcohol and cigarettes should be out of the question

That Halotestin is a male hormone type medicine and it may cause his body to retain fluid which makes high blood pressure worse The Talwin can induce dependency and should be used with caution and certainly not as a regular medicine

I presume his doctor is giving him these medicines because of his emotional state and he may need to but if your husband can do something about himself he may make the doctor s job easier and greatly improve his own health

You have every reason to be concerned a man in his age group who is overweight has high blood pressure and diabetes is a sitting duck for a heart attack or a stroke The way to prevent it is to follow the measures suggested here

(Because of the volume of mail Dr Lamb cannot answer your letters personally but he will answer representative letters of general interest in his column )

## Today In History

By The Associated Press

Today is Sunday, Aug 7, the 219th day of 1977 There are 146 days left in the year

Today's highlight in history.

On this date in 1789, the U.S War and Navy departments were established

On this date

In 1782, George Washington established the Order of the Purple Heart

In 1912, a Progressive Party convention in Chicago nominated Theodore Roosevelt for president

In 1941, Soviet planes carried out their first bombing raids against Berlin in World War II

In 1942, U.S Marines landed on Guadalcanal in the Pacific.

Ten years ago Arab merchants went on strike in the Old City of Jerusalem to protest Israel's annexation of the quarter from Jordan

Thought for today Nothing goes swifter than the years — Ovid, Roman poet, about 43 B C to 17 A.D

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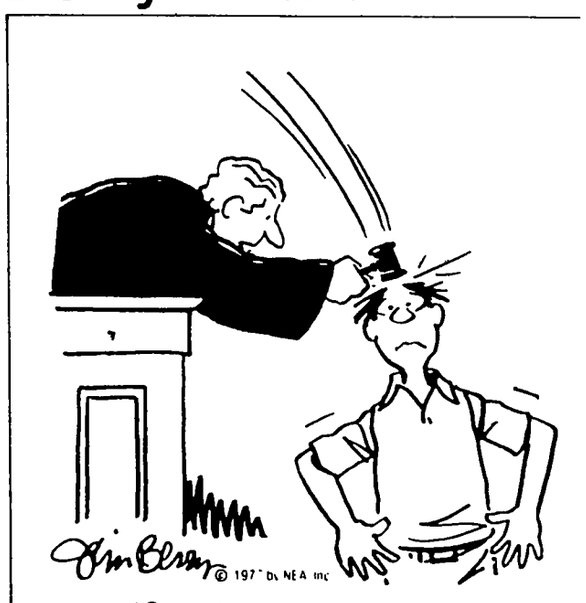
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## Berry's World




"Sorry I just couldn't resist!"