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VIEWPOINT

THE MESSAGE AND WORD COUNT

[illegible] comes to the number of words in a message, no one [illegible] federal government

[illegible] point out in a count of the words in the Lord's Prayer [illegible] And then the count in the Gettysburg Address — [illegible]

The government regulation on the sale of cabbages ought to be [illegible] of a record 26 928 words

Learn while serving

[illegible] millions of new job-seekers spill out of the nation's schools Many graduates of course plan to go on to college or other post high school training But many others face bleak prospects in a job market that is becoming increasingly tighter for teen agers who lack special skills

The picture however the teen age unemployment total will be about 1 000 persons smaller than it might otherwise have been That is the early report on the number of youths who [illegible] of a new program initiated by the U S Army [illegible]

[illegible] the Pre Graduation Program qualified high school [illegible] could join the Reserve within 90 days of graduation [illegible] s period they started learning a skill in a job field of [illegible] more than 400 choices were available — by [illegible] Army Reserve training sessions for 16 hours a [illegible] usually on weekends For this training they earned as [illegible] s $50 a month

[illegible] wing graduation come a few weeks of basic train- [illegible] ction during the next four months or longer (depending [illegible] b specialty) the reservists will continue their instruc- [illegible] one of the scores of top-caliber Army schools around [illegible] country Throughout this period of active duty the [illegible] will receive full Army pay and benefits which means [illegible] a month to start

[illegible] active duty is over the reservist will return home to [illegible] e and continue learning in his or her chosen field at [illegible] ular monthly meetings as a member of a unit based at a [illegible] Army Reserve Center

[illegible] is too late to sign up for this year s program [illegible] ers of the class of 1978 might want to look into it

NEWSPAPER ENTERPRISE ASSN

TIME GOES BY

Committee named

10 YEARS AGO
1967

[illegible] Fred Witt named a [illegible] Chamber of Commerce [illegible] to begin preparations [illegible] of the annual Apple [illegible] Fred L I Smoyer [illegible] of Otoe county and [illegible] Johnson county was [illegible] a mysterious shooting [illegible] s north of Albion [illegible] s soil conservation [illegible] would assist described life [illegible] a meeting of the [illegible] Chamber of Commerce [illegible] a wave of the [illegible] termed as the ther- [illegible] Arbor Lodge [illegible] a high of 96 degrees

25 YEARS AGO
1952

[illegible] Crosby and his Radio [illegible] were hired for the [illegible] city celebration at [illegible] Park Yvonne [illegible] ored in Hotel [illegible] Arbor Theatre [illegible] s told the city [illegible] would require a [illegible] between $100 000 [illegible] repair Nebraska [illegible] and sanitary and storm [illegible] sewer systems Over 100 [illegible] attended the Elks fish [illegible] The Syracuse school board approved a $86 820 operating budget for the next school year, Superintendent Don Craig reported

50 YEARS AGO
1967

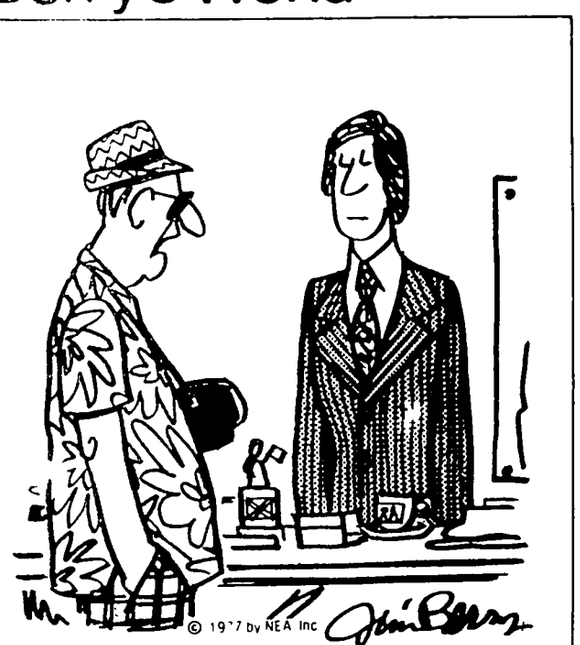
Hit movie starring Paul Newman Richard Boone and Fredric March was showing at the Pioneer Theater Joe Zimmerer, a Nebraska City Lourdes student, received a cash award from Ben Kohout of Haley's Chevrolet-Cadillac as the Nebraska City winner in the Nebraska Centennial essay contest Barbara and Steve Baltensperger, Linda Davis, Bob and Dan Dancosse, Diana and Karen Landis and Debbie Whitten were among those who attended the Junior and Senior Episcopal Youth Conference at Doane College at Crete

Senator William Proxmire of Wisconsin stayed in shape by running more than four miles from his home in Washington to the Capitol office about every day

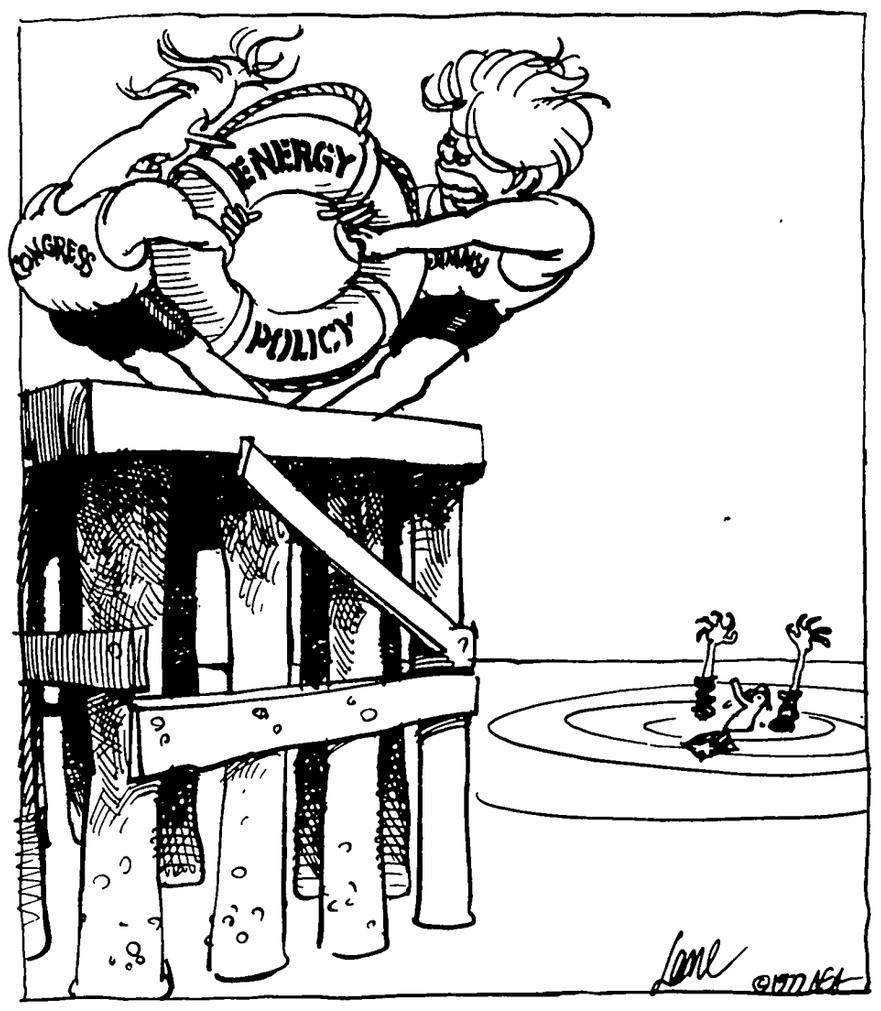
News in Brief

SKOKIE, Ill (AP) — Concentration camp survivor Sol Goldstein says a Supreme Court ruling clearing the way for Nazis to march in a July 4 parade protects the spread of hatred rather than free speech "We have 6,000 to 7,000 survivors of the holocaust living in Skokie, and they're not going to sit by idly while Nazis march in the street," Goldstein said Thursday Goldstein is president of Remnants of the Holocaust," a group of 16,000 concentration camp survivors The National Socialist Party of America plans to have members from across the country gather here on July 4 for the parade and a "white supremacy" rally Skokie is Chicago's most heavily Jewish suburb

Berry's World



"I'm lookin for a tasteless silver jubilee souvenir to go on our mantel with a tasteless bicentennial souvenir!"





Don Oakley

COMMENTARY

The auto research story

Have we gone about as far as we can — or should go — with the conventional, gasoline-powered, piston-engine car?

Unmistakably, immense progress has been made in cleaning up the family gasper In the decade or so since precontrol days, the average level of pollutants emitted by new cars — chiefly carbon monoxide, nitrogen oxide and hydrocarbons — has been reduced by 83 per cent, thanks to more efficient engines, add-on devices like the catalytic converter and government-mandated measures such as lead-free gasoline

But we seem to be reaching a crunch point where more and more effort is required to produce smaller and smaller results As it is, the even more stringent emissions standards that were scheduled to go into effect with 1978 models have been postponed by Congress at the behest of the industry

The question is not so much whether Detroit can build virtually pollution-free automobiles, or when it can build them, as whether the benefits will be worth the cost

According to an allegedly "suppressed" memo by the Environmental Protection Agency (EPA), the Carter administration's proposed regulations for pollution controls, fuel economy and safety would raise the average price of a new car $1,000 by 1985 Some automakers are claiming that government rule-makinng could force Americans to pay upwards of $10,000 for an ordinary 1985 model sedan

Automobile safety is one thing, and cost considerations here should take a back seat to the saving of human lives Unfortunately, when it comes to pollution control vs fuel economy, the trade-off is usually an adverse one

For example, other EPA statistics indicate that, on a car-to-car basis, California's emissions standards, which are tougher than the federal ones, have cut average fuel economy by 12 per cent

Committed as they are to the internal combustion engine for as far ahead as they can see, the automakers are turning to the strategy of reducing the size and weight of their products. The smaller the car and engine, the fewer pollutants generated and the less fuel used, even after the pollution-control penalty is paid

That is one way to go But there are other ways, and unless we want to be permanently at the mercy of the oil exporting countries, we should be devoting more attention to alternatives to the internal combustion engine

Although an act of Congress last year provided $160 million to put a demonstration fleet of several thousand electric cars on the road by 1982, this is less than Detroit spends to change the shape of fenders in a given year

No electric car yet built or envisioned will totally replace the gas buggy. The best ones available right now can go perhaps 50 miles between charges They are also tiny and comparatively slow.

But these same characteristics make them ideal as a second car for local commuting and shopping — and some 27 million American families own a second car.

There would also seem to be a great deal of promise in hybrid cars, which combine the advantages of the internal combustion engine and the electric motor In the hybrid, a small, constant-speed — and hence highly effficient and clean — gasoline engine would keep the batteries charged and provide reserve power for sustained freeway travel

Another possibility is the flywheel-powered car, which uses energy stored in a spinning flywheel that is periodically charged up by plugging into a household electrical outlet

All of these designs have limitations and drawbacks But if their development were made a national priority, significant improvements could no doubt be made in battery design, power transmission and what-not

In short, rather than telling Detroit to come up with the perfect conventional automobile, the government ought to try force-feeding some of this alternative technology

Seeks relief from Japanese CBs

U.S. maker wants a trade tariff

By Ink Dipper

There may be a CB storm brewing

So many CB units are manufactured in Japan that no one even the industry experts knows for sure what percentage of the total annual production is imported

It is estimated that somewhere between 5 and 15 per cent of all CB units are made in this country E F Johnson one of the major manufacturers, accounts for the vast bulk of this production Most other manufacturers either get all their units from the Orient or they import parts and assemble them here

What has happened is this Johnson s president, Richard Horner, wants to get relief for the domestic CB market from the flood of CB imports which the television manufacturers marketed several months ago

Johnson has tried to get other CB makers to join him in filing an import-injury claim with the Federal Government. Reports from the trade indicate that even those who are semi-domestic producers won't join him.

Horner's contention is that, since there is no home market for CBs in Japan and that Customs Court rulings on countervailing duties do not apply to CBs. Section 201 of the Tariff Act which makes it possible for the Federal Government to restrict trade is the only realistic protection for manufacturers of CBs in the United States

Horner hasn't been too successful in lining up support Some have said they'd join in a limited way, but very few have made a wholehearted commitment Motorola, too, produces all its units in the United States, as do some others Hy-Gain uses imported parts and subassemblies for final production in its plant in Puerto Rico

The main theme of the arguments against the filing is that the United States manufacturing process must be competitive with that of other countries, or arrive at some cost accommodation such as importing

As a CBer it seems to me that the consumer is best served by competition and least served when competition is restricted or lessened Prices of CB units over the past few years have gone up and down like a yo-yo When there was a shortage as millions of newcomers discovered Citizens Band radio prices were superhigh Then a lot of manufacturers jumped into the business and as their production increased prices began to reflect this competitive environment

Whether the unit comes from Japan or the United States should be of no consequence because the CBer benefits in many ways, in this CBer s view His selection availability features included in the units as well as quality of the product is enforced and expanded through competition.

It will be interesting to see what happens should the Johnson effort get off the ground and the filing with the Federal Government become an actuality

Some time in July or August the FCC is planning to publish a consumer handbook entitled How To Identify and Resolve Radio-Television Interference The book will include color photographs of typical interference patterns and tell how to identify the various types It will also list remedies

The reason for the book is that the FCC had 80 000 complaints about interference last year and most of them evidently were CB related It expects to have more than 100 000 squawks this year

Incidentally along with this book the FCC says it is proposing to issue CB rules in plain English That s got to be interesting if it can be achieved coming from a government agency

CB CONVAC



'Ink Dipper'



Ivan D.E. Beaumont

THE BUCK ENDS HERE

Too much and too little

Back to work —

The vacation was great. The grandparents in Los Angeles are healthy and happy. There was too much food and too little sleep, but we enjoyed it

The seven of us traveled in two vehicles. Son - in - law Bryan Mabie drove his Volkswagon van and since we were "equipped" with six drivers, I demonstrated as often as possible to the family that a nap in back of the van was THE way to travel across country.

And despite an occasional uproar by the other travelers, I proved again that among the things at which I am an expert, is reading a map of Los Angeles freeways and zippety-zip side streets.

+++++

The ag agent —

Gary Garey, the Otoe county extension agent, said the other day that he hopes to spend a great deal of time visiting with farmers in the county to keep up to date on farming activities and offer the services of the Extension department

Mr Garey said he worked with the urban extension service out of Omaha and hopes that he can develop a lot of the newer programs and implement them in Otoe county

News-Press readers may be interested in knowing that Mrs Tom (Myrna) Powell has been doing news writing for the extension service in Omaha Mrs Powell worked at the News-Press while her husband Tom, served a hitch in the Marines in Vietnam

+++++

If you read the interesting article the other day about the Suffering Lefties, it probably jogged your mind It's a fact, lefthanded people face prejudices

Or, you can twist that around a bit and say they are especially talented Arthur Sweet solved a number of mechanical tasks for us with his lefthand offer of "here, let me try." It was always an easy way to get the boss to do the work.

Actually, lefthanded people are given special priorities. You don't believe that? Think about it. when you gather at the dinner table who gets first choice for the end of the table . yeah yeah the lefthanded guy needs the elbow space

Back home in Kansas, the mother of the house resolved a daily "lefthanded" battle between her two oldest sons by placing a checkered oil cloth over the kitchen table and assigning seats

The boys counted off the squares, placed elbow - to - elbow and that was the "system" for each meal

+++++

The Fenske report —

Grandpa nodded sadly and said to his granddaughter

"You know, Susan, girls just aren't the same as they were in my day You never see a girl blush these days In my time it was different "

Deciding she'd heard this story once too often, Susan replied "Why, grandpa, what did you say to make them blush so?"

+++++

They tell me this came from a Rotary club, but pshaw I didn't think they'd tell such stories At least this is Rev Sam's version of Rotary in Omaha

The aging father was disappointed that his three sons and their wives had not produced sons. Daughters were fine, but sons were needed to continue the name.

"If you boys don't get on the ball pretty soon, Mom and I are coming out of retirement."

(Sam. . .thanks to your buddy, Steve).

+++++

Heart attack —

A reader's experience of losing her husband with a heart attack was told in the Dr Lawrence Lamb column in the News-Press the other day. He said it was possible that she could have helped her husband by applying artificial respiration and heart compression.

The doctor suggested a booklet and contacting the American Heart Association.

If you're interested in such a program, all you have to do here is call the rescue squad business phone 873-3444. The squad holds emergency care classes regularly and the volunteers are eager to start a new class most any time

Your only cost is for the instruction book.

+++++

The Internal Revenue Office recently received a letter of acknowledgement of a tax form sent to Henry Schemmel, former mayor of Minersville and now a citified citizen:

"Dear Treasury: I received your application blank, but I already belong to the WWI Vets club, American Legion and VFW clubs and I subscribe to Playboy, so I do not care to join your income tax at this time "



HEALTH

Lawrence E. Lamb, M.D.

Blood sugar warning

By Lawrence E. Lamb, M.D

DEAR DR LAMB — I would appreciate it if you would give me some help with my problem For some time now when ever I get hungry I get real nervous and find myself getting sick if I don't get something to eat right away The doctor says I have low blood sugar Is this a serious condition and is it in any way connected to diabetes?

Is there anything special I should eat or not eat? Please help me if you can

DEAR READER — There are many people who think they have low blood sugar (hypoglycemia) who really do not It is an over-diagnosed condition and frequently a self-diagnosed illness Many people who think they have hypoglycemia really have anxiety

The only way the diagnosis can be properly made is to demonstrate the low blood sugar level at the time typical symptoms occur Many normal people have low blood sugar readings with no symptoms at all There are several books sold to the general public — some by well-known names of people who are self-appointed experts who have no professional background at all — that adds to the public confusion

If you really have symptoms related to low blood sugar you should avoid all concentrated sweets Avoid the starches and get your carbohydrates from fresh raw fruit and vegetables Increase the protein and fat in your diet To give you more information on what to eat and what not to eat I am sending you The Health Letter number 3-9, Low Blood Sugar Hypoglycemia Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it

Real hypoglycemia is a symptom It can be caused by many different things It occurs as a complication after some cases of partial removal of the stomach in ulcer patients This is associated with "dumping" the gastric contents into the small intestine and stimulating a faulty release or over-production of insulin

A faulty release of insulin, the hormone that lowers blood sugar, may be related to an early stage of diabetes The faulty release of insulin at the wrong time may be followed by inadequate release of insulin at all and diabetes later on

Another rare cause of hypoglycemia is a small tumor of the islets of Langerhans, the tissue that produces insulin When this is the case the hypoglycemia may occur in the fasting state Many other forms of hypoglycemia occur after eating and are called reaction hypoglycemia, rebound or secondary hypoglycemia Clearly any meaningful form of treatment must be directed toward finding the real cause and not just treating the symptoms

Among dietary considerations in people who have reactive hypoglycemia is to avoid sweet liquids, coffee, alcohol and cigarettes Eating smaller more frequent meals may also help Fat and protein are emptied more slowly from the normal stomach, that is why they are emphasized instead of carbohydrates

Nervousness may be associated with a release of adrenaline The excess adrenaline helps to raise your blood glucose level But adrenaline may also be released because of anxiety and that is where all the confusion in diagnoses begins

Dr Lamb answers representative letters of general interest in his column. Write to him in care of this newspaper, P O Box 1551 Radio City Station, New York NY 10019

NEWSPAPER ENTERPRISE ASSN

Today In History

By The Associated Press

Today is Sunday, June 19, the 170th day of 1977. There are 195 days left in the year

Today's highlight in history

On this date in 1819, the S.S Savannah arrived in Liverpool, England, completing the first Atlantic crossing by a steamship

On this date

In 1586, English colonists sailed from Roanoke Island, N C , ending England's first settlement in America

In 1754, a congress of seven American colonies was held in Albany, N Y , to discuss union for defense

In 1867, Emperor Maximilian of Mexico was executed

In 1852, the U.S Congress prohibited slavery in American territories

In 1885, the Statue of Liberty arrived in New York from France, a gift of the French people

In 1953, Julius and Ethel Rosenberg were executed at Sing Sing prison after being convicted as spies

Ten years ago President Nasser named himself Premier of the United Arab Republic

Today's birthdays: The Duchess of Windsor is 81 Bandleader Guy Lombardo is 75.

Thought for today The farther backward you look, the farther forward you are likely to see — Winston Churchill

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The Prayer For Today From

The Upper Room

Now is the time Never forget the warning, "Today if you hear God's voice speaking to you, do not harden your hearts against him " (Hebrews 3 15 TLB)

PRAYER Lord Jesus, help me today to take up my life and my cross and dare to follow You. Amen.