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# VIEWPOINT

### LAND USE DEVELOPMENT PLANS

The state senator who sponsored the 1975 law requiring Nebraska counties to make comprehensive land use development plans now asks that a July 1 deadline be eliminated In new legislation proposed by Sen. Douglas Bereuter the demand would become a suggestion. The changed language, applicable in counties which have cities of more than 5,000 population, would say that such counties "are strongly encouraged to prepare such a plan, including zoning and subdivision regulation."

As Sen. Bereuter noted, all or most of the counties have initiated the programs, so the purpose of the legislation has been largely met Further, he says, "I don't want to see them enact land use regulations because the state mandates them, I want them to do it only when they are convinced such steps are needed "

Counties are finding, as cities have, that there are benefits in having such plans to provide orderly development. It is in the best tradition of local government that the need be perceived locally rather than enforced from a higher level of government

One can only regret that the carrot rather than the stick was not tried in the first place, the Norfolk Daily News said.

### MILITARY ROCKER MONEY

The Pentagon will pay more to retired military personnel this year than the Army pays to all active duty soldiers, the budget figures show

That should have been anticipated, what with the business about old soldiers not expiring, only fading away, the Norfolk Daily News said.

*AS TIME GOES BY*

# Troops journey

FORTY YEARS AGO
—1937—

About 30 truckloads of 17th Infantry troops from Fort Crook bound for the Mississippi River flood area passed through Nebraska City Major Lawrence M. (Biff) Jones resigned from the Army in order to become the head football coach and athletic director at the University of Nebraska, succeeding Dana X. Bible. The Conley Milling Company announced that the first load of Argentine corn ever shipped to this section of the country would arrive soon. Chief of Police Julius Ottnat said that the number of slot machines in Nebraska City establishments had declined following his order that they be removed.

TWENTY FIVE YEARS AGO
—1952—

Sen. Mike Monroney said President Truman wouldn't seek re-election because he respected the two-term tradition...W.R. Smith was the City's new dog catcher...Roger Warren was elected keeper of the buckskin at the meeting of Den 1, Pack 347...Bob Thiesfeld and Larry Pickering led the Pioneers to a 56-45 win over Shenandoah...Despite 24 points by Clancy Bivens, St. Bernard's Academy lost to Douglas, 41-40.

TEN YEARS AGO
—1967—

President Johnson asked Congress for legislation to wage a massive attack on air pollution...The Nebraska City Lions Club mailed 2,100 pairs of eye glasses to be issued to the needy throughout the world...Nebraska City Cub Pack 346 led by Alvin Gebers won a prize at the Three Rivers District Cub Scout Powwow for having the most leaders present...Mrs Charles Winkelman of Union flew to Honolulu, Hawaii, to meet her husband, Lt Charles Winkelman who was on leave after six months tour of duty in Vietnam

## *Today In History*

By The Associated Press

Today is Sunday, Jan 30, the 30th day of 1977 There are 335 days left in the year

Today's highlight in history

On this date in 1933, Adolf Hitler became Chancellor of Germany

On this date

In 1649, King Charles I of England was beheaded

In 1835, a would-be assassin fired two shots at President Andrew Jackson at the Capitol in Washington, but missed

In 1847, the California town of Yerba Buena was renamed San Francisco

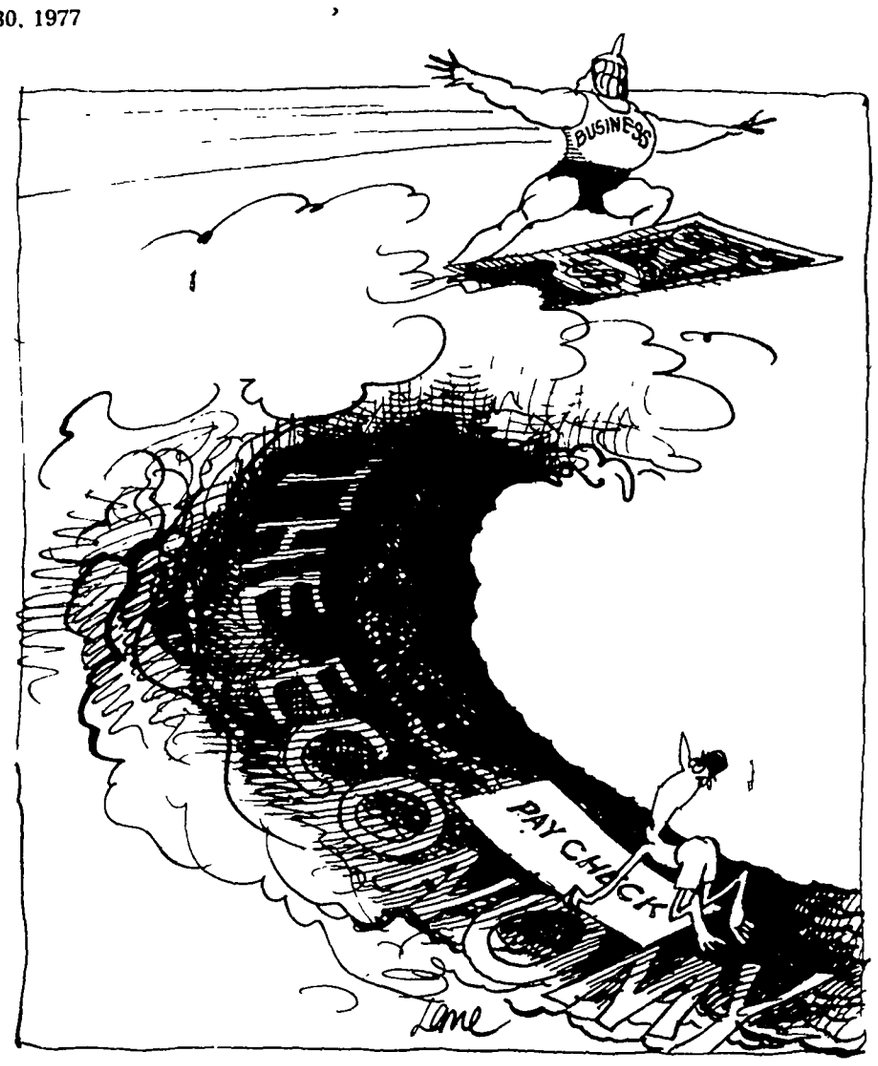
In 1882, Franklin D Roosevelt was born at Hyde Park, N.Y.

In 1948, the Indian nationalist leader, Mohandas Gandhi, was assassinated in New Delhi

In 1974, President Richard M Nixon vowed not to resign and called for a speedy end to all Watergate investigations, saying "one year of Watergate is enough."

Today's birthdays Actress Vanessa Redgrave is 40. Writer Barbara Tuchman is 65.

Thought for today It is not best that we should all think alike It is difference of opinion that makes horse races — Mark Twain, American writer, 1835-1910




The right place at the right time



## Don Oakley

### Steering a safe economic course

By Don Oakley

A number of economists, most notably Harvard Prof John Kenneth Galbraith, urge that whatever stimulus the Carter administration decides to give to the economy not take the form of tax breaks to individuals. Instead, they say, the money should be spent directly on programs to provide jobs for the unemployed

They argue that most people would only squirrel away their little windfalls for a rainy day rather than go on immediate buying sprees

Now if Americans were in the habit of putting their excess funds in a cookie jar in the kitchen cabinet, they might have a point This would effectively remove the money from circulation and certainly be of no benefit to the economy

But even if they did elect to save rather than spend — which is by no means a foregone conclusion — most people would do so by adding to their bank accounts And any bank that merely sat on its depositors' money, as if it were some kind of great big cookie jar, would soon find itself in trouble

Banks are in the business of making money by lending money A sudden infusion of savings on the order of several billions of dollars would be translated into loans for new housing, loans for business expansion and a whole range of other investments

But this is too slow, too hit-and-miss, too "unguided" a process for the liking of certain economists. It allows too much scope for individual financial decisions, made for individual financial gain, even if all these decisions ultimately combined to work for the good of all.

What it comes down to is that they believe the government (with the advice and consent of the social planners) knows what is best for Americans and how best to direct the flow of the nation's wealth.

The discussion may be academic at this point. Neither a massive tax reduction or new large-scale government attack on unemployment or other problems seems to be in the cards.

What is more likely is that we will see the cautious application of a little of both kinds of stimulus, as the Carter administration attempts to steer a safe course between the still-clinging sands of recession on the one hand and the treacherous shoals of renewed inflation on the other

**What's good for railroads**

The first drop of Alaskan oil has yet to flow through the hundreds of miles of pipeline from North Slope fields to the port of Valdez, thence by tanker to Oregon and California ports. But petroleum experts are already worried about what they are going to do with the 1.2 million barrels a day of oil Alaska will begin producing in mid-1977.

The dilemma centers on the fact that, according to current estimates, it will take two to five years to upgrade existing pipelines and build new ones to transport the fuel between the West Coast and inland refineries. They predict a surplus of 400,000 to 500,000 barrels a day when Alaskan oil begins flowing in full stream.

Fortunately, the West Coast's glut of the black stuff may become a Niagara of gold for the railroads, which up to now have shared only a fraction of the petroleum shipping business. They are banking on an innovation called the TankTrain, which they believe will not only be competitive with pipelines but could become the predominant method of moving crude oil within the U.S.

Developed by General American Transportation Corp., a subsidiary of GATX Corp., the TankTrain concept features a system of interconnecting hoses, special valves and sensing devices that permits a string of cars to be filled or emptied in a continuous flow from a single connection A two-man crew can load or unload a 90-car TankTrain in five hours at a cost of two cents a barrel, compared to 12 to 14 cents for a conventional tank car.

At present, four companies — Missouri Pacific, Southern Pacific, the Santa Fe and Burlington Northern — are bidding for the chance to move some of the "surplus" Alaskan oil



## Ray Cromley

### Tailoring laws to reality

By Ray Cromley

WASHINGTON — (NEA) — The Congress regularly passes laws without knowing what effect they will have on our lives

Laws on welfare, pollution, safety, crime and law enforcement, employment and unemployment, taxes, competition and monopolies, inflation and on stimulating the economy

In large measure this is because Congress, scholars in these fields and the federal executive departments lack factual evidence on causes and cures The Congress, therefore, perforce must fall back on unproven theories — resulting in stagflation, unemployment, sluggishness in industrial growth, excessive taxes and waste

The logical approach, of course, is hard-nosed research. To find out what works and what doesn't But for years Congress has frowned on even the meager research budgets for social and economic research proposed by successive administrations It was a good place, the lawmakers reasoned, to save money

Someone persuaded Mr Ford to set about remedying that lack of knowledge Possibly too late For the vitally important shifts essential for results show up forcefully for the first time in the budget President Ford presented to Congress only days before leaving office

Regardless of the change in administrations, aspects of that research and development budget for fiscal 1978 and the look-aheads for 1979 are worthwhile studying For if the trend here outlined continues, in time we may have the knowledge to tailor more of our laws to reality, depend less upon wishful thinking.

In this budget, for example, the National Science Foundation is programed for expanded research on what government actions affect employment and unemployment, industrial and farm production and inflation.

Called for also is an increased research effort aimed at analyzing federal credit programs, especially in rural areas to determine their effectiveness, and new efforts to assess the impact of existing assistance programs, and possible alternatives

Added research is planned on new technologies in surface and underground mining aimed at improving health and safety as well as productivity. This knowledge, of course would enable Congress to pass more realistic and effective safety and anti-pollution measures affecting mining companies

There would be, also, emphasis on research to determine what safety standards in manufacturing are really necessary, which could result in laws taking an imponderable burden off of producers now harassed by often arbitrary rules and standards.

Intensified research is called for on methods to prevent the loss or theft, or diversion by a foreign country, of materials that could be used to build nuclear weapons. And added research on less dangerous ways of handling nuclear waste and on more effective methods of preventing disastrous accidents in nuclear power plants. The results, obviously, could lead to the rewriting of today's ineffective and cumbersome laws

The removal of unneeded and ineffective regulations and the substituting of laws based on scientific evidence would mean not only improved safety, greater control of pollution and improved living and working conditions for many of us. They would also free industry to use resources more effectively and thus increase production and employment.

## Berry's World



"Hi there, ordinary citizen! Got a minute? I'm trying to keep in touch!"



## Ivan D.E. Beaumont

# THE BUCK ENDS HERE

# Golf to snowballs

Ivan D.E. Beaumont




—Tribune Photo by Gabe Pumiglia

*It's Snow Place For Golf*

...Rick (left) and Robert Freeman frolic in the white stuff on the USF golf course

They switched from golf to snowballs at Tampa, Florida.

The above picture pretty well tells the story of the unusual weather experienced at Tampa, Florida. It was the first snow in 15 years and although many truly enjoyed the fluffy stuff, the damage to the fruit and citrus crops was staggering.

The picture was taken from the Tribune in Tampa and sent to Mr and Mrs Ivan Michaels, 1921 Central Avenue, by their son and his wife, Mr and Mrs Dennis (Sharon) Michaels who live near Tarpon Springs.

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Dennis is a commercial pilot and works with the Florida district of the U.S. Geological Survey. He reported two inches of snow in the Cypress Gardens and flurries in the Bahamas.

The freeze damage was not considered as bad as in 1957 and 1962.

Mr Michaels is a native of the Tecumseh community, but settled in Nebraska City after a military career because he likes our town and its closeness to the hospital at SAC.

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**From Sun City**

Art Sweet writes from Sun City, Ariz., that the weather has been nice and some needed rain has fallen.

He stays in touch with Nebraska City and particularly enjoys reading the local news in the News-Press. He recalled the winter of 1936. The News-Press files showed that the mercury plunged to 14 below zero and except for two days, it stayed in the zero area for 32 consecutive days. We printed that story the other day when the mercury plunged from 15 to 20 below.

We say 15 or 20 below because it seemed everyone had a reading of some kind and they varied. The coldest we heard was -27 seven miles east on the bottoms

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**He's walking with TLC**

Virg Klingsick stopped in the office the other day He's recuperating from open heart surgery and says he's getting along fine. .now

Virg says he confines his exercise to short walks.

He says there are about eight people in Nebraska City who have had similar surgery "At least I've got company "

You're looking great, Virg .keep on walking and talking and do it with Tender Loving Care.

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**The Texas philosopher**

From Vern Livingston.

Avoid getting into a fuss with those who have spent most of their life quarreling. They have too much practice It's like getting into a stinking contest with a skunk

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These "winter quarters" people and their reports on rainfall are getting me down

Didya hear the one about Paul Sugden of Burr on a visit in Texas?

(I think this was before the Burr spur was blacktopped 'cause Paul was still wearing his five buckle overshoes).

Don't it ever rain down here?" he asked Lester Ehlers, the transplanted Nebraska Citian

"Yup," ole' Les said. "You recall the story of Noah and the Ark and how it rained 40 days and 40 nights."

"Sure do," saith Paul, the Burr Methodist.

"Well... .we got a half inch then," was the reply.

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**The joke backfired**

Mrs George (Judy Bebout) Spires and her brother, Bob, a student at Peru State, got all dressed for a deer hunt and armed with the proper gear, they started for the door.

Mrs. Bebout couldn't take it any longer. Her kids just have never been deer hunters, so she got the camera and snapped a picture of them all dressed for the hunt It would be good for a later laugh, she thought.

A short time later the two "kids" returned with their game.

This time the laugh was on Mom and we understand they still lay it on pretty thick.

Another part of the fun came when they checked in the animal at Arbor Lodge State Park. Another hunter was complaining that he had been out for a week and hadn't bagged his game.

"How long have you been out?" he asked the Nebraska Citians

"Oh... 'bout an hour and a half."

The hunter stomped out.

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**If you're over 40**

Dr. D.D. Stonecypher, Jr., suggests in his book on growing old, but staying young to "use it or you'll lose it."

We just wanted to add a postscript which comes from my mother-in-law:

Use your imagination on this —

One voice pages us, "Why not?"

The other says, "Why bother?"



## Dr. Lamb

### Youngsters need adequate calcium

By Lawrence E. Lamb, M.D.

DEAR DR. LAMB — Will you please advise me as to the best form of calcium supplement for my two children, ages 7 and 5? They avoid milk as a drink and I cannot always be sure the food sources of calcium are adequate for their needs.

They both had milk intolerance as babies and haven't had any distress from milk or milk products for years now. They have a normal liking for cheese, yogurt, etc. I've been giving them a 650 milligram tablet of calcium lactate daily, but can't get any advice from the doctor as to whether this is the best form, amount or anything He dismisses my idea that any supplement is necessary at all. As I cannot agree, would you please advise me?

DEAR READER — Adequate amounts of calcium are important for growing bones. Your children need about 800 milligrams of calcium a day at this age

Calcium lactate tablets are fine but that 650 milligram tablet is only 12 per cent calcium or it provides only 78 milligrams of calcium Obviously if that was the only source of calcium they received they would need 10 tablets a day to provide approximately the 800 milligrams of calcium.

This is a good point for other readers A seemingly large calcium tablet may contain only small amounts of calcium. Only about 10 per cent of calcium gluconate tablets are calcium The rest is the gluconate, or in your tablets lactate

If your children tolerate dairy products now there is no reason why they can't use adequate amounts of yogurt, or cottage cheese — if you want to limit the fat or caloric intake you can give them slim cottage cheese or uncreamed cottage cheese. For readers who want this form of cottage cheese and can't find it you can just wash off the curds of creamed cottage cheese and have the low-fat uncreamed form.

I hesitate to recommend the hard cheeses because they are usually very high in fat — as much as 80 per cent of the calories are fat and as much as half of this is saturated fat. Both must be limited in diets that most heart specialists think we should be eating — limited in fat, saturated fat and cholesterol — to avoid heart disease Why train children to eat foods that may cause heart disease later in life?

Perhaps your children will like milk in flavored drinks. You can also slip milk into puddings, make pan gravies and sauces with milk.

Some of the precooked baby food cereals are high in calcium and older people sometimes will use these, but your children may rebel — thinking they are too old for that. Check the labels but three-and-a-half ounces of some of these contain 700 to 800 milligrams of calcium.

Mature bean seeds are a good source of calcium That is probably one source of calcium used in some cultures by adults who could not tolerate milk The bean has been, and still is, an important item in nutrition. Spinach and similar leafy vegetables also supply large amounts of calcium. If you eat canned salmon or sardines with the bones you will also increase your calcium intake

For information on calcium requirements and other daily dietary requirements I am sending you The Health Letter number 4-6, Balanced Diet, Recommended Daily Dietary Allowances (RDA) Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it. Write to me in care of this newspaper, P O Box 1551, Radio City Station, New York, NY 10019.

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## The Prayer For Today From The Upper Room

What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God" (Micah 6 8 RSV)

PRAYER. Father, we regret that we so often fall to love. Help us to be more mindful of and receptive to Thy will, that we may fulfill the purpose in life that Thou didst intend for us. We pray the prayer Thy Son taught us, "Our Father, who art in heaven .Amen."