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Ivan D E. Beaumont — General Manager & Editor

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VIEWPOINT

MASS IMMUNIZATION

The Otoe County Medical Society has joined with other doctors across the country conducting mass immunization against the flu

The free clinic will be at Memorial Building in Nebraska City November 1 from 4 to 7 p.m.

Phil Fisher, administrator of St. Mary's hospital, said bivalent vaccine protecting against both A-Victoria and Swine Flu and monovalent vaccine, protecting against only Swine Flu, will be administered.

The new strain of flu which affected soldiers at Fort Dix, N.J , is being watched. Scientists aren't certain if the virus will spread to the general population, but if it does, it could cause a worldwide epidemic

The country felt the impact of new strains when millions became ill with the Asian flu in 1957 and with the Hong Kong flu in 1968.

There are a number of questions raised about the new flu vaccine We've answered some in a previous health report in this column But, there are some more

How effective is the vaccine? Somewhere between 70 to 90%

Will the vaccine make me ill? A small percentage of people have run slight fevers About one per cent have run temperatures over 100 degrees Swelling, redness and tenderness in the arm occurred for 20 to 40 per cent.

Can I get the flu from the vaccine? No. The vaccine contains a killed virus The virus used in making the vaccine is grown in eggs and people who are highly allergic to eggs should not take it.

Can I get swine flu from eating pork? No. the flu is spread from person-to-person. The viruses are expelled when a victim sneezes, coughs or talks

What are the symptoms? They may come suddenly and may include some or all of the following Fever, chills, headache, dry cough, and soreness and aching in the back and limbs The fever seldom lasts more than several days although the patient may continue to feel weak for several days to a week or more

Taxes tell the tale

The politicians of both parties, with popular approval are running so hard against Washington this year — against "big government" — that the steady, continuous growth of "little government" is taking place almost unnoticed

Consider just this fact Combined state and local taxes jumped by 8.6 per cent last year to a record $147 billion, reports Commerce Clearing House This was an increase of $11 7 billion over the $153.3 billion collected in 1974, which was itself a record.

While state tax revenues at $82 9 billion were well above the $64 1 billion collected at the local level, local taxes went up faster on a percentage basis — 10 6 per cent compared to 7 1 per cent

Individual income taxes registered the greatest overall increase, 10.4 per cent, followed by property taxes at 10 per cent. But state and local income from all tax sources — sales, business, motor fuel, etc — all recorded increases in most states.

Three states — California, West Virginia and Wyoming — reported sales tax gains of at least 20 per cent or more, with West Virginia topping the list at 31 4 per cent

Taxes tell only one part of the story of state and local government growth According to the United States Chamber of Commerce, in the last decade state and local government employment has grown four times as fast as employment in the general economy — and seven times as fast as the number of federal employes

We really ought to put an "s" on the end of "big government."

(NEWSPAPER ENTERPRISE ASSN)



Point of View



HOW THEY STAND

On incentives for private sector jobs



Gerald Ford

"The government must stop spending so much and stop borrowing so much of our money More money must remain in private hands where it will do the most good

– State of the Union 1/19/76

"The best and most effective way to create new jobs is to pursue balanced economic policies that encourage the growth of the private sector without risking a new round of inflation

"This is a policy of balance, realism, and common sense It is a sound policy which provides long term benefits and does not promise more than it can deliver

"My program includes

—Large and permanent tax reductions that will leave more money where it can do the most good in the hands of the American people,

—Incentives for the construction of new plants and equipment in areas of high unemployment,

—More than $21 billion in outlays in the fiscal year beginning Oct 1 for important public works such as energy facilities, waste water treatment plants, roads, and veterans hospitals representing a 17 cent increase over the previous fiscal year

—And a five and three-quarter year package of general revenue sharing funds for state and local governments "

- Veto Message 7 6 76

Jimmy Carter

Wherever there is a choice between channeling jobs in the private sector or the public, I would favor the private "

Carter interview Business Week 5/3/76

"Specific stimulation should be given to private industry to hire the unemployed through

—an increased commmitment by the federal government to fund the cost of on-the-job training by business

—encouragement by the federal government to employers to retain workers during cyclical downturns including reforming the unemployment compensation tax paid by employers

—public programs to train people for work in private sector jobs

—incentives specifically geared to encourage employment, including incentives to employers who employ young persons and persons with lengthy records of unemployment, and to those employers who provide flexible hours of employment and flexible jobs to aid access by women to the market place "

Position paper The Economy 4/76

'In certain categories I would provide direct federal assistancee For instance, if an industry has to lay off ten per cent of its workers, we might have it employ one hundred per cent of the workers for a shorter work week and let the federal government share the extra expense

ABC s Issues and Answers 2/22/76

AS TIME GOES BY

Church meeting

FORTY YEARS AGO
—1936—

Thirty-three southeast Nebraska Christian churchs met at a one-day convention held at the First Christian Church .Jack Benny, Burns and Allen, Bob Burns, Martha Raye and Benny Goodman with his Orchestra starred in "The Big Broadcast of 1937" at the Booth. .The Union public school was closed to prevent an epidemic of scarlet fever and was scheduled to reopen November 9...Seaman aboard 300 vessels docked in Pacific ports were called ashore and ordered to sign up for picket duty as a maritime strike spread paralysis through the West Coast shipping industry.

TWENTY-FIVE YEARS AGO
—1951—

The Sidney Cowboys were on top of the Tri-State Conference football standings...Marion Davies, retired movie star and the late William Randolph Hearst's mistress, married an oldtime friend...Floyd Kreifels was elected president of the CYO at St. Benedict's Catholic Church. Norma Jean Neeley was named vice president ...Governor Val Peterson was expected to file for the U.S. Senate.

TEN YEARS AGO
—1966—

David Davison, a 1966 Nebraska City High graduate, was the winner of the News-Press football contest...David Lechner, son of Mr and Mrs Fredolfn Lechner, former Citians, was promoted to Airman First Class at Wentsmith Air Force Base, Oscoda, Michigan...The Falls City Sacred Heart Irish reveled in their 53-6 homecoming massacre of the hapless Nebraska City Knights. President Johnson visited American troops in the heavily fortified area facing Communist Korea. .Among judges at the Miss Otoe County Centennial pageant was Mrs Calvin Carsten, Avoca.

Today In History

By The Associated Press

Today is Sunday, Oct. 31, the 305th day of 1976. There are 61 days left in the year.

Today's highlight in history:

On this date in 1517, Martin Luther nailed his 95 theses on the chapel door at Castle Church in Wittenberg, Germany.

On this date:

In 1674, Dutch forces evacuated New York City.

In 1956, Britain and France bombed airfields in Egypt in the Suez War.

Today's birthdays: Actress Barbara Bel Geddes is 54. Prince Norodom Sihanouk of Cambodia also is 54.

Thought for today: All things come to him who waits — provided he knows what he is waiting for. — President Woodrow Wilson, 1856-1924.

Bicentennial footnote: Two hundred years ago today, General George Washington, at his headquarters at White Plains, N.Y., deplored that an inspection tour had found both officers and enlisted men straggling aimlessly around the countryside.



Don Oakley

You can't have it both ways

By Don Oakley

Everybody talks about trimming the size of the federal government, but nobody really means it.

Proof of this is the concern that has been expressed in some quarters over the fact that the government has not been spending money this fiscal year as rapidly as had been planned. The Office of Management and Budget now projects a "shortfall" of about $15 billion.

For whatever reasons, a number of federal agencies, the Defense Department in particular, have been slow in committing all the funds authorized in their budgets. According to many economists, this lower spending has meant less overall demand in the economy and is responsibble for the current apparent slowdown in business recovery from the recession.

Now it would seem that if spending $15 billion less is bad for the economy, spending $30 billion more would have been twice as good for the economy. But that, of course, is precisely what the government has been doing for lo, these many years with its red-ink budgets, and many of these same economists blame that for the inflation that has bedeviled the economy in both good times and bad.

Presidential candidates and public alike are calling for economy in government. Yet when, either by design or inadvertence, Washington fails to spend what amounts to only a small fraction of the total budget, everybody yells "Ouch!"

Strange.

More efficient engine?

There may not be anything new under the sun, but there are still plenty of wrinkles left to be explored in the old.

Sandia Laboratories of Albuquerque, N.M., and Livermore, Calif , is testing a new kind of automoobile engine which may average 40 per cent better gas mileage than a conventional engine of equal performance.

Well, not a new engine. The Pouliot engine, named after its inventor, Sandia engineer Harvey H. Pouliot, is similar in most respects to the familiar spark-ignition, four-cycle piston engine.

The wrinkle is that instead of having a throttle in the carburetor to control engine speed, the Pouliot uses a mechanical linkage with the accelerator pedal that enables the driver to automatically change the length of the engine stroke, or displacement In effect, the horsepower of the engine is adjusted to meet the varying demands of driving

Varying the displacement of the enginee eliminates the need for a throttle, which is one of the major causes of inefficiency in conventional engines.

The prototype engine has yet to be installed in an actual car, but computer projections indicate that when fully refined, it should ultimately improve gas mileage about 40 per cent.

One thing is as certain as the fact that we will someday run out of oil. And that is that long before we do, the kind of cars we drive will have to be markedly different from those we are driving today.

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The Prayer For Today From

The Upper Room

"The desert shall rejoice, and blossom as the rose." (Isaiah 35:1)

PRAYER: Wonder-working Lord, in the midst of our discouragements and desolate days, allow us to see the rose in bloom. In Thy love may that rose be Christ, our "Rose of Sharon." Amen.



Ivan D.E. Beaumont

Ivan D.E. Beaumont

THE BUCK ENDS HERE

A dog-gone good story

Martin Gardner who works for the U.S. Department of Justice, gave several interesting talks in Nebraska City last week.

He's a good speaker and holds the attention of his audiences. He's also a good story teller. Here's one.

Johnny left the farm boarded a train and went away to college, leaving behind faithful ole' Shep.

A few weeks later, he connived a scheme to "send money." He wrote Dad and asked for Shep, explaining that he missed the animal so much. Dad obliged and shipped the dog to the college

Later he wrote Dad that he had met a man at the university who could teach Shep how to talk It would cost $500. Dad obliged

Johnny had a good thing going.

When the money supply was running short, he wrote Dad again, this time explaining that Shep could talk and for another $500 the man could teach the animal to read. Dad obliged.

One more time, Johnny thought, so he wrote Dad again. Shep could talk and read and for a final $500 the man would teach shep to write. Dad obliged.

Later, Dad wrote and asked for Johnny to come home He was missed by the family and everyone was anxious to see Shep the Wonder Dog.

Johnny sat on the train, looked at Shep and a thousand worried thoughts crossed his mind. He didn't know how he was going to explain Shep and the money

Suddenly, he got up, opened the window of the train and tossed the animal out the window and into a ravine

As the train pulled into the station, Johnny looked out the window and saw a large crowd. Dad got on the train, welcomed his son home and asked: "Where's Shep? Everyone here is waiting to see him talk, read and write!"

Johnny pulled his father to the side and whispered "Dad, I've got something to tell you Shep isn't here"

"Whattya mean?" Dad shouted

"Shh, Dad, I mean that Shep is gone, He's dead "

And then Johnny explained: "You see, Dad, when we were on the train coming home Shep and I were talking He was sitting there in the compartment reading and I was shaving Shep asked about the crop prices at home, the rainfall, the spring field work and then asked 'Say, does your Dad still mess around with the neighbor woman and meet her in the barn on Wednesday nights'?"

Dad exclaimed "Are you sure Shep's dead?"

Small world—

We stopped at a News-Press supplier's office near the west Omaha industrial area recently and before we left, we asked for a suggestion of where to go for a light noon meal

"Oh, that's easy," our friend Bud Greenspan of Rosebud Graphics said. "Club 89 at 89th and H Streets "

We were enjoying a meal of noodles and beef (and looking at the picture over the bar) when the owner stopped at our table

After the introductions, the owner questioned: "Nebraska City? That's where my wife's family lives "

Mrs Dick Glasford is the former Carol Ransdell, daughter of Mr and Mrs Ed Ransdell of Nebraska City

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The Red Carpet—

Verne Jones returned to Nebraska City from a visit to Mississippi. He was humble.

Mr and Mrs Jones have hosted the Mississippi Garden Club at the Arbor Day Foundation awards banquet and accepted an invitation to visit with a number of the people in that state.

"It was real southern hospitality. They're just wonderful people and they made us feel so welcome."

The Mississippi people felt the same way about Mr and Mrs Jones and about Nebraska City. They look forward to future tree planting programs and want to include Nebraska City and the state.

Thank-you, doesn't seem big enough

The football game—

The only thing I liked about the Nebraska-Missouri game was the score I had number 8.

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The Elks manager—

Congratulations to Dick Miyoshi who has taken over as manager of the Elks in Nebraska City He succeeds Don O'Hara who resigned and for now will just take a couple weeks vacation.

Dick hold the lease on Steinhart Lodge and says he will continue the operation of The Lodge "at least until the lease expires," he said.

Well, now fellas. Let's get down to the nitty-gritty of this.

How's about something for Kathy O'Hara who has worked side-by-side with husband, Don, in the Elks, and looks after the family and house.

And, how's about something for Rosemary Miyoshi who's always in the kitchen at Senior High and The Lodge and looks after a fine family and home

The O'Haras and Miyoshis have a lot of friends and we wish both families much success

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Didya hear the one....

.about the farmers being interviewed by the city slickin' newsman?

"What would you do if you inherited $1 million tomorrow?"

"Well," said the first farmer, "I'd quit working and go fishing, take life easy and live off the income from my good fortune "

Bob Kreifels, the second farmer, thought awhile, then answered

"I suppose I'd just keep on farming 'til my million was all gone "



Dr. Lamb

Mystery tragedy of crib death

By Lawrence E Lamb, M.D

DEAR DR LAMB — Could you give me the latest facts on "crib deaths" or sudden infant deaths? I have heard one reason for these deaths is the change in the infant's body and heartbeat around 4 to 5 months. Is this the only age this tragedy occurs? What is your personal opinion on the matter?

DEAR READER — Sudden infant death syndrome (SIDS) is the most common cause of death in infants between the ages of 1 month and 1 year It causes 10,000 deaths a year in babies in the United States It is most apt to occur within the first five months of the baby s life and the peak danger period is the second and third month

This is not a new disease It existed in Biblical times A study in Scotland in 1882-1891 reveals that it was as common then as it is now This is important because it points out the disease is not a product of modern civilization or pollution or any of the other 'theories of the month ' that are published from time to time

When a baby dies from SIDS it must be remembered that it is a disease It is not something caused by neglect The baby did not suffocate or choke on its food or vomitus At present there is no way the parents or the doctor could diagnose the event before it happened Happily that situation may be changing in the light of recent research

The work of Dr Alfred Steinschneider of Upstate Medical Center, Syracuse N Y , and others, has identified that normal babies may have periods of apnea (failure to breathe) as often as 20 times a night, but SIDS babies don't seem to tolerate these Why? The whole process is very complicated but it seems to be related to neurological development — specifically the reflexes involved in respiration and possibly heart action The automatic breathing reflexes fail spontaneously and death results

There is a switch in the breathing mechanism in the first few months of life A newborn baby is rather resistant to the lack of oxygen In early life this changes to the adult sensitivity to lack of oxygen Oxygen lack then drives the reflex mechanisms to stimulate respiration if an emergency arises Apparently these infants can t respond that way yet

There may be several underlying mechanisms that can trigger off the reflex failure

My theory of the month is that the investigators are on the right track but there are many ways to precipitate the final event somewhat like fainting in an adult We know that fainting can be caused by a lack of circulation to the brain but that can be precipitated by a needle stick standing in parade formation or even emotional shocks The mechanism of the faints may be the same but the precipitating factors may be many

There is much more that I can't cover here but I do think anyone who has lost an infant from SIDS should contact the National Foundation for Sudden Infant Death Inc 1501 Broadway New York NY 10036 They can help you and you do need help

Parents sometimes even have to protect themselves against ill informed public officials who do not understand what appears to be an unexplained death It is not the parents fault or anybody s fault It is a disease that we are just learning to recognize — hopefully in time to help prevent it

For further information on how respiration works send 50 cents for The Health Letter 2-4 Keeping Your Lungs Fit Send a long stamped self-addressed envelope for mailing Address your letter to Dr Lamb in care of this newspaper P O Box 1551 Radio City Station New York NY 10019

NEWSPAPER ENTERPRISE ASSN

News in Brief

SAFFORD, Ariz. (AP) — John D. Ehrlichman, highest ranking member of the Nixon administration to go to jail, will be treated "no better or no worse than anyone else" at the Swift Trail Federal Prison Camp here, officials say. The 51-year-old former No. 2 adviser to Richard Nixon spent his first night in a barracks-like dormitory at this minimum-security desert prison. There are no bars or fences here, and prisoners are called by their names instead of wearing numbers.. One of Ehrlichman's daughters drove him to the camp at the base of 10,000-foot Mt. Graham on Thursday, after he received judicial permission to begin serving sentences for two Watergate convictions.

Berry's World



"Honey, come here — quick! You've just GOT to see Bob Dole!"